



BRISTOL

★★★★

ART & MEDICAL SPA

List of treatments included in the packages

BALNEOTHERAPY

Sulphide bath	15 min
Carbonic acid bath	15 min
Bath in suspension mud	15 min
Sage bath	15 min
Partial mud wrapping	30 min
Sulphide upper limb-bath	15 min
Sulphide lower limb-bath	15 min
Sulphide upper and lower limb-bath	15 min

HYDROTHERAPY

Pearl bath	20 min
Power shower	5 min
Whirlpool massage of the upper limbs	15 min
Whirlpool massage of the upper limbs with brine	15 min

KINESIOTHERAPY

Antigravity treadmill	30 min
Manual Therapy Only with Premium Package	20 min

PHYSICAL THERAPY

Q-Light lamp	8-15 min
Lumina lamp	10-15 min
Laser therapy (high Energy laser)	15 min
Galvanic current	15 min
Ultrasounds	5 min
Electrostimulation	15 min
Diadynamic currents	15 min
Trabert`s current	15 min
Tens	15 min
Iontophoresis	15 min
Kotz current	15 min
Magnetronics	15 min
Local cryotherapy	1-3 min

MASSAGE

Classic massage	15 min
Aquavibron vibration massage	10 min
Hydro Jet – Wellsystem	15 min
Compression lymphatic drainage	20 min
Centrifugal massage - joints	15 min

OTHER

Inhalations (additional mask fee: PLN 23)	15 min
Slimming platform	30 min