



VANILLA
SPA

www.palac-romantyczny.com

BODY

Rituals combining relaxation with skin care

„CHOCOLATE DELIGHT“

Chocolate body scrub based on brown sugar + soothing body massage with hot chocolate.

90 minutes/390 pln

„CITRUS REFRESHMENT“

Citrus body scrub + body massage on natural Shea butter with orange scent.

80 minutes/340 pln

„ROSARIUM“

Rose body scrub + body massage on natural Shea butter with a smell of roses.

80 minutes/340 pln

„TOBACCO AND WHISKY“

Tobacco and whiskey scented body scrub + tobacco and whiskey scented regenerating body mask + body massage with tobacco and whiskey scented oil. A glass of whiskey for free!

90 minutes/390 pln

MASSAGES

Give yourself a bit of relaxation

RELAXING MESSAGE

Relaxing massage using warm, aromatic oils with a strong moisturizing effect.

BACK 25 minutes/120 pln

BODY 50 minutes/220 pln

BODY MESSAGE WITH HOT CHOCOLATE

Relaxing full-body massage that nourishes and moisturizes the skin.

50 minutes/250 pln

BALINESE MESSAGE

Full-body massage based on Thai techniques, applying pressure, with elements of yoga.

60 minutes/260 pln

HOT STONE MESSAGE

The warmth of volcanic stones is extremely soothing and relaxing.

BACK 30 minutes/150 pln

BODY 60 minutes/250 pln

SCENTED CANDLE MESSAGE

Relaxing massage of the whole body on natural Shea butter, which has strong regenerative and moisturizing properties.

50 minutes/250 pln

FACE, NECK AND NECKLINE MESSAGE

Relaxing massage with revitalizing, lifting and moisturizing effect.

25 minutes/120 pln

HEAD MESSAGE

Extremely relaxing massage, acting on the nerve endings, nourishing the hair.

15 minutes/60 pln

Please arrive at the spa about 5 minutes
before the planned start of the treatment

(preparation for the treatment
is included in the treatment duration)



FACIAL CARE

Facial treatments with the use of apparatus

OXYBRASION + AEROBIC INFUSION INTRACEUTICALS

60 minutes/400 pln

The treatment of the stars. A method of rejuvenating the skin of the face and neck, which consists in applying nutrients with oxygen.

INDICATIONS: dehydrated skin, with signs of aging

OXYBRASION + SERUM + MASK

60 minutes/270 pln

Water-oxygen scrub, which removes dead skin cells and renews the skin. It leaves a feeling of freshness and tightness of the skin.

Designed for all skin types, even sensitive skin. It can also be used in the summer.

INDICATIONS: dry, anaerobic, dull-looking skin

CAVITATION PEELING + SERUM + SONOPHORESIS + MASK

50 minutes/200 pln

Cleansing of the skin using ultrasonic waves. The purification phase is followed by the injection phase of the active serum. The treatment is painless, non-invasive.

INDICATIONS: contaminated skin, with minor imperfections, requiring nutrition

COMPLEMENTARY TREATMENTS

NOURISHING TREATMENT FOR HANDS (SCRUB + MASK + MASSAGE)

FACE SCRUB + EXPRESS FACE MASK

WHOLE BODY SCRUB

25 minutes/100 pln

30 minutes/100pln

25 minutes/100 pln

MARY COHR LUXURIOUS CARE TREATMENTS

Mary Cohr is a wide range of extremely effective cosmetics of the renowned French brand used successfully in respected beauty salons and SPA centers. The natural ingredients of the products are based on essential oils, including lavender, sage and rosemary.

Cosmetics do not contain parabens, i.e. preservatives.

They are highly effective, without the risk of allergies and at the same time they smell beautiful.

In our salon we recommend the following treatments:

„Age Signes Reverse” + hand treatment

50 minutes/380 pln

„Stop time for longer” is a banquet treatment that reverses the aging process.

INDICATIONS: mature skin, with premature signs of aging, uneven tone

„Dermo Peel”

50 minutes/320 pln

Effective skin renewal treatment, combining a delicate chemical scrub with active skin care ingredients

INDICATIONS: skin without glow, with discoloration, in need of cleansing

„Catio Vital Lift”- cleansing, nutrition and lifting on a single treatment

105 minutes/390 pln

A treatment that uses all 3 functions of the Catio Vital device.

INDICATIONS: all skin types, especially for skin in need of firming and nourishment.

„Catio Vital”- a treatment for everyone, the effect visible after the first treatment.

60 minutes/280 pln

The treatment is individually composed for the needs of the client's skin. The treatment begins with cleaning with a thermal mask, the next stage is care through ionization of active ingredients.

INDICATIONS: each type of skin, treatment selected individually

„Catio Lift”- lifting effect, which replaces surgery

60 minutes/300 pln

After the procedure, the face looks younger, because the face oval is corrected and wrinkles are less visible.

INDICATIONS: mature skin that has lost its firmness and tension.

ADDITIONS TO MARY COHR TREATMENTS

CAVITATION
OXYBRASION

10 minutes/ 80 pln
15 minutes/ 100 pln

Please arrive at the spa about 5 minutes before the planned start of the treatment

(preparation for the treatment is included in the treatment duration)

BATHS IN WOODEN TUBS

(exclusive room reservation – 50 min.)

BEER BATH

- session in a dry sauna - 15 min.
- beer bath in wooden tubs - 20 min.
- relaxation on sun loungers with a pint of beer - 15 min.

