

#### **SIELANKA SPORT CENTER**

One of the best football centers in Central Europe was established right in the heart of Poland, between the ancient Puszcza Stromecka Forest and the picturesque Pilica River Valley.

Sielanka Sport Center includes modern football facilities that are part of the sports and leisure complex covering 100 hectares. Football players have at their disposal full-size pitches and training fields with natural, high-quality grass sown on them. Effective drainage system, safety nets, covered coach benches, security zone, and an option to install stands for several thousand fans meet the highest UEFA standards.

During Euro 2012, Sielanka was one of the base camp facilities recommended by UEFA. The Croatia national football team stayed here. Moreover, the Poland national football team with their captain, Robert Lewandowski, have stayed here a number of times. The center hosts also training camps for football teams.



**TRAINING FIELDS** 









UEFA EURO 2012 BASE CAMP FACILITY

Modern training center



#### **Advantages**



Active forms of leisure and recreation after training

#### REFERENCES

- I have been to many base camp facilities with the national football team of my country, first as a player and now as a head coach. We have been e.g. in France, Portugal, Austria, Switzerland, Germany, Korea, and Japan but it is the stay in Sielanka that I have the fondest memories of.

Sielanka Sport Center obtained the recommendation of UEFA thanks to which it became of the Polish base camp facilities during UEFA EURO 2012. Training facilities, perfect location, and high level of comfort were appreciated by many national teams as well as sports club that had their training camps in the SSC in the breaks between matches and before the most important matches of the season.

The Croatia national football team prepared for their UEFA EURO 2012 matches in Sielanka Sport Center. Moreover, the Poland national football team stayed here before their international matches played in Warsaw during the World Cup qualifiers and the European Championships qualifiers. We had Polish and foreign football clubs stay with us and over a dozen games were played on the main pitch. Slaven Bilic former head coach of the Croatia national football team





Among others, the following teams prepared to international games, championships, and cup finals in Sielanka:





THE POLAND THE CROATIA NATIONAL FOOTBALL NATIONAL FOOTBALL TEAM TEAM (POL) (CRO)



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VFL WOLFSBURG (GER)



Leicester City (ENG)



Hapoel Haifa (ISR)







Korona Kielce Wisła Kraków (POL) (POL)

Podbeskidzie Bielsko-Biała (POL)

## LOCATION

Perfect location close to the most important sports facilities and international airport in Warsaw.

The centers lies to the south of Warsaw (50km) between the picturesque Pilica River Valley and the ancient Puszcza Stromecka Forest. Thanks to the location in the center of one of the most beautiful canoing routes in Poland and vicinity of Natura 2000 protection areas, football teams staying in the center can work in the perfect climate conditions, close to nature, and surrounded by the peace and quiet.



- Sielanka offers great conditions if you want to isolate yourself, get some rest, or focus. Furthermore, we have very good training facilities. The pitch is in view so you don't have to drive anywhere. Everything here revolves around the preparation to important games in the World Cup qualifiers. This is why we chose this place.

Waldemar Fornalik former head coach of the Poland national football team





#### AVERAGE TEMPERATURES IN POLAND:

	MAY	JUNE	JULY	Aug	Sept
max.	20°C	23°C	24°C	23°C	19°C
max. min.	9°C	11°C	15°C	14°C	10°C



#### The PGE Narodowy in Warsaw

/distance: 62 km/





Legia Warsaw Municipal Stadium in Warsaw

/distance: 56 km/

Warsaw Frederic Chopin Airport /distance: 64 km/





## **TRAINING FACILITIES**

We are one of the very few football centers in this part of Europe that offer luxurious conditions for leisure as well as full training facilities: training fields, wellness, and training rooms. This means that football teams can meet their preparation targets without leaving our grounds.

- $\square$  Size of the main pitch is 105x68m plus security zone at the sides.
- ☑ Smaller training field (35x68m) is intended for goalkeeper's training.
- ☑ Private location surrounded by beautiful nature.
- $\square$  Safety nets behind the goals and covered benches for coaches and players.
- ☑ Training facility located only 100 meters from the hotel.
- $\square$  An option to install portable stands for 4 thousand fans.
- ☑ Effective system of drainage and watering.
- $\square$  Natural, specialist grass sown on the fields.



The scenery around the hotel and training field is beautiful and Sielanka's location on the Pilica River, far from the city and the hubbub of the streets, provide very good conditions for training. This place is similar to Dutch training centers, often used by the football clubs from Belgium. Best place for training!

Besnik Hasi former coach of Legia Warsaw













- The most important element of this football center is grass. It is awesome that we have such a place in Poland. It is the equal of great training centers regularly visited by the Bundesliga clubs in the breaks between seasons.

