

A woman with long brown hair is lying down, resting her head on her arms, in a vineyard. She is surrounded by green grape leaves and clusters of dark grapes. The scene is bathed in warm, golden light, suggesting late afternoon or early morning. The woman is wearing a dark purple towel or blanket.

 PAŁAC MIERZĘCIN wellness & wine resort

GRAPE SPA

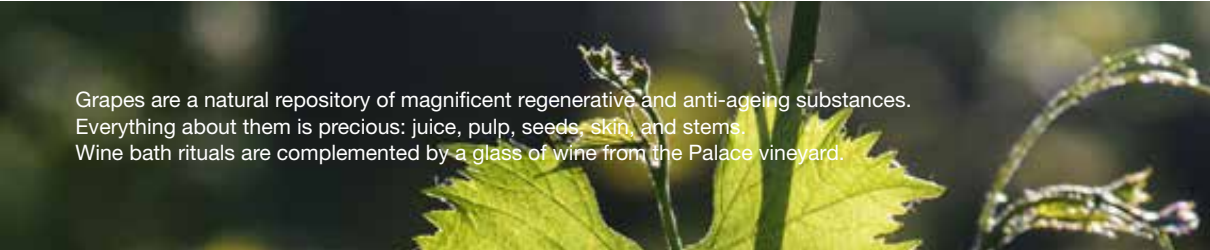
TREATMENT PRICE LIST



THE GRAPE SPA AT MIERZĘCIN PALACE was created to share our passion for wine as well as to be a unique place for relaxation. We want to offer you as much attention, care and heart as we put into growing our grapevine. We carry over the special, rejuvenating properties of grapes to the Spa as well as everything that connoisseurs look for in wine: beauty, colouring, smell and the pleasure connected with savouring its taste. Grape Spa treatments are comprised of original techniques and recipes with the use of ecological grapes from the Palace vineyard. The most beautiful complements to the Grape Spa concept are the exquisite cosmetics and the unique procedures from the creator of wine therapy – the world-renowned French brand Caudalie.

GRAPE SPA RITUALS

We use ecological, carefully selected fruit from the Mierzęcin Palace Vineyard in our original treatments.



Grapes are a natural repository of magnificent regenerative and anti-ageing substances. Everything about them is precious: juice, pulp, seeds, skin, and stems. Wine bath rituals are complemented by a glass of wine from the Palace vineyard.

RIESLING – a rejuvenating and detoxifying ritual.

A grape body scrub, a cleansing and strengthening wine compress combined with massaging in a nourishing composition for the body as well as an antioxidant face massage. _____ 70 min. 260 PLN

The ritual with a rejuvenating bath _____ 90 min. 370 PLN

REGENT – rejuvenating and nourishing ritual.

A sea salt scrub, a mineral and grape body compress finished with massaging in a nourishing wine composition as well as an anti-ageing face massage. _____ 70 min. 260 PLN

The ritual with a rejuvenating bath _____ 90 min. 370 PLN

SOLARIS – a rejuvenating and regenerative ritual.

A rejuvenating, scrubbing mineral compress together with a scalp massage as well as a 35-minute long body massage. _____ 90 min. 290 PLN

The ritual with a rejuvenating bath _____ 110 min. 400 PLN

KERNLING – a rejuvenating and toning ritual.

A grape seed body scrub or a sea salt body scrub and an aromatic 50-minute long body massage with face acupressure. _____ 80 min. 290 PLN



The Mierzęcin Palace Vineyard was founded in 2004. It is located on an area of 6.75 ha, 70 metres above mean sea level. It spreads over the southern slope near the lake. We grow 19 varieties of grapevine here; among them are rondo, regent, kernling, solaris...



RITUALS FOR TWO

Romantically, together, no rush...



