Welcome to our Grano SPA,
where we care for your body and mind, offering unique experiences with selected organic and vegan cosmetic brands Scens and Fito SPA. Both brands were created with a passion for excellence, known for their advanced technology, meticulously selected ingredients, and innovative formulas, which are combined with a unique approach to the harmony of the body and spirit.

The French brand Scens, reflecting the essence of nature, offers products based on organic ingredients from various corners of the world. In our menu, you will find unique rituals that utilize the benefits of plant extracts, essential oils, and other natural ingredients to create relaxing and regenerative experiences for your skin.

The Polish brand Fito SPA is one that combines modern science with traditional care methods, creating natural and aromatic solutions for every skin type. Treatments based on Fito SPA products are not just a beauty ritual but also a journey deep into the senses, thanks to unique textures and aromas that effectively restore balance to your skin and mind. We invite you to explore our menu.
The Grano SPA Team

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100% NATURAL

100% EFFECTIVE FORMULAS WITH CERTIFIED ORGANIC INGREDIENTS

100% CERTIFIED VEGAN INGREDIENTS

100% GMO-FREE

100% FREE FROM PARABENS, SULFATES, AND SILICONES

100% FILLER-FREE

100% FREE FROM ARTIFICIAL COLORS

100% ECOLOGICAL PREMIUM PACKAGING

100% SOCIALLY RESPONSIBLE

100% UNISEX COSMETICS

100% EXCLUSIVE TECHNIQUES

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FACIAL TREATMENTS

KOBIDO MASSAGE

FACE LIFTING • FACE OVAL IMPROVEMENT
• COLLAGEN PRODUCTION STIMULATION

The Kobido Massage is often referred to as a "non-surgical facelift". This extraordinary technique of intensive lifting massage originates from Japan, where it has been known for centuries as an "ancient way to beauty." The phenomenon of Kobido Massage is the intensive massage of muscles and fascia, stimulating natural collagen and elastin production, while simultaneously providing deep relaxation. After the Kobido massage, the skin becomes firm and oxygenated, and the face appears rested and radiant.

Duration: **50 MIN**
Price: **320 PLN**

WOW FACE TREATMENT by SCENS

WEARY SKIN • LACKING RADIANCE • DEVITALIZED

An exclusive facial treatment based on the latest generation of AHA, BHA, and PHA acids, which provide the face with extra radiance, while improving the skin's structure and hydration. Ideal for relieving damage caused by sun exposure and pollution. This treatment is suitable for all skin types, providing a real BOOSTER of illumination and freshness for a WOW effect. It is especially recommended for dull and dehydrated skin. The treatment incorporates the technique of FACIAL CUPPING, which involves massaging with glass cups. The method is intended to increase blood flow to the tissues and aid in lymphatic drainage.

Duration: **50 MIN**
Price: **470 PLN**

ETERNAL LIFTING EXPERIENCE by SCENS

FOR SKIN REQUIRING LIFTING • IMPROVING FACIAL CONTOURS

High concentration of regenerative, anti-aging active ingredients provides full antioxidant protection and the nourishment necessary to restore skin elasticity and firmness. Additionally, the intensive lifting LIFT massage by SCENS relaxes muscles, sculpts facial contours, and restores radiance.

Duration: **75 MIN**
Price: **470 PLN**

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ELIXIR REPAIR by SCENS

FOR SKIN REQUIRING RESTORATION OF YOUTHFUL GLOW

A regenerating treatment, ideal for dry, damaged skin, exposed to negative external factors. Thanks to the combination of L'ELIXIR's rich precious oils, LE MASQUE ULTRA RICHE facial mask based on fruit waxes and oils, and exclusive massage, the skin becomes more oxygenated, recovers its glow, and gains incredible comfort. The GLOW effect is noticeable after the first treatment.

