



*focus*hotel

PREMIUM

Conference & SPA



Safiro

spa

Focus Hotel Premium Conference & Spa Panieńszczyzna 15p

OPENING HOURS:

MONDAY - SUNDAY 12:00 p.m. - 10:00 p.m.

ph. 570 808 911 spa.lublin@focushotels.pl



Menu Spa

ORIGINAL OFFER:

DURATION:

PRICE:

WELCOME CEREMONY

A regional ceremony of relaxation and care based on the treasures of the Lublin region. Holistic skin care combined with a relaxing head and body massage restores perfect harmony. Hop extracts delay skin aging processes and also have soothing and anti-inflammatory properties.

80 min

290 zł

HOP RELAXATION

It is a refreshing ritual that makes the skin smooth and radiant. The combination of peeling and massage is an excellent form of relaxation.

50 min

200 zł

ORIGINAL MASSAGE WITH HOP SHEA BUTTER

A unique massage created by our Therapists. The combination of unique relaxation techniques with nourishing butter restores balance and allows you to achieve a blissful state of relaxation.

50 min

250 zł



FACE CARE: MOISTURIZING

DURATION:

PRICE:

A REFRESHING AND MOISTURIZING TREATMENT

This treatment is a combination of innovative equipment and carefully selected active ingredients. Cavitation peeling, ampoule, mask and cream will make your skin moisturized, refreshed and radiant.

45 min

170 zł

A TREATMENT ADAPTED TO THE NEEDS OF THE SKIN

100% personalized treatment for all skin types. Scrub, serum, mask and cream matching your skin type will help you keep the skin in perfect condition.

50 min

200 zł

INTENSIVELY MOISTURIZING TREATMENT

cavitation peeling, sonophoresis

An exclusive, moisturizing and rejuvenating ritual created to hydrate all skin types. The combination of modern active ingredients and a unique massage gives the effect of moisturized and rejuvenated skin.

75 min

380 zł

FACE CARE: ANTI – AGE

DURATION:

PRICE:

REVITALIZING TREATMENT WITH STEM CELLS

A treatment based on diamond microdermabrasion and active ingredients will make your skin smooth, firm and full of youthful glow.

45 min

190 zł

EXPRESS LIFTING TREATMENT

A lifting and rejuvenating treatment inspired by aesthetic medicine with a triple effect: remodeling, filling and smoothing. It uses elements of the KOBIDO massage aimed at improving facial contours.

50 min

250 zł

INTENSIVELY REJUVENATING TREATMENT

diamond microdermabrasion, sonophoresis

A rejuvenating and smoothing ritual with a skin brightening effect, based on hyaluronic acid, saffron and peptides.

75 min

420 zł

FACE CARE: REGENERATION

DURATION:

PRICE:

BRIGHTENING TREATMENT WITH VITAMIN C

The power of vitamin C combined with white grape and passion fruit extract. Improves skin tone, nourishes, lightens spots and discolorations.

50 min

210 zł

NOURISHING PEAR-RHUBARB TREATMENT

It is a combination of a facial massage with a vitamin cocktail to strengthen, nourish, moisturize and radiate the skin.

50 min

230 zł

DETOXIFYING TREATMENT

sonophoresis

Intensive normalizing and detoxifying treatment based on blackcurrant and ginseng. It cleanses gray and tired skin, nourishes, soothes and restores a healthy glow.

75 min

370 zł

BODY CARE: MOISTURIZING**DURATION: PRICE:****MELON MOISTURIZING TREATMENT**

Immediate skin moisturizing effect. It accelerates regeneration and maintains proper functioning concentration of hyaluronic acid in the skin.

50 min 190 zł

RELAXATION TEA TREATMENT

A refreshing treatment based on products with green tea extract. We start the ritual with a full body peeling, followed by a massage with tea oil. This treatment cleanses and detoxifies the skin, restoring its softness and radiance.

60 min 200 zł

HANAKASUMI TREATMENT

A unique treatment inspired by Japan. Creamy enzymatic peeling combined with exfoliating gloves. An original body massage and a relaxing foot massage make you a blissfully relaxed. All in the enveloping atmosphere of cherry blossom and lotus aromas.

75 min 270 zł

BODY CARE: ANTI- AGE**DURATION: PRICE:****FIRMING TREATMENT WITH CHINESE CUPPING**

The holistic ritual is a combination of innovations and ancient Chinese folk medicine. This treatment nourishes and detoxifies the skin and improves blood and lymph flow. It has a beneficial effect on cellulite and body shaping.

45 min 120 zł

60 min 190 zł

A LUXURIOUS ELASTICIZING TREATMENT

A holistic ritual full of precious active ingredients, combining a strong rejuvenating effect with relaxation in the aroma of vanilla and orange. This treatment firms and elasticizes the skin and helps fight cellulite.

60 min 210 zł

BEAUTIFUL MOM TREATMENT

A unique body care program that regenerates the skin, increases its elasticity and prevents stretch marks. It affects the senses, soothes and relaxes. Deeply moisturizes the skin, reduces tension and eliminates leg swelling.