IN THE DEPTHS OF BURGUNDY - a romantic ritual comprised of a rejuvenating wine bath for two combined with a grape tasting and a glass of wine from the Mierzęcin Palace Vineyard as well as a relaxing back massage for two. _____ 50 min. 360 PLN

IN THE SECLUSION OF THE VINEYARD – a séance in the Wine Bath for two combined with a conditioning body mask to be self-applied as well as an original Wine Inspirations body massage for two in the treatment room. _____ 90 min. 430 PLN

WINE BATH - a deeply cleansing and smoothing steam bath séance in the Bath which improves skin texture. It is connected with a grape, mineral, aromatic mask for the body to be applied by oneself. _20 min. 60 PLN / person

SCRUBS

SALT – of precious minerals from sea salt and unique properties of grape oil. _____ 30 min. 150 PLN

FROM GRAPE SEEDS – a natural composition rich in polyphenols from ecological seeds from the Palace vineyard and Grape Spa oil. _____ 30 min. 150 PLN

MASSAGES

GRAPE SPA EXCLUSIVE – ORIGINAL MESSAGES.

GRAPE TOUCH – FACE MESSAGE – a rejuvenating message which improves skin elasticity and the oval of the face. It cares for the skin intensively, moisturizes and acts as an anti-oxidant. _____ 25 min. 80 PLN

FOUR SEASONS – relaxation

A relaxing message with connotations to a breath of wind in the vineyard, the warmth of summer sunrays and to the stages of wine production. These are the experiences which can be felt during a full body, foot, face and scalp message. _____ 90 min. 290 PLN

GRAPE HARVEST - relaxation

An exceptionally relaxing body message with wine oil together with a Balinese head message and a grape back scrub. _____ 60 min. 210 PLN

WINE INSPIRATIONS – relieving tension

A body message with an individually chosen wine scent composition which relieves the tension in the body, hand and foot. _____ 50 min. 180 PLN

SCRUB MESSAGE – cleansing and relaxing

It is an ideal combination of relaxing massaging techniques and grape seeds which are rich in rejuvenating substances from the Mierzęcin Palace Vineyard. _____ 50 min. 180 PLN

THE ENCHANTED GRAPEVINE – care and relaxation

A comprehensive caring and relaxing ritual. A grape back scrub precedes a body message carried out in the manual technique with the use of essential grape stamps by the means of the Permanent contour device. ____ 90 min. 250 PLN

SPA MASSAGES

Feel the beneficial results of the Spa massages.



HOT CANDLE – relaxation and nourishment. _____ 50 min. 180 PLN

Back massage _____ 30 min. 100 PLN

CLASSIC _____ 50 min. 180 PLN

Back massage _____ 30 min. 100 PLN

HOT STONE - relaxation and relief _____ 60 min. 190 PLN

Back massage _____ 30 min. 100 PLN

% COCOA CHOCOLATE – firming and slimming _____ 50 min 180 PLN

Back massage _____ 30 min. 100 PLN

FOR EXPECTING MOMS – relaxation and care

* We request that you submit a doctor's certificate which states that there are no contraindications to massages.

_____ 50 min. 180 PLN

SHAPING THE SILHOUETTE – slimming and cellulite reduction _____ 45 min. 160 PLN

CHINESE CUPPING – cellulite reduction _____ 45 min. 150 PLN

GRAPE FOOT MASSAGE – a foot massage with a scrub and Caudalie skin care cream. _____ 30 min. 100 PLN

FROM THE FRENCH VINEYARDS

VINOOTHÉRAPIE

CAUDALIE

PARIS

Exceptional history and ethics. Grand worldwide patents. Unique and natural recipes with patented molecules of proven effectiveness. With great respect for the product and passion, Caudalie draws from the grapevine the wealth as well as the uniqueness of active substances with a rejuvenating effect and it offers luxurious natural care.



Caudalie [pronounced kawduhlee] – it is a unit for measuring the aromatic persistence or “length” of a wine in the mouth after tasting. One caudalie is equal to one second. The best types and brands of wine are recognized by their high caudalie number.

BODY RITUALS

Discover the perfection of Caudalie care in the unique atmosphere of Mierzęcin Palace.

VINOTHERAPY

- A wine bath: Red Wine or Grape Marc,
- A body scrub: the slimming Crushed Cabernet or the moisturizing Divine,
- A fresh fruit body massage Pulpe Friction.

100 min. 560 PLN

POLYPHENOLS

- A body scrub: the slimming Crushed Cabernet or the moisturizing Divine,
- A body massage: Crushed Cabernet (relaxing and slimming) or Divine (moisturizing and nourishing).