Duration: **75 MIN**
Price: **395 PLN**

ORGANIC & VEGAN TREATMENT by SCENS

Customized care in the salon:

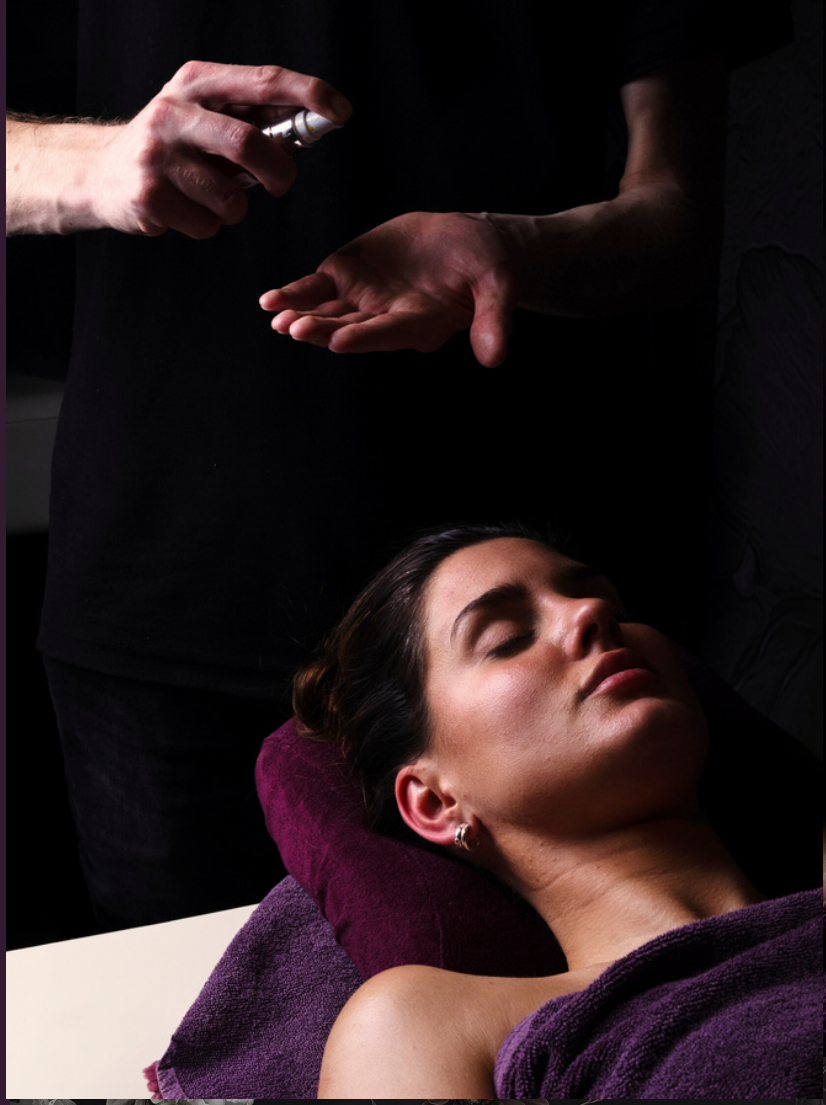
- Ultra detoxifying treatment, dedicated to skin prone to pollution and impurities.
- A deeply cleansing treatment, especially suitable for oily skin.
- Intense hydrating treatment, which immediately restores comfort and appropriate hydration levels.

Duration: **75 MIN**
Price: **350 PLN**

HYDROGEN CARE WITH FACIAL TREATMENT

A hydrogen treatment with personalized facial care is an innovative therapy that utilizes the beneficial properties of molecular hydrogen. Deep hydration, antioxidant protection, and cellular regeneration help the skin regain its youthful glow. The lifting effect and long-term results make this treatment an essential part of skincare, leaving the skin looking healthy.

Duration: **50 MIN**
Price: **365 PLN**



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BODY TREATMENTS by Scens

DETOXIFYING BIO-DETOX by SCENS

CELLULITE REDUCTION

A body contouring treatment designed to support detoxification and reduce cellulite. Highly effective, this body treatment deeply moisturizes, helping to sculpt and prevent fluid retention using a combination of WOOD THERAPY by SCENS and an algae- and spirulina-rich body wrap.

Duration: **50 MIN**
Price: **330 PLN**

FIRMING BIO-FIRMING by SCENS

FIRMING

An intense firming body treatment that combines Wood Therapy, active ingredients such as orange, carrot, and ginger, which firm and improve skin elasticity.