+ Advantages of the bath:

- rich source of B vitamins, iron, phosphorus, calcium, magnesium and potassium
- rejuvenating, anti-wrinkle effect
- has bactericidal and moisturizing properties
- positively affects the work of the circulatory system

NOTE: the product has medicinal properties. It helps with inflammation in muscles and joints and has an analgesic effect.

PRICE:

for 2 people	50 minutes/300 pln
for 3 people	50 minutes/400 pln
for 4 people	50 minutes/500 pln

BATH IN GOAT'S MILK WITH ROSE PETALS

- session in a dry sauna - 15 min.
- bathing in goat's milk with rose petals in wooden tubs - 20 min.
- relaxation on sun loungers with a glass of sparkling wine - 15 min.

+ Advantages of the bath:

- soothes irritations
- properly nourishes the skin and restores adequate hydration
- supports relaxation after a hard and intense day

PRICE:

for 2 people	50 minutes/300 pln
for 3 people	50 minutes/400 pln
for 4 people	50 minutes/500 pln

BATH IN THE PALACE WINE – THE ELIXIR OF YOUTH

- session in a dry sauna - 15 min.
- bathing in wine in wooden tubs - 20 min.
- relaxation on sun loungers with a glass of palace wine - 15 min.

+ Advantages of the bath:

- contains polyphenols that have antioxidant, cleansing and tonic properties

PRICE:

for 2 people	50 minutes/300 pln
for 3 people	50 minutes/400 pln
for 4 people	50 minutes/500 pln

SEASONAL BATH

- session in a dry sauna - 15 min.
- seasonal bath in wooden tubs (extracts used depending on the season) - 20 min.
- relaxation on sun loungers with a drink of your choice - 15 min.

PRICE:

for 2 people	50 minutes/280 pln
for 3 people	50 minutes/330 pln
for 4 people	50 minutes/430 pln

Please arrive at the spa about 5 minutes before the planned start of the treatment

(preparation for the treatment is included in the treatment duration)

WET SPA AREA

(heated outdoor pool and outdoor jacuzzi – seasonally available, dry sauna and steam bath, mini salt graduation tower, indoor jacuzzi, tepidarium)

ONE-TIME ENTRY

60 pln/adult

30 pln/child up to 12 years

WHEN USING THE TREATMENTS

gratis

RENTAL OF A WET SPA AREA FOR EXCLUSIVE USE

(not valid on weekends, includes the indoor SPA zone – without swimming pool)

400 pln/h



TREATMENT PACKAGES

„A BREATH OF FRESHNESS“

- oxybriasion – aerobic microdermabrasion of the face, neck and cleavage
- face, neck and cleavage massage
- moisturizing face mask
- cream at the end of the treatment

55 minutes/320 pln

„EXTREME HYDRATION“

- aerobic oxybriasion of the face, neck and cleavage
- hyaluronic acid serum applied by sonophoresis
- face, neck and cleavage massage
- algae mask for face, neck and cleavage
- moisturizing hand mask

80 minutes/360 pln

„STRESS OUT“

- facial peeling
- face, neck and cleavage massage
- face mask chosen according to individual skin needs
- under-eye nutritional treatment
- body massage with hot chocolate

120 minutes/470 pln

„MEN'S GAME“

- cavitation facial scrub
- cleansing face mask
- body massage with aromatic oil
- cream at the end of the treatment

70 minutes/300 pln

PACKAGES FOR TWO

„WINE THERAPY“

- session in a dry sauna - 15 min.
- bathing in wine in wooden tubs - 20 min.
- relaxation on sun loungers with a glass of palace wine - 15 min.
- body scrub with grape seeds
- nourishing body mask with red wine extract (rich source of polyphenols)
- relaxing body massage with grape seed oil – 45 min.

2 h 30 minutes/1000 pln (price for 2 people)

„FEAST FOR TWO“

- Body scrub
- mud from the Dead Sea on the body
- relaxing full body massage
- glass of wine

90 minutes/750 pln (price for 2 people)

„SCRUB AND MASSAGE“

- facial scrub
- body scrub
- facial massage
- body massage

1 h 45 minutes/770 pln (price for 2 people)

„GIRLS AFTERNOON“

- facial peeling
- body scrub
- face cream mask
- face, neck and cleavage massage
- body massage with nutritional oil
- glass of wine

120 minutes/800 pln (price for 2 people)

Please arrive at the spa about 5 minutes before the planned start of the treatment

(preparation for the treatment is included in the treatment duration)



We offer our guests:

- 3 fully equipped treatment rooms
- Beer Bath
- Dry and steam sauna
- Heated outdoor pool (seasonal availability)
- Mini graduation tower
- Indoor whirlpool
- Outdoor whirlpool (seasonal availability)
- Tepidarium

Opening hours of the wet SPA area and swimming pool:
9:00 a.m. - 10:00 p.m.

Opening hours of treatment rooms*:
Mo-Fr: 10:00 a.m. - 8:00 p.m.
Sat: 10:00 a.m. - 9:00 p.m.
Su: 10:00 a.m. - 4:00 p.m.

*The opening hours of treatment rooms may change.
Questions about the availability of appointments should be directed
to the Hotel Reception.
Phone no.: 56 642 31 00

Hotel**** Pałac Romantyczny
ul. Toruńska 1, Turzno k. Torunia

www.palac-romantyczny.com