70 min 270 zł

BODY CARE: REGENERATION**DURATION: PRICE:****BODY SCRUB**

Aromatic peeling perfectly prepares the skin for further stages of care. Performed with massage movements, it exfoliates keratinized epidermis, stimulates microcirculation, making the skin silky smooth.

25 min 100 zł

RASPBERRY NOURISHMENT

A real vitamin bomb for the skin. It gives the skin a healthy look and prevents it aging. Wonderful skin nourishment in the pleasant aroma of sweet raspberry fruit.

50 min 200 zł

DETOXIFYING TREATMENT WITH GUARANA

It is a combination of precious nutrients with a relaxing head massage. A treatment with a captivating aroma of tropical fruits. Properly selected peeling, mask and balm will nourish, elasticize and smooth your skin.

60 min 220 zł

EXPERIENCES OF THE ORIENT WITH A CLAY STONE

A unique treatment inspired by Far Eastern rituals. A moment of relaxation with aromatic flavors notes of myrrh and amber, which leaves an unforgettable memory.

75 min 270 zł



MASAGE: FOR THE BODY**DURATION:****PRICE:****CLASSIC MASSAGE**

This is the most popular massage technique. It helps eliminate tension and relax muscles. It involves stroking, rubbing and kneading.

partial:
25 min

190 zł

whole body:
50 min

220 zł

STONE MASSAGE

It is made with warm oil and basalt stones. This massage provides deep relaxation. It allows you to achieve internal balance and reduces stress and muscle tension.

50 min

230 zł

JAPANESE KOBIDO FACE LIFT

An alternative to aesthetic medicine, it is a non-invasive fight against the signs of skin aging. Immediately improves skin tension and elasticity. A real facelift without the scalpel.

50 min

270 zł

FACE, NECK AND NECKLINE MASSAGE

Micro-training for facial muscles. It strengthens them and allows the skin to remain elastic for longer. It enhances regenerative processes and reduces stress.

25 min

160 zł

FOOT MASSAGE WITH PEELING

This is an extremely pleasant way to take a breath. It reduces tension and swelling. It is a real relief for tired feet.

50 min

170 zł

HEAD MASSAGE

It helps achieve body and mind balance fast. It relaxes tense muscles, eliminating headaches and sleep problems. It's an excellent method of relaxation and a boost of energy.

25 min

140 zł

MASAGE: FOR THE SPIRIT**DURATION:****PRICE:****RELAXING MASSAGE**

An ideal solution to relax from the stress of everyday life. Slow massage techniques allow you to achieve harmony of body and spirit.

partial:
25 min

190 zł

whole body:
50 min

220 zł

AROMATHERAPY MASSAGE

It is a relaxing massage using natural essential oils. The treatment combines the therapeutic power of touch with the properties of oils, which are selected according to the guest's preferences. Aromatherapy relaxes and relieves pain.

50 min

200 zł

SHEA BUTTER MASSAGE

A combination of relaxing massage and body care. Shea butter intensively hydrates and nourishes the skin, making it elastic and smooth.

50 min

230 zł

AROMATIC CANDLE MASSAGE

Massage performed using aromatic, warm candle wax. It pleasantly relaxes and additionally moisturizes and regenerates the skin.

50 min

230 zł

CHOCOLATE MASSAGE

A real feast for the skin and senses. It improves microcirculation, has a nourishing and regenerating effect. Hot chocolate massage soothes the nerves and releases endorphins.

50 min

210 zł

DETOXIFYING HONEY MASSAGE

It is an excellent form of natural therapy. Precious nutrients contained in honey detoxify and nourish the skin. Additionally, specific peeling movements remove calloused epidermis, making the skin silky smooth.

50 min

200 zł

SAFIRO SPA SAVOIR-VIVRE

- 1) Using the services offered by the SPA is tantamount to the Guest's declaration that he or she has no health contraindications to use the services offered by the SPA and that he or she has read and accepts the terms of these Regulations.
- 2) Safiro SPA is a place of exceptional relaxation, therefore, in the SPA zone, please remain silent and do not use mobile phones or other electronic devices.
- 3) We reserve the right to refuse entry to persons under the influence of alcohol or other intoxicating substances and to interrupt the treatment in the event of inappropriate behavior of the Guest.
- 4) Sound and image recording is only possible with the consent of the SPA Manager.
- 5) Please make bookings in advance. In the absence of a booking, the Guest may use the services provided the dates are available.
- 6) Please arrive 10 minutes before the planned start of the treatment. If you are late, the treatment may be shortened without the possibility of reducing its price.
- 7) Children under 16 may use the SPA only in the presence of a Guardian.
- 8) We do not recommend shaving or epilating the skin shortly before the treatments. We also do not recommend using intense sunbathing on the day of the procedure. Our staff will inform you about all home care instructions after the visit.
- 9) We are not responsible for valuable lost during the treatment. Please leave valuable in the safe box available in the room or in another safe place.
- 10) To maintain the highest quality of the treatment performed and to ensure your health and safety, please complete the Guest Card. This will enable our Therapists to learn about your current health condition in order to select the best treatment for you.

OUR PARTNERS:

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