Duration: **50 MIN**
Price: **330 PLN**

SCULPTING BOTANICAL by SCENS

CELLULITE AND FAT TISSUE REDUCTION

A body sculpting treatment that supports cellulite reduction and fat tissue. The application of anti-cellulite essence, special Wood Therapy for the body and seaweed- and spirulina-rich body wrap promotes fat loss and body sculpting.

Duration: **50 MIN**
Price: **330 PLN**

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SCENS RITUALS

LUXURY SCENS-ORY EXPERIENCE by SCENS

FACE CARE • MASSAGE & BODY PEELING

A 360° sensory ritual covering face and body, which helps release accumulated muscle tension and restores youthfulness and vitality. This unique and exclusive ritual combines a LIFT facial massage to reduce wrinkles and improve facial contour, an aromatic body massage, and an effective rejuvenating peel. The ritual relaxes, providing an unforgettable experience.

Duration: **120 MIN**
Price: **695 PLN**

MINDFULNESS DETOX by SCENS

FACE MASSAGE • BODY PEELING & WRAP & MASSAGE

A unique ritual providing exceptional experience and high effectiveness. Through the use of a salt scrub with essential oils and a special detox treatment using algae- and spirulina-rich body wrap, the skin is exfoliated, prepared for nourishment, and detoxified using a detox face massage. This combination of face and body treatments with exception relaxation is perfect for complete body and mind pampering.

Duration: **90 MIN**
Price: **495 PLN**

HYDRA-INTENSE by SCENS

TREATMENT AND MASSAGE FOR THE FACE AND BODY CARE

A ritual combining facial and body care delivers essential active ingredients to the skin, such as argan oil, avocado, and hyaluronic acid, which are vital for maintaining proper skin hydration and restoring youthfulness and vitality. The combination of high-quality products and specialized manual techniques ensures unique experiences and absolute relaxation. With a special peeling and massage oil, the skin is regenerated and brightened.

Duration: **75 MIN**
Price: **450 PLN**

FITO SPA RITUALS

THE LUXURIOUS APPLE OF LOVE RITUAL by Fito SPA
FLORAL FOOT BATH • BODY SCRUB • BODY MASSAGE • HAIR OILING • SCENTS OF MULBERRY AND APPLE

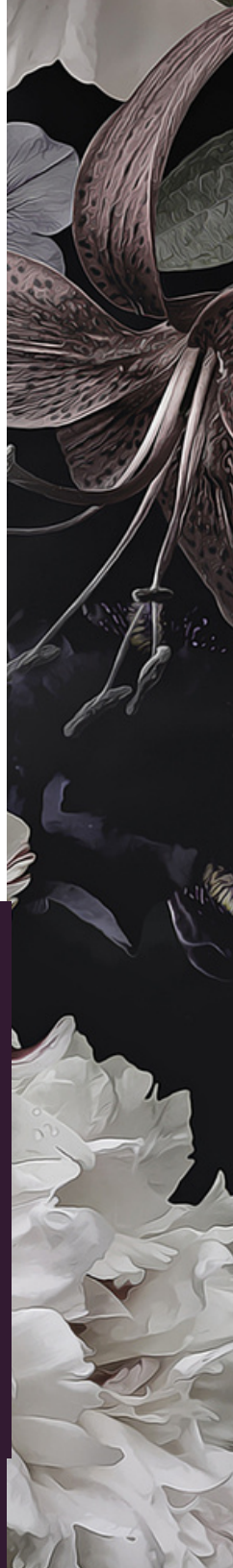
A ritual introducing harmony into our daily lives, with love for oneself and love for nature. Valuable nutrients make the skin velvety smooth, deeply hydrated, and attended to and healthy. A composition of the best oils from around the world will pamper the body and senses. A delightful aroma completes the experience, serving as a bridge to blissful relaxation. This ritual is designed to pamper even the most demanding individuals.

Duration: **90 MIN**
Price: **395 PLN**

ROKITNICA LOVE RITUAL by Fito SPA
FLORAL FOOT BATH • BODY SCRUB • BODY MASSAGE • HAIR OILING • SCENTS OF ROKITNICA AND WORMWOOD

The "Rokitnica Love" ritual featuring rokitnica oil and fennel seeds with hints of wormwood and citrus grass is an extraordinary experience, taking you to a faraway place of pure blissful relaxation. Allow this magical therapeutic session to captivate your senses, nourish your skin and soothe your mind. It is a moment just for you, an opportunity to immerse yourself in delight and fully rejuvenate.

