

# A touch of luxury: SPA package

*The offer is valid for min. 4 people and max. 10 people.*

*The package price is PLN 440 per person.*

## Included:

- Two glasses of sparkling wine for each person
- Snacks
- Entrance to the Wellness zone
- Rental of a bathrobe, towel and slippers
- Select a treatment from the list below

*Contact us to book a SPA Package:*

+48 58 351 90 85

[spa@hotelalmond.pl](mailto:spa@hotelalmond.pl)

The list of treatments to choose from is on the next page.





**Each person can choose one treatment from the list below:**

- **Candle massage - 3 scents to choose from (50 min.)**

Aromatherapy massage of the whole body, restoring the skin's silky smoothness and elasticity. After dissolving, the candle turns into an oil rich in nutrients, which includes, among others: soybean sprouts and beeswax. This treatment is recommended primarily for dry and sensitive skin.

- **Head and foot massage (50 min.)**

Head massage: a calming ritual that relieves stress and fatigue. Used for migraine symptoms, it can replace painkillers, bringing relief and calmness. Alternating deep movements, interspersed with gentle stroking with fingertips, improve microcirculation, thereby strengthening hair follicles. Also recommended for people suffering from insomnia.

Foot massage: a relaxing massage combined with pressure, ensuring balance and helping to eliminate toxins from the body. Feet, which are our foundation, play an extremely important role in health prevention - stimulation of the receptors located there corresponds to individual organs of our body.

- **Hydra Plus (50 min.)**

Intensively nourishing care, dedicated primarily to dry and dehydrated skin, exposed to external factors. Immediately restores the appropriate level of hydration and prevents water loss through the skin. Firmness and elasticity are improved, wrinkles are smoothed out, providing a rejuvenated appearance.

- **Whole body peeling, massage of the back of the body (back + legs) and a hand mask in the form of shea butter (50 min.)**