80 min. 400 PLN

RESVERATROL

- A compress: Honey & Vine Wrap (moisturizing and nourishing) or Merlot Wrap (cleansing and slimming),
- A body massage: Crushed Cabernet or Divine.

70 min. 330 PLN

VINIFERIN

- A body scrub: the slimming Crushed Cabernet or the moisturizing Divine,
- A compress: Honey & Vine Wrap or Merlot Wrap,
- A body massage: Crushed Cabernet or Divine.

100 min. 510 PLN

FACE TREATMENTS

Discover the natural power of the wealth hidden in the grapevine.

PREMIER CRU – global anti-ageing

A collection of patents as well as the wealth of the most effective active ingredients and anti-ageing techniques. Stimulating pressures, an anti-wrinkle mask, a shaping massage and micro punctures give excellent results in this rejuvenating treatment.

60 min. 330 PLN

RESVERATROL LIFT – firming and lifting

The patented Resveratrol made from grapevine and hyaluronic acid complexes combined with a lifting massage, a thermal mask as well as a firming roller spectacularly diminish the signs of the passage of time.

60 min. 270 PLN

VINOSOURCE – deep moisturization

A real antioxidant bath. Grape polyphenols, Bio grape water and a fresh fruit massage have an intensively moisturizing, alleviating and repairing effect.

60 min. 270 PLN

VINOPERFECT – for hyperpigmentation

The patented Viniferin – a natural extract from grapevine shoots which are 62 times more effective than vitamin C – reduces discolouration and counteracts their reappearance.

60 min. 270 PLN

VINEACTIV – anti-smog

An exclusive antioxidant treatment with a massage with jade stones. The combination of grape seed Polyphenols together with vitamin E and C creates a true youth potion with a strong antipollution and anti-wrinkle effect.

60 min. 270 PLN

EXPRESS D’VINE – instant regeneration

A ritual of skin cleansing, exfoliation and saturation with rejuvenating grape ingredients contained within a mask, an elixir, a sorbet and cream which refresh and intensively nourish the skin giving an instant effect of a rested and relaxed face with beautiful colouring.

30 min. 200 PLN

BODY TREATMENTS

Cult and rich in rejuvenating polyphenols Caudalie Spa procedures.



SCRUBS

Cult Vinotherapie Caudalie Spa procedures. A fresh melange of grape seed oil, 6 essential oils and an intensively acting slimming concentrate or precious moisturizing ingredients which effectively scrub and provide excellent skin care.

CRUSHED CABERNET – a slimming scrub

DIVINE – a moisturizing scrub

30 min. 200 PLN

MASSAGES

A moment of true relaxation and of relieving tension. A personalized massage combines a wealth of techniques and the possibility of concentrating on individual body needs with the excellence of the product.

CRUSHED CABERNET – relaxing and slimming

DIVINE BODY MASSAGE – moisturizing and nourishing

50 min. 250 PLN

PULPE FRICTION – A unique body massage based on fresh grapes. Natural active ingredients hydrate, mineralize and delicately exfoliate the skin. Consequently, they ensure the effect of smoothness and moisturization. It gives an unforgettable feeling of exceptional relaxation, freshness and relief.

50 min. 300 PLN

COMPRESSES

Active grapevine ingredients intensively moisturize, cleanse and strengthen immunological skin mechanisms. They perfectly nourish and ensure fast results in the form of regenerated and firm skin. The warm compress is finished with relaxing massage movements and it gives pleasant comfort and relaxation of the whole body.

HONEY WINE WRAP – moisturizing and nourishing
MERLOT WRAP – cleansing and slimming.

20 min. 120 PLN

BATHS

It is impossible to imagine a stay at a wine spa without this flagship wine care. A rejuvenating and relaxing hydro massage with a red grapevine extract or wine pomace is complemented by a glass of wine from the Mierzęcin Palace Vineyard.

RED WINE – a draining bath
GRAPE MARC – a detoxifying bath

20 min. 120 PLN

A BATH FOR TWO

20 min. 200 PLN



WINELESS TREATMENTS

... Effectively diminish imperfections.