Duration: **90 MIN**
Price: **395 PLN**



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GRANO SPA

MASSAGES

Every massage can be enhanced with the following add-ons:

Bio-cellulose facial mask - 135 PLN
Bio-cellulose eye mask - 115 PLN
Organic Body Scrub - 170 PLN (+25 minutes)

GRANO SPA AUTHOR'S MASSAGE

The Grano SPA Author's Massage combines the Oshibori ritual (body cleansing with a warm towel) and a holistic full-body, face, and head massage. This deeply relaxing massage features subtle, rhythmic movements that envelop the body, providing exceptional care through the use of nourishing massage oil. The client can choose the aroma of the oil for the massage.

Duration: **80 MIN**
Price: **380 PLN**

MASAŻ 360° EXPERIENCE by SCENS

A releasing facial and body massage performed with a base of Indian hemp, arnica, patchouli, and clove oil. The full 360 ° massage covers the head, face, neck, décolletage, and entire body. The ideal massage for those experiencing bruxism, which often causes headaches and neck pain due to teeth grinding during sleep.

Duration: **75 MIN**
Price: **370 PLN**

HOT STONE MASSAGE by GRANO

A hot stone massage offers a unique experience, combining deep relaxation elements with subtlety and sensuality. The thermal sensation of warm basalt stones placed on strategic body points stimulates the senses and induces a state of deep relaxation. The harmonious warmth of the stones and smooth therapist movements intensify the experience, relieving both the body and mind.

Duration: **50 MIN**
Price: **320 PLN**

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RELAXING MASSAGE ABSOLUTE RELAX
by SCENS

A relaxing massage enveloping the body and senses with bergamot and lavender oils. Designed for individuals wanting to escape daily routine and regain inner harmony while maintaining spiritual balance.

Duration: **50 MIN**
Price: **310 PLN**

DRAINING BIO-DETOX MASSAGE
by SCENS

A draining massage that stimulates metabolism and supports toxin elimination, combining manual techniques, WOOD THERAPY by SCENS, and oils from geranium, chia, and baobab.

Duration: **50 MIN**
Price: **310 PLN**

FULL LEG MASSAGE ABSOLUTE RELAXING LEGS by SCENS

A massage that brings relief and a feeling of lightness to tired, heavy legs while preventing fluid retention

Duration: **50 MIN**
Price: **295 PLN**

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CLASSIC MASSAGE by GRANO

Full-body massage with warm oil, using classical massage techniques of kneading, pressure, and rubbing, relaxing tight muscles. The classic massage improves blood circulation, alleviates pain, and contributes to overall relaxation.

Duration: **50 MIN**
Price: **330 PLN**

ANTIS-TRESS BACK MASSAGE by GRANO

A special back massage designed to level muscle tension and reduce stress. Perfect after a long trip, intense workday at the computer, or workout, it helps relax tight muscle areas, providing relief and relaxation.

Duration: **25 MIN**
Price: **200 PLN**

FOOT MASSAGE by GRANO

A relaxing foot massage with elements of acupressure using DECONTRACTURANTE oil from the Scens brand, containing anti-inflammatory and analgesic properties. Active ingredients such as arnica, hemp, cloves, and sesame in the oil contribute to decreasing swelling and pain related to muscle tension and contractions.
Ideal after long walks or intense workouts.

