

REGATTA SPA & WELLNESS POOL SCHEDULE - season 2023/2024

spa@regattahotel.pl m: 502 78 78 81

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
09:00-09:30	RELAX 9:00-15:45	RELAX 9:00 - 9:30	RELAX 9:00-15:45	RELAX 9:00 - 14:15	RELAX 9:00 - 10:10	RELAX 9:00 - 10:30	RELAX 09:00-20:00				
09:30-10:15		AQUA FITNESS 9:30 - 10:15			AQUA FITNESS 10:10 - 10:55	RELAX 11:00 - 15:00		RELAX 9:00 - 10:30			
10:30-11:15		SWIMMING LESSON FOR BABY'S			SWIMMING LESSON FOR BABY'S	SWIMMING LESSON FOR BABY'S		SWIMMING LESSON FOR BABY'S			
11:15 - 12:00									SWIMMING LESSON FOR BABY'S		
12:00 - 12:45										SWIMMING LESSON FOR BABY'S	
12:45 - 13:30											SWIMMING LESSON FOR BABY'S
13:30 - 14:15											
14:00 - 14:15		SWIMMING LESSON FOR BABY'S									
14:15-15:00					SWIMMING LESSON	RELAX 15:00 -21:00					
15:00-15:45					SWIMMING LESSON						
15:45-16:30					SWIMMING LESSON			SWIMMING LESSON			
16:30 - 17:15					SWIMMING LESSON			SWIMMING LESSON	SWIMMING LESSON		
17:15-18:00		SWIMMING LESSON			SWIMMING LESSON			SWIMMING LESSON	SWIMMING LESSON		
18:00-18:45		SWIMMING LESSON			SWIMMING LESSON	SWIMMING LESSON		SWIMMING LESSON			
18:45-19:30		SWIMMING LESSON			SWIMMING LESSON	SWIMMING LESSON		SWIMMING LESSON			
19:30-20:15	SWIMMING LESSON	SWIMMING LESSON	SWIMMING LESSON	SWIMMING LESSON							
20:15-21:00	RELAX 20:15-22:00	RELAX 20:15 - 22:00	RELAX 20:15-22:00	RELAX 20:15-22:00	RELAX 20:15-22:00						
21:00 - 22:00				RELAX 22:00							