

# REGULATIONS ARENA SPA & WELLNESS

## HOTEL ARENA Spa & Wellness

Hotel Management will be grateful for your cooperation with abiding by these regulations, which help to assure safe and peaceful stay for all our Guests.

1. Spa Arena is a facility located in Tychy, on Gen. de Gaulle`a 8 Street.
2. The Spa is open daily from 10.00 a.m. to 9 p.m.
3. Guests using the Spa are obliged to read the Regulation.
4. The Spa, among other things includes a cedarwood sauna, a steam sauna, a salt spring cave, a swimming pool and a jacuzzi.
5. The Spa is a rest and relaxation zone.
6. During conversations we ask to keep voice down to provide a peaceful rest to other Guests.
7. In the Spa Arena children over the age of 3 are allowed to enter. Clients who has not reached the age of 18 can use the Spa only with adult supervision. Children under age of 3 cannot stay in the Spa area
8. 8. To the Spa cannot enter person who:
  - is under the influence of alcohol or drugs
  - has an open wound or inflammation of the skin
  - has any sort of symptoms of a medical condition that could create a danger of drowning
  - by his behavior creates threaten to Guests and staff
  - shows visible signs of lack of hygiene
9. Guests with diseases: diabetes, heart problems, high or low blood pressure or taking antithrombotic pills, antihistamines pills, sedatives or other medications are ought to talk to a doctor before using the Spa
10. On the premises there is a ban on smoking, drinking alcohol, entering with your own alcohol or food and using any kind of glass.
11. While using the Spa you can purchase drinks available within the Spa, that are delivered in safe dish (vessel).
12. It is forbidden to have drinks while using jacuzzi or swimming pool.
13. On the premises of the Spa we keep silence. Staff have right to ask to leave person who do not abide the rules of keeping silence or disturb using the Spa to other Guests.
14. In facility is forbidden running, jumping into the pool, pushing and throwing people and possessing sharp objects (watches, bracelets, jewelry).
15. Guests violating public order or terms of the Spa Regulation will be removed from facility without reimbursement.
16. Staff do not take responsibility for properties left in locker room or in area of the Spa
17. Before entrance the Spa, Guest should wash body in the shower.
18. Guest should change shoes to flip flops given at the entrance.
19. In the Spa Arena, the use of a swimsuit is required except for the Saunas Area. Guests may, at its own discretion, use the Saunas Area in the swimsuit or without one.
20. Bathrobes are given to the Guests that use treatments and massages or who wish to rent one.
21. Cedarwood sauna, steam room, salt spring cave and heated sunbeds are turned on for Guest request.
22. To cedarwood sauna entrance is with loincloth, without flip flops.
23. To steam room and salt spring cave entrance is without loincloth or flip flops.
24. It is forbidden to put or add products to the Spa devices or swimming pool (excluding staff).
25. Classes at the swimming pool take place in groups in presence of a lifeguard or a swim instructor in order to schedule.
26. Group at the pool cannot include more than 15 members per one person in charge.
27. Subject to the rules of applicable law, Arena Hotel spa & wellness, its owners and staff are not responsible for death, injuries, harm to the health or property occurred in the area of Spa Arena in time of using, (if not at fault).
28. Every irregularities or malfunctions that have an influence on exploitation of the Spa should be registered.
29. In the interest of safety of our Guests we kindly ask for abiding the rules.

*The Management of  
the ARENA Spa & Wellness HOTEL*



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## RELAX AT THE ARENA SPA



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