



Power of Elements for Your Beauty
www.palac-romantyczny.com



Earth, air, fire and water - power from nature

### We provide our Guests with:

- 4 fully equipped studios
  - beer bath
- heated outdoor pool, seasonally available
  - dry sauna and steam bath
  - mini brine graduation tower
  - internal and external jacuzzi
    - tepidarium

Opening hours of the wet SPA area and swimming pool:

9:00 - 22:00

Opening hours of treatment rooms\*:

Monday - Friday 10:00-20:00 Saturday 10:00-21:00 Sunday 10:00-16:00.

\*The working hours of treatment rooms may change.

If you have any questions about the availability, please contact

Hotel Front Desk

phone: (056) 642 31 00





## Body

Rituals combining relaxation with skin care...

"VANILLA"

Sugar body peeling + regenerating vanilla body mask + body massage with natural vanilla-scented shea butter.

90 minutes / 280 PLN

"CHOCOLATE DELIGHT"

Chocolate body peeling based on brown sugar + soothing body massage with hot chocolate.

90 minutes / 320 PLN

"CITRUS REFRESHMENT"

Citrus body peeling + body massage with natural orange-scented shea butter.

80 minutes / 260 PLN

"ENCHANTED GARDEN"

Rose body peeling + body massage with natural flower-scented shea butter.

80 minutes / 240 PLN

"GOLD AND CHAMPAGNE"

Gold body peeling + body massage with jelly containing gold particles + velvety body mask with gold and champagne. A glass of sparkling wine for free!

90 minutes / 410 PLN









AROMATHERAPY MASSAGE

Relaxing massage using warm, aromatic oils with a strong moisturising effect.

Back 30 minutes / 90 PLN Body 45 minutes / 150 PLN

BALINESE MASSAGE

Full body massage based on Thai compression techniques, with elements of yoga.

70 minutes / 180 PLN

LOMI LOMI

Hawaiian whole body massage, extremely relaxing, relieving muscle tension.

70 minutes / 200 PLN

MASSAGE UNDER THE OPEN SKY

Aromatherapy massage with warm oil in our palace park, among the greenery and singing birds (seasonal).

Back 30 minutes / 160 PLN Body 50 minutes / 250 PLN

HOT STONE MASSAGE

The warmth of volcanic stones is incredibly soothing and relaxing.

Back 30 minutes / 110 PLN Body 60 minutes / 180 PLN

MASSAGE WITH SCENTED CANDLE

Relaxing whole body massage using natural shea butter, which shows strong regenerative and moisturising properties.

50 minutes / 170 PLN

FACE, NECK AND NECKLINE MASSAGE

Relaxing massage with revitalizing, lifting and moisturising effects.

25 minutes / 80 PLN

HEAD MASSAGE

Massage extremely relaxes, affects nerve endings, nourishes hair.

15 minutes / 50 PLN

### Face care

Face treatments with the use of equipment

INTRACEUTICALS

60 minutes / 400 PLN

Celebrities banquet treatment

Method of rejuvenation of the face and neck skin, based on oxygen infusion - we spray an active serum containing hyaluronan on the face using vacuum.

INDICATIONS: mature complexion, with visible mimic wrinkles and uneven skin tone.

CATIO VITAL "NEW SKIN"

80 minutes / 250 PLN

Treatment consisting of two phases: purifying and injection of active components by means of galvanic current. **INDICATIONS:** contaminated, dull complexion, with uneven skin tone.

CATIO VITAL LIFT 90 minutes / 350 PLN

Catio Vital treatment enriched with an electrostimulation phase for facial muscles. **INDICATIONS:** skin requiring revitalization, nourishment, lifting and illumination.

OXYGEN MICRODERMABRASION (OXYBRASION) + serum + mask

60 minutes / 200 PLN

Water and oxygen peeling, which removes dead cells of the epidermis painlessly with the help of physiological saline and oxygen, renewing the skin. It leaves a feeling of freshness and tension on the skin. Intended for all skin types, even sensitive skin. Can also be used in summer. **INDICATIONS:** dry, poorly oxygenated and dull skin.

DIAMOND MICRODERMABRASION + serum + mask

50 minutes / 180 PLN

Mechanical exfoliation of the stratum corneum, deep cleansing of the face, increasing collagen production.

INDICATIONS: oily skin, with discolourations, scars.