> Kuba Błaszczykowski midfielder of the Poland national football team





# **ACCOMMODATION FOR TEAMS**

All football teams staying in Sielanka Sport Center have at their disposal full infrastructure of Sielanka nad Pilicą Hotel<sup>\*\*\*\*</sup>.

It was built in the mid-1990s and stands in the center of the leisure and recreation complex. It is also one of the best known Polish equestrian sports centers. Currently, the Hotel offers their guests 120 beds, 2 restaurants, a pub, well-equipped SPA&Wellness facilities, as well as several conference rooms. Sielanka nad Pilicą Hotel is valued for its beautiful decor, unique, private atmosphere, original cuisine, and professional and discreet personnel.

- $\square$  56 cozy and luxurious rooms with air conditioning.
- ☑ Interior decoration matching the surroundings. WiFi and CANAL+ included.
- $\square$  Calming and chic mood that helps the guests relax.
- ☑ Two restaurants that provide special orders for athletes.
- ☑ EquiClub-evening Drink Bar with billiards and table football.
- ☑ "Club" hotel far from the routine of franchises.
- $\square$  Stable and well-trained team caring for the guests and every aspect of their stay.
- ☑ Authentic hospitality, smiles, and friendliness.











## **CONFERENCE CENTER**

Modern conference center includes 5 training and conference rooms with a total surface area of 241 sqm that can be arranged freely.

The center is equipped in the visualization systems (NEC, PROJECTA, YAMAHA), professional sound equipment of new generation (BOSCH), and remotely controlled air conditioning, blinds, and lights. Football players staying in the Hotel can to the training fields located within 100 meters directly after the briefing.

- ☑ Perfect conditions for game briefings, theoretical sessions, movie screenings, discussions, etc.
- ☑ Modern visualization systems and sound equipment
- ☑ Wireless broadband access to the Internet in the entire Hotel
- ☑ Catering and restaurant services in the conference rooms



- I love it here! Peace and quiet, perfect training base, comfortable hotel. Great location close to Warsaw.

Robert Lewandowski forward of the Poland national football team











#### SPA & Wellness

After an intensive training, football teams can use our wellness rooms. Hotel's SPA&Wellness is characterized by the combination of the tasteful relaxation space with a beautiful and at the same time minimalistic decor, refined materials, and modern equipment.

- ☑ Indoor swimming pool and fitness center.
- ☑ Indoor relaxation zone with hydromassage, Kneipp system, sensory showers, etc.
- ☑ Treatment and massage rooms.
- $\ensuremath{\boxtimes}$  Sauna and steam room.
- ☑ Garden SPA with jacuzzi and sauna.



- Training and accommodation base is in great condition. It is a very peaceful area that is perfect for focusing and preparing for the next season. We will also play training matches here with Polish teams that will allow us to practice various game variations.

Thomas Reis Vfl Wolfsburg U19 Coach













- We feel great here. It is a very peaceful place that ensures conditions essential for full focus before the EURO 2012 matches. Everything is perfectly organized. The pitch is three minutes' walk from the hotel. Our Federation made a right choice when they were selecting our base camp.

Luka Modrić midfielder of the Croatia national football team





Sometimes even the greatest fans of football need to have a rest from it. Our offer includes a wide range of attractions that add variety to the time free from trainings and theoretical sessions.

**AND AFTER TRAINING...** 

Infrastructure of the hotel complex and sports center allows for the organization of various additional activities that make the stay in Sielanka more appealing and help to forget for a moment about the difficulties experienced during the football camps.

- $\square$  Horse riding and open carriage rides in the charming Puszcza Stromecka Forest.
- ☑ Canoing along the pictures que Pilica River Valley combined with unique catering.
- Beach volleyball, badminton, billiards, table tennis, etc.
- $\square$  SPA zone and Garden SPA.
- ☑ Cycling trips and Nordic Walking.
- ☑ Exploring Warsaw: selected monuments or any attractions chosen by the guests.



# SEE YOU IN SIELANKA SPORT CENTER!

#### CONTACT:

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#### REFERENCES



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To whom it may concern Royal Sports Management

#### RE: Leicester City U23s Poland pre-season training camp – July 2018

We were highly delighted with our recent pre-season camp in Poland, organised by the Royal Sports Management. From the moment we arrived, Pawel and the staff at the Sielanka hotel were attentive, professional and ensured that our schedule was met. The food and the facilities at the Sielanka hotel were first class, exceeded our expectations and we are already looking to returning there in the future. The quality of the training pitch and the two friendly games organised at the training base were ideal for our preparation, enhanced by the surrounding area.

Pawel facilitated an excellent training schedule, supplemented by bike hire for all players and staff to enjoy morning cycle rides in the local woodland.

We would defiantly recommend this venue and Royal Sports Management as a facilitating company to any club looking for a training camp in the future.

We certainly will be.

Steve Beaglehole

Steve Beaglehole U23 Manager

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