



**Hotel Prezydent**  
★ ★ ★ blisko natury

# MENU

# SPA

## MASSAGES

**Classic massage - 60 min** 250 PLN

Nourishment, relaxation and oxygenation of the body

**Partial classic massage - 30 min** 160 PLN

Classic massage of selected parts of the body

**Face, neck and neckline massage - 30 min** 160 PLN

Relaxation, wrinkle smoothing, muscle stimulation

**Anti-cellulite modeling massage (thighs, buttocks) - 45 min** 220 PLN

Detoxifying, modeling and firming

**Shiroabhyanga - Indian head massage with hair oiling - 30 min** 180 PLN

Removes tension, relieves migraines, and reduces stress

**Hot stones massage- 60 min** 275 PLN

Warms up, removes tension, and calms down

**Hawaiian Lomi Lomi Nui massage - 90 min** 390 PLN

Improves the mood, relaxes, soothes the senses

**Abhyanga- Ayurvedic massage - 60 min** 250 PLN

Relaxes, calms and harmonizes body and mind

**Balinese massage - 60 min** 270 PLN

Deeply relaxing, relaxes the muscles and refreshes

**Lifting Fusion 3D - face, neck and neckline massage - 60 min** 250 PLN

Lifts, improves the oval of the face, and eliminates puffiness

**Quiro- Spanish massage of the face, neck and neckline - 30 min** 180 PLN

Nourishes, rejuvenates, gives a unique glow

**Thai foot massage - 30 min** 160 PLN

Cleanses of toxin, soothes nerves, reduces swelling

**Chocolate and apple massage - 30 min** 180 PLN

Cheers up, moisturizes

## RITUALS

**Presidential - 105 min** 499 PLN

Rejuvenates, nourishes the body and relaxes

**Revitalizing hematite and coal - 105 min** 479 PLN

Cleans, detoxifies and remineralises

**Firming and anti-cellulite - 90 min** 459 PLN

Anti-cellulite, shaping and reducing fatty tissue

**Rejuvenating Sea Buckthorn & Carrot - 90 min** 370 PLN

Rejuvenates, nourishes and improves skin tone

**Soothing Marula & Apple - 90 min** 370 PLN

Smooths, moisturizes and soothes the senses thanks to aromatherapy

**Indian - full body massage and scalp with hair oiling - 90 min** 370 PLN

Reduces stress, gives a feeling of deep peace, relaxes

## RITUALS FOR TWO WITH A SHARED BATH

**Sea Buckthorn Love Ritual for 2 people - 90 min** 680 PLN

Stimulates the senses, relaxes, introduces a romantic mood

**Sensual Fruits of Love Ritual for 2 people - 90 min** 680 PLN

Relaxes, comforts with fragrance, a prelude to amorous ecstasy

## BODY AND HAIR CARE - ADDITIONAL TREATMENTS

**Magnesium-fruit bath with auto-peeling for 1 or 2 people - 45 min** 250 PLN/per 1  
260 PLN/per 2

Relaxes, cleanses, enriches with minerals

**Full body peeling massage - 30 min** 180 PLN

Smooths, rejuvenates and moisturizes

**Hair oiling with a head massage - 30 min** 180 PLN

Nourishes the hair, calms and brings relief



Hotel Prezydent  
\*\*\*\* blisko natury

## DERMATION ACTIVE TREATMENT

The transdermalporation technology makes it possible to meet the needs of even the most demanding skin and provide immediate effects, e.g. smoothing wrinkles, lifting, firming the skin, calming, strengthening dilated vessels, deep hydration, reducing acne, scars and stretch marks, slimming, accelerating hair growth and strengthening them.

---

**BASIC face - 45 min** 360 PLN

Peeling, treatment cocktail, cream

---

**ADVANCED face, neck and  
neckline - 60 min** 460 PLN

Peeling, 2 cocktails, algae mask, cream

---

**PREMIUM face, neck and  
neckline - 75 min** 500 PLN

Peeling, 2 cocktails, filler, peptides algae mask, cream

---

**Body- one part - 30 min** 500 PLN

Belly, buttocks, front thighs, back thighs

---

**Hair and head skin - 30 min** 350 PLN

Hair growth and strengthening cocktail

---

## FACE CARE SKEYNDOR

---

**Power Hyaluronic - 60 min** 340 PLN

Hydrates, protects and cares

---

**Eternal - The flagship treatment  
of our SPA - 60 min** 360 PLN

Brightens, with anti-wrinkle and calming properties

---

**Corrective - 75 min** 470 PLN

Tightens, nourishes and lifts

---

**Power C - 60 min** 340 PLN

Brightens, strengthens the blood vessels, regenerates

---

**Men Energizing - 60 min** 360 PLN

Soothes, refreshes, tightens and moisturizes

---

**PLEASE CONTACT US  
AND BOOK A TREATMENT**  
**44 710 13 22 / 887 870 239**  
**spa@prezydenthotel.pl**



Detailed descriptions of all treatments can be found  
on our website [www.prezydenthotel.pl](http://www.prezydenthotel.pl)