CAVITATION PEELING + serum + sonophoresis + mask

45 minutes / 140 PLN

Cleanses the skin using ultrasound waves. The cleaning phase is followed by the injection phase of the active serum. The treatment is painless, non-invasive.

INDICATIONS: contaminated skin, with minor imperfections, in need of nutrition.





# Treatments using the luxury brand Mary Cohr Paris

### "DERMO PEELING"

60 minutes / 280 PLN

Treatment using delicate phytic acid, which has a strongly revitalizing effect, levelling the colour, making the skin radiant.

### "BEAUTY LIFTING"

60 minutes / 260 PLN

Refreshing and firming treatment with a triple rejuvenating effect, based on hyaluronan and sea collagen.

### "BEAUTY AROMATIQUE"

60 minutes / 190 PLN

Nutritional treatment combining relaxation with skin care. Its action is based on natural essential oils.



## Complementary treatments

HAND TREATMENT WITH MOISTURISING GLOVES

25 minutes / 60 PLN

FACE PEELING + EXPRESS MASK

30 minutes / 80 PLN

WHOLE BODY PEELING

30 minutes / 80 PLN

MOISTURISING AND LIFTING TREATMENT OF EYE AREA

25 minutes / 80 PLN

HENNA FOR EYEBROWS + REGULATION

25 minutes / 35 PLN

HENNA FOR EYEBROWS AND EYELASHES + EYEBROW REGULATION

35 minutes / 45 PLN



### Baths in wooden tubes

BEER BATH + MUG OF BEER

ROSE BATH + GLASS OF WINE

SEASONAL BATHS

(Exclusive room booking - session in a dry sauna + bath + relaxation in deckchairs)

Bath for 1 person 60 minutes / 160 PLN
Bath for 2 persons 60 minutes / 200 PLN
Bath for 3 persons 60 minutes / 240 PLN
Bath for 4 persons 60 minutes / 280 PLN



### Wet SPA area

(indoor and outdoor jacuzzi, steam bath, dry sauna, brine graduation tower, tepidarium, heated outdoor swimming pool - seasonal)

ONE-TIME ENTRY

40 PLN / person

WHEN USING TREATMENTS

free of charge

EXCLUSIVE WET ZONE RENTAL

550 PLN / h\*



<sup>\*</sup>Includes internal SPA area (without swimming pool); not applicable at weekends





## Treatment packages

### "BREATH OF FRESHNESS"

- oxybrasion oxygen microdermabrasion of the face, neck and neckline;
- face, neck and neckline massage;
- moisturising face mask;
- eyebrows shaping.

#### "EXTREME HYDRATION"

- cavitation peeling of face, neck and neckline;
- serum with hyaluronan injected with sonophoresis;
- face, neck and neckline massage;
- moisturising face mask;
- moisturising hand mask.

#### "STRESS OUT"

- face peeling;
- face, neck and neckline massage;
- face mask selected according to the needs of the skin;
- eye firming treatment;
- body massage with hot chocolate.

#### "MANLY GAME"

- cavitation face peeling;
- cleansing face mask;
- body massage with aromatic oil.

80 minutes / 250 PLN

80 minutes / 200 PLN

120 minutes / 380 PLN

70 minutes / 210 PLN

### "FUTURE MUM PACKAGE"

(after 4th month of pregnancy)

- body peeling;
- revitalising body mask;
- 30 min. massage of body or selected section;
- face, neck and neckline massage;
- face mask:

FREE OF CHARGE: eyebrows shaping.

### PACKAGE FOR TWO

### "FEAST FOR TWO"

- body peeling;
- mud from the Dead Sea for body;
- aromatherapy body massage;
- glass of wine for free.

### "LADIES' AFTERNOON"

- face peeling;
- body peeling;
- creamy moisturising face mask;
- face, neck and neckline massage;
- body massage with revitalising oil;
- glass of wine for free.

#### "HEN PARTY"

(There is a possibility of organizing a hen party for max. 10 persons) Treatment for each person (to choose from):

- face peeling + mask
- face, neck and neckline massage
- aromatherapy back massage

Wet spa area free of charge

90 minutes / 460 PLN (price for 2 persons)

120 minutes / 260 PLN

120 minutes / 520 PLN (price for 2 persons)

30 minutes / 60 PLN 30 minutes / 60 PLN

30 minutes / 70 PLN







Hotel \*\*\*\* Pałac Romantyczny Ul. Toruńska 1, Turzno k. Torunia Tel. 56 642 31 00

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