Duration: **25 MIN**
Price: **200 PLN**

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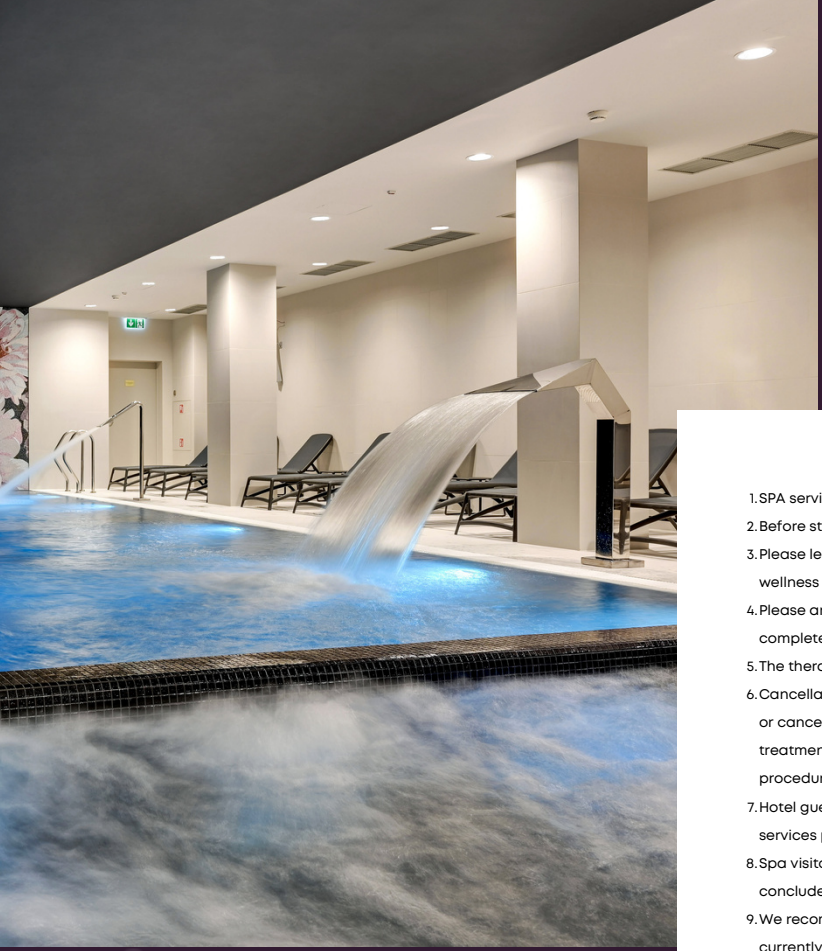

SPA REGULATIONS

1. SPA service reservation is required.
2. Before starting the treatment, take a shower.
3. Please leave valuable items in the locker or hotel room. Grano SPA does not take responsibility for items left in the wellness area.
4. Please arrive at the SPA directly to your treatment room 10 minutes before your scheduled appointment to complete the Consultation Card. Any late arrival will result in reduction of the treatment time.
5. The therapist has the right to refuse to perform the treatment if there are contraindications for its execution.
6. Cancellation of reservations can be made without charge if made at 8 hours before the scheduled time. No-shows or cancellations made less than 8 hours before the appointment will result in a charge of 50% of the ordered treatment value or 100 PLN (whichever is greater) or the full cost of the procedure without specifying the cost of the procedure.
7. Hotel guests have the option to charge their Purchase to the room where they have checked in for products and services purchased at the SPA. The invoice will be settled upon the day of checkout from the Hotel.
8. Spa visitors not staying at the hotel will settle their payment at the SPA Reception after the procedure has concluded.
9. We recommend booking SPA services in advance. In the absence of prior booking, the guest may choose from the currently available services.
10. Group reservations (minimum 6 people) must be confirmed 7 days before the scheduled time and paid for in the amount of 50% of the total cost of the reservation (non-refundable). If confirmation and payment are not received within the stipulated period, the reservation will be canceled.
11. Vouchers for the SPA can be purchased as gifts for use in the SPA in the form of a series of treatments or packages for a single realization. Vouchers are not refundable, and the expiration date cannot be extended.
12. The consumption of alcohol or drugs is forbidden at Grano SPA.
13. The therapist has the right to discontinue the treatment if the guest behaves inappropriately. The SPA Reception will charge for the full time reserved for the interrupted procedure, regardless of the time when the procedure was interrupted.
14. Grano SPA reserves the right to change the offer and opening hours.
15. Grano SPA reserves the right to perform procedures only for persons over the age of 16.
16. Pregnant women may book appointments exclusively for manual facial treatments or gentle massages after the completion of the first trimester.
17. The current fee list is available on the website or at the SPA Reception. SPA disclaims responsibility for the non-updated price list in hotel applications.
18. Booking a procedure time implies acceptance of these regulations by the guest.

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