



MENU SPA ENGLISH





SCENS

ORGANIC&VEGAN

SCENS – a unique dimension of unisex cosmetics

Spanish line of ORGANIC & VEGAN skin care products, which includes pure, natural and powerful active ingredients, extracted from the most exclusive plants and flowers of our planet. Through their use, we ensure natural brightening and significant improvement in the condition of the skin. A brand inspired by nature ensures the highest effectiveness of care.

FACE CARE

WOW treatment

75 min | 590 PLN

illuminating, with glass bubble massage

Exclusive treatment based on the latest generation of AHA, BHA and PHA acids, which provide the facial skin with an extraordinary glow, while improving its structure and hydration. Ideal to alleviate damage caused by sunlight and pollution. A true booster of skin luminosity and lushness for a „wow” effect. Especially recommended for dull and lackluster skins.

Organic & Vegan Hygiene treatment for all skin types

75 min | 490 PLN

A deep cleansing treatment based on Organic & Vegan cosmetics, will help remove impurities from the skin of the face, neck and décolleté, and eliminate the damage caused by urban pollution. The combination of cleansing and detoxifying substances results in fresh, smoothed and brightened skin.

Hydra green
for dry, dehydrated, sensitive skin

75 min | 490 PLN

Ultra-hydrating treatment with a „new skin” effect. Instantly restores comfort and a proper level of hydration to the skin. Thanks to the use of precious oils, including argan and avocado, the skin acquires a beautiful appearance and immediate radiance. Ideal for dry (dehydrated) and mature skin that needs regeneration, revitalization and calming.

Elixir Repair treatment
regeneration and restoration of radiance

75 min | 420 PLN

Ultra regenerating repairing treatment with ginkgo extract and Centella Asiatica, strengthens the protective barrier, smoothes and firms. Recommended for dehydrated skin in need of nourishment and elasticity. The rich, creamy texture of the lotion will provide immediate relief to even the most tired skin.

BODY CARE

Firming treatment
BIO FIRMING

60 min | 490 PLN

An intensive firming body treatment that is a combination of maderotherapy and the active ingredients in the mask, such as orange, carrot and ginger, which firm and improve the elasticity of the skin and give it a natural glow. When performing this treatment, we use the **Wood Therapy by SCENS** method, which combines classic Thai massage with the use of dedicated wooden tools.

BOTANICAL body shaping treatment

60 min | 490 PLN

A treatment that helps to reduce excess body fat. A body wrap of algae and sea mud generates heat to eliminate toxins, making the skin soft and firm. The effect is guaranteed by a specialized anti-cellulite oil based on cedar, grapefruit and geranium and the **Wood Therapy by SCENS** method.

ORGANIC BODY SCRUB MASSAGE
ultra moisturizing scrub and full body massage

60 min | 390 PLN

The special scrub formula provides a unique experience, deeply cleanses, nourishes and leaves the skin soft and smooth. The composition of lavender, grape seed and baobab body oils on which the massage is performed will provide hydration, soothing and relaxation of the body and mind.

Peeling ORGANIC BODY SCRUB

50 min | 250 PLN

Salt and oil scrub composed of 3 exclusive salts: himalayan, french and Dead Sea, and 6 essential oils: lavender, cypress, geranium, chamomile, rosemary and bitter orange. It deeply cleanses, nourishes and leaves the skin soft and smooth.

WOOD THERAPY

or maderotherapy, is a very old Chinese massage technique that we use during SCENS brand body treatments.

It is used for:

- body shaping
- reducing cellulite and localized fatty tissue
- removal of accumulated tissue fluids

The tools used in this massage technique are made of wood, and their shape is designed to allow free movement and adapt to each area of the body.



RITUALS for the face and body

ORGANIC & VEGAN HYDRA INTENSE

100 min | 650 PLN

facial treatment + body scrub and massage

A ritual combining facial and body care, which provides the skin with the most valuable active ingredients in the form of argan oil, avocado oil and hyaluronic acid, which are essential to maintain the proper level of skin hydration and regain youth and vitality. The combination of effective products and specialized manual techniques is a guarantee of a unique experience and absolute relaxation, and thanks to the use of a unique scrub and massage oil, the skin is regenerated and brightened.

ORGANIC & VEGAN HYDRA BASIC

75 min | 550 PLN

facial treatment + body massage

A perfectly calming ritual based on cosmetics with baobab, lavender and bergamot oils and hibiscus extract. Thanks to its powerful properties, it intensively moisturizes and nourishes the skin and stimulates all the senses, adding vitality and restoring well-being.

MASSAGES by SCENS

360° EXPERIENCE MASSAGE

70 min | 470 PLN

Relaxing facial and body massage performed with oil based on cannabis, arnica, patchouli and clove oil. The 360° full-body massage covers the head, face, neck, décolletage area and the entire body. Ideal for people after heavy fatigue to reduce muscle pain.

BIO DETOX DRAINAGE

60 min | 350 PLN

A draining massage that stimulates metabolism and aids the elimination of toxins. Thanks to the compositions of essential oils of cedar, geranium, grapefruit and the manual techniques of **Wood Therapy by SCENS**, the body becomes firmed and smoothed.