FACE

POWER C – An intensive therapy for dilated capillaries. _____ 60 min. 220 PLN

POWER HYALURONIC – A deeply moisturizing therapy. _____ 60 min. 220 PLN

FOR MEN – A special treatment for male skin with an anti-wrinkle or an intensively moisturizing effect.
_____ 60 min. 290 PLN

MESOTHERAPY – treatments with the use of electroporation with an intensively lifting effect, filling wrinkles or with a highlighting effect. _____ 60 min. 280

BODY MESOTHERAPY – It affects flaccid tissue, aids burning fat tissue as well as reducing cellulite, drains and stimulates removal of toxins.

Treatments on selected body parts – thighs, abdomen, buttocks + the posterior side of thighs, arms, bust.
_____ 60 min. 290

SPECIALLY FOR CHILDREN

Spa rituals for parents and children together

BUBBLE FRUIT BATH WITH MOM OR DAD _____ 25 min. 120 PLN

CHOCOLATE BACK, FOOT AND HAND MASSAGE FOR CHILDREN for two with Mom or Dad

Price of the massage for the child _____ 30 min. 60 PLN

A massage selected from the price list for Mom or Dad 30 min. _____ 30 min. 90-100 PLN

BASIC COSMETOLOGY

We will take care of every detail...

HAND AND FOOT CARE

BIOLOGICAL MANICURE _____ 30 min. 50 PLN

CLASSIC MANICURE _____ 45 min. 65 PLN

MANICURE SPA – a hand bath, a scrub, a mask, a massage, and nail shaping with painting
_____ up to 80 min. 90 PLN

HYBRID MANICURE _____ up to 90 min. 120 PLN

PARAFFIN FOR HANDS _____ 30 min. 40 PLN

CLASSIC PEDICURE _____ up to 70 min. 110 PLN

SPA PEDICURE – a bath, a scrub, a mask, a massage, as well as foot and toenail shaping with painting
_____ up to 90 min. 150 PLN

ADDITIONAL BEAUTICIAN SERVICES

WAXING _____ 15 PLN 120 PLN

REGULATION – eyebrow _____ 15 min. 15 PLN

REGULATION and henna – eyebrows and eyelashes _____ 30 min. 30 PLN

DAY SPA



The grapevine is a true repository of priceless substances:
Polyphenols – they are the strongest antioxidants in the plant world. They block free radicals which are responsible for 80% of the skin ageing process.
Resveratrol – it affects collagen and elastic fibres thus reconstructing the skin.

DAY SPA – WINE THERAPY DAY

*Just one day is enough to rest, regenerate the organism, get positive energy
and ensure that your skin gets a strong dose of care.*



TREATMENTS AT THE GRAPE SPA:

- A grape seed scrub or a Red Wine bath ritual combined with a grape tasting and a glass of wine from the Mierzęcin Palace Vineyard.
- Grapevine Flower – a perfect cleansing ritual and an original 40-minute long face massage with a concentrate which is comprised of antioxidant polyphenols and vitamin C.
- A whole body massage of your choice: Wine Inspirations, 90% cocoa chocolate, Hot Candle, Classic

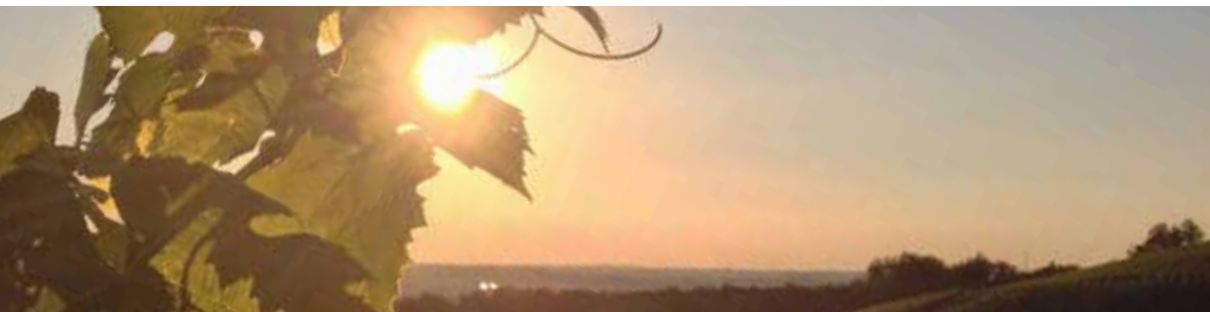
WELLNESS ZONE:

- Unlimited relaxation and energizing baths at the Wellness Zone: a recreational swimming pool with hydro massages and a hot tub, a Finnish bath, an aromatic grotto, a caldarium, an infrared grotto, an inhalation grotto, a Roman bath, a rock grotto with a waterfall, a tepidarium, relaxation areas.
- Lunch: 60 PLN for use at the Distillery Restaurant.

PRICE: 450 PLN / PERSON

DAY SPA - 1/2 DAY OF WINE THERAPY

Going to the Wine Day Spa is an excellent idea when you want to spend time with a friend, your mom or your daughter...



TREATMENTS AT THE GRAPE SPA:

- Grapevine Flower – a perfect cleansing ritual and an original 40-minute long face massage with a concentrate which is comprised of antioxidant polyphenols and vitamin C.
- Red Wine or Grape Marc – a rejuvenating wine bath ritual with a draining or detoxifying effect combined with a grape tasting and a glass of wine from the Mierzęcin Palace Vineyard.
- A back massage of your choice: 90% cocoa chocolate, Hot candle, Classic

WELLNESS ZONE:

- 2 hours of relaxation and energizing baths at the Wellness Zone: a recreational swimming pool with hydro massages and a hot tub, a Finnish bath, an aromatic grotto, a caldarium, an infrared grotto, an inhalation grotto, a Roman bath, a rock grotto with a waterfall, a tepidarium, relaxation areas.

PRICE: 290 PLN / PERSON

CELEBRATE AT THE GRAPE SPA

HEN PARTIES, BIRTHDAYS, MEETINGS WITH FRIENDS

Every occasion is good to meet at the Grape Spa.

- 2 hours of relaxation and energizing baths at the Wellness Zone:

a recreational swimming pool with hydro massages and a hot tub, a Finnish bath, an aromatic grotto, a caldarium, an infrared grotto, an inhalation grotto, a Roman bath, a rock grotto with a waterfall, a tepidarium, relaxation areas

- Wine Bath – a relaxing bath séance together at the bath with an aromatic mineral grape mask to be applied by oneself on the body.

- Refreshments according to the suggestions of the Head Chef.

- 3 hours of relaxation in an exclusive relaxation area.

PRICE: 120 PLN / PERSON FOR 4 PERSONS MINIMUM



Grape harvest at Mierzećin Palace takes place in September and October. 0.25 ha of the vineyard is selected for growing grapes organically. These grapes go to the Grape Spa.



GRAPE SPA

ETIQUETTE



Having your comfort and safety in mind, we created a set of good practices and we strongly encourage you to observe them. We wish you pleasant experiences.

Grape Spa Manager – Michalina Szyrwińska

- We request that you arrive 15 minutes before the treatment begins. This time is devoted to changing and a consultation with the therapist.

- If you arrive late, the treatment may be shortened accordingly.

- In case of a cancellation of the treatment, we request that you cancel the reservation at least 12 hours in advance. Cancellations taking place at a later date, or lack thereof, will result in a charge equal to 50% of the price of the treatment.

- There are no discounts or refunds in case of not taking advantage of treatments from packages, passes or vouchers.

- We request that pregnant women present a doctor's certificate which states that there are no contraindications to treatments.

- Children under the age of 16 are invited to take advantage of the Spa treatments providing they have the consent of the parents or guardians or if they are present.

- The Spa is a rest and relaxation area. Please do not use mobile phones and lower your voice during conversations.

- Plentiful meals are not recommended directly prior to massages and body treatments.

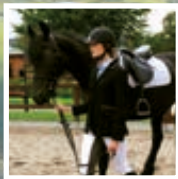
- The Grape Spa reserves the right to refuse to carry out the treatment as well as to deny access to the swimming pool, the Wellness Zone and the Fitness Zone to persons under the influence of alcohol or other drugs.

- The satisfaction of the Grape Spa clients is our priority. We will be grateful for any comments which can help us develop and improve the quality of our services.

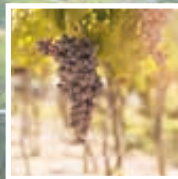
We wish you a pleasant stay.



PALACE AND
PARK



STUD FARM



VINEYARD
AND WINE



SPORT & ACTIVE



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