



VANILLA SPA



www.palac-romantyczny.com

BODY

Rituals combining relaxation with skin care

- "VANILLA"** **80 minutes/270 PLN**
Sugar body peeling + body massage with natural vanilla-scented Shea butter.
- "CHOCOLATE PLEASURE"** **90 minutes/320 PLN**
Chocolate body peeling based on brown sugar + soothing body massage with hot chocolate.
- "CITRUS REFRESHMENT"** **80 minutes/270 PLN**
Citrus body peeling + body massage with natural orange-scented Shea butter.
- "MAGIC GARDEN"** **80 minutes/270 PLN**
Rose body peeling + body massage with natural flower-scented Shea butter.
- "TOBACCO AND WHISKY"** **90 minutes/400 PLN**
Tobacco and whisky-scented body peeling + regenerating tobacco and whisky-scented body mask + body massage using tobacco and whisky-scented oil. A glass of whisky for free!

MASSAGES

Give yourself a bit of relax

- RELAXING MESSAGE** **BACK 25 minutes/100 PLN** **BODY 45 minutes/180 PLN**
Relaxing massage using warm, aromatic oils with a strong moisturising effect.
- BALINESE MESSAGE** **60 minutes/200 PLN**
Full body massage based on Thai compression techniques, with elements of yoga.
- LOMI** **60 minutes/200 PLN**
Hawaiian full body massage, incredibly relaxing, soothing any muscle tension.
- HOT STONE MESSAGE** **BACK 30 minutes/110 PLN** **BODY 60 minutes/190 PLN**
The warmth of volcanic stones is incredibly soothing and relaxing.
- MESSAGE WITH SCENTED CANDLE** **50 minutes/200 PLN**
Relaxing whole body massage using natural Shea butter, which shows strong regenerative and moisturising properties.
- FACE, NECK AND NECKLINE MESSAGE** **25 minutes/100 PLN**
Relaxing massage with revitalising, lifting and moisturising effect.
- HEAD MESSAGE** **15 minutes/50 PLN**
Extremely relaxing massage, affecting nerve endings and nourishing hair.

FACE CARE

Face treatments using the equipment

- OXYBRASION WITH OXYGEN INFUSION** **60 minutes/400 PLN**
Celebrity treatment. Method of rejuvenation of the face and neck skin, based on oxygen infusion - using vacuum, an active serum selected according to the skin's needs is sprayed onto your face.
- OXYGEN MICRODERMABRASION (OXYBRASION) + serum + mask** **60 minutes/250 PLN**
Water and oxygen peeling, which removes dead cells of the epidermis painlessly with the help of physiological saline and oxygen, renewing the skin. It leaves a feeling of freshness and tension on the skin. Intended for all skin types, even sensitive skin. Can also be used in summer.
INDICATIONS: dry, poorly oxygenated and dull skin

CAVITATION PEELING + serum + sonophoresis + mask

60 minutes/200 PLN

Cleanses the skin using ultrasound waves. The cleaning phase is followed by the injection phase of the active serum. The treatment is painless, non-invasive.

INDICATIONS: contaminated skin, with minor imperfections, in need of nutrition

JEAN D'ARCEL LUXURY SKIN CARE TREATMENTS

"Prestige Vitamin +"

60 minutes/280 PLN

The Prestige treatment is unique care based on a vitamin cocktail consisting of vitamins: A, B5, C and E combined with pro-retinol.

"Caviar Feast"

45 minutes/180 PLN

Source Caviar is a sophisticated special treatment based on caviar extracts and seawater, as well as many other innovative skin-protecting substances.

"Renovar Hyaluron"

45 minutes/180 PLN

Thanks to the combination of active ingredients such as stem cells from Malus Domestica, the substance "Botox-Like" and hyaluronic acid, the treatment ensures the protection and maintenance of skin stem cell functions.

"Sensitive"

45 minutes/180 PLN

The treatment is aimed exclusively at the needs of sensitive and couperose skin. Parabens, polymers, dyes and mineral oils are excluded from it.

"Seasonal Treatment"

60 minutes/200 PLN

Treatment recommended for the time of year.

— COMPLEMENTARY TREATMENTS —

HAND TREATMENT WITH MOISTURISING GLOVES

25 minutes/60 PLN

PEELING + EXPRESS FACE MASK

30 minutes/80 PLN

WHOLE BODY PEELING

30 minutes/100 PLN

— BATHS IN WOODEN TUBES —

BEER BATH + MUG OF BEER

SEASONAL BATH + GLASS OF WINE/GLASS OF BEER/FRUIT JUICE

(exclusive room booking - session in dry sauna + bath + relaxation on deckchairs)

Bath for 1 person

60 minutes/160 PLN

Bath for 2 persons

60 minutes/200 PLN

Bath for 3 persons

60 minutes/240 PLN

Bath for 4 persons

60 minutes/280 PLN

— WET SPA AREA —

*(heated outdoor pool - available seasonally, dry sauna and steam room,
mini brine graduation tower, indoor and outdoor jacuzzi, tepidarium)*

ONE-TIME ENTRY

40 PLN/person

WHEN USING TREATMENTS

free of charge

EXCLUSIVE RENTAL OF THE WET SPA AREA

(not valid at weekends, includes indoor SPA area - without swimming pool)

400 PLN/h

— TREATMENT PACKAGES —

"FRESH BREEZE"

80 minutes/300 PLN

- oxybrasion - oxygen microdermabrasion of the face, neck and neckline

- face, neck and neckline massage

- moisturising face mask



"EXTREME MOISTURISING"

- cavitation peeling of face, neck and neckline
- serum with hyaluronan injected with sonophoresis
- face, neck and neckline massage
- moisturising face mask
- moisturising hand mask

80 minutes/250 PLN

"STRESS OUT"

- face peeling
- face, neck and neckline massage
- face mask selected according to the needs of the skin
- eye firming treatment
- body massage with hot chocolate

120 minutes/380 PLN

"MEN'S GAME"

- cavitation face peeling
- cleansing face mask
- body massage with aromatic oil

70 minutes/250 PLN

PACKAGE FOR TWO

"A TREAT FOR TWO"

- body peeling
- mud from the Dead Sea for body
- aromatherapy body massage
- glass of wine for free

90 minutes/600 PLN (price for 2 people)

"LADIES' AFTERNOON"

- face peeling
- body peeling
- creamy moisturising face mask
- face, neck and neckline massage
- body massage with revitalising oil
- glass of wine for free

120 minutes/600 PLN (price for 2 people)

"HEN PARTY"

(there is a possibility of organising a hen party for max. 10 people).

Treatment for each person (to choose from):

- face peeling + mask
- face, neck and neckline massage
- relaxing back massage

Wet spa area free of charge

30 minutes/70 PLN

30 minutes/60 PLN

30 minutes/80 PLN

We provide our Guests with:

- 3 fully equipped studios
- beer bath
- heated outdoor pool, seasonally available
- mini brine graduation tower
- internal and external jacuzzi
- tepidarium

Opening hours of the wet SPA area and swimming pool:

9:00-22:00

Opening hours of treatment rooms*:

Mon-Fri: 10:00-20:00

Sat: 10:00-21:00

Sun: 10:00-16:00

**The working hours of treatment rooms may change.*

If you have any questions about the availability, please contact the hotel Reception.

Phone: 56 642 31 00