SELVERT

T H E R M A L

G E N È V E - B A R C E L O N A

Swiss perfection and excellence using the most modern and highly effective advances in biotechnology and pharmacology. At the core of Selvert Thermal's brand philosophy is the belief that in order for the skin to stay healthy and look good, it is essential to support its immune system.

FACE CARE

SOIN D'OR – LUXURIOUS TREATMENT WITH 24K GOLD 90 min | 1290 PLN

Instantly tightens and smooths wrinkles. It has an intensive anti-aging effect. Gives radiance and glow. It is an excellent alternative to aesthetic medicine.

PEPTID LIFT 70 min | 770 PLN

Peptide gift for firm and smooth skin. It lifts the oval of the face in a non-invasive way.

SPLENDOR HYALURONIC & VITAMIN B3 70 min | 770 PLN

Strongly firming and hydrating treatment. Thanks to high-molecular hyaluronic acid, it stimulates collagen synthesis with an anti-aging and nourishing effect.

LIGNE DE REGENERATION ABSOLUE 70 min | 670 PLN

Treatment composed on the basis of snail protein extract. Strong regeneration of gray, tired and pale skins.

AQUAFRESH 70 min | 590 PLN

Ultra-hydrating and smoothing treatment that will bring a younger, glowing appearance and excellent skin condition to the skin. Recommended for all skin types.

BODY CARE

SELVERT THERMAL SOIN D'OR WITH 24K GOLD

100 min | 990 PLN

Exclusive treatment with full body and head massage for special occasions. Moisturizes, rejuvenates, firms and brightens the skin. An ideal banquet treatment.

CORPORELLE: SLIMMING AND ANTI-CELLULITE BODY TREATMENT

70 min | 520 PLN

Highly effective treatment for all types of resistant or diffuse cellulite and for hard and compacted fatty tissue. Hydrates, firms, moisturizes, normalizes and rebuilds. Treatment combined with glass bubble massage.

CORPORELLE: REGENERATING BODY TREATMENT

70 min | 520 PLN

Care for skin requiring hydration, improved elasticity and regeneration. Recommended for pregnant women.



PHYSIO-MED TREATMENTS

Specialized rehabilitation treatments. We teach pro-healthy habits, promote an active lifestyle and give importance to prevention in the broadest sense.

HOLYSTIC THERAPY*

60 min | 450 PLN

Individually tailored therapy preceded by a consultation: fascial therapy, manual therapy, therapeutic massage, trigger point therapy.

*ask our therapist for details

SEANS WAVE SPA

30 min | 170 PLN

60 min | 250 PLN

Sound and vibration therapy, bringing deep relaxation and regeneration.

*Wave SPA therapy after a selected massage from the regular menu - 20% discount.

PHYSIOTHERAPY CONSULTATION

100 PLN

If you purchase a Physio-Med treatment at Aries SPA, the physiotherapy consultation is free of charge in the price of the treatment.



HI-TECH TREATMENTS

INTRACEUTICALS - „CELEBRITY TREATMENT” - is an Australian method of non-invasive skin rejuvenation. Its effectiveness is ensured by combining hyperbaric oxygen technology with hyaluronic acid and active ingredients.

REJUVENATE WITH VIT. C – OXYGEN INFUSION

75 min | 740 PLN

Treatment with vitamin C and hyaluronic acid.

BOOSTER WITH COLLAGEN - OXYGEN INFUSION

75 min | 740 PLN

Treatment with collagen.



BODY MESSAGES

Performed with individually selected classical massage techniques using high-quality preparations in the form of oils, creams, butters, as well as wax, candles and stones.

CEREMONY FOR TWO in the VIP Room (treatments for 2 people)

90 min | 590 PLN

A ritual of joint massage of the whole body, preceded by a session in the Infrared sauna, which relaxes, relieves pains, improves circulation and regenerates.



MASSAGE ARIES - Author's massage with cranberry

70 min | 400 PLN

Relaxing body and head massage scented with fresh cranberries. Enriched with warm stones and the author's massage scheme, it relaxes tense parts of the body and leads to a balance between body and mind.

WHOLE BODY MASSAGE WITH WARM CANDLE AND DRY SCRAPING

70 min | 360 PLN

Dry scrubbing and relaxing body massage with candle wax.

HOT STONE MASSAGE

70 min | 360 PLN

Manual body massage combined with hot stones.

*recommended in spring and autumn-winter period.

JAPANESE „NON-SURGICAL LIFTING OF THE FACE”

70 min | 350 PLN

Traditional Japanese massage of the face, neck, décolleté and head, which gives immediate rejuvenating and modeling effects.



MASSAGE ARIES with the scent of pine author's pine-herbal massage

40 min | 320 PLN

Combination of author's back and head massage techniques, finished with a massage with the sound of original Tibetan bowls. Pine-herbal massage helps to reduce stress and muscle tension, provides blissful relaxation and relaxation.

WHOLE BODY MASSAGE

50 min | 290 PLN

Intensive relaxation of the body.

BACK / LEGS MASSAGE

25 min | 200 PLN

Intensive relaxation of a selected body part - back or legs.

WORLD MESSAGES

Performed by specialists from Thailand.

MASSAGE WITH HOT HERBAL STAMPS

90 min | 460 PLN

120 min | 520 PLN

THAI MASSAGE WITH HOT OILS

60 min | 400 PLN

90 min | 520 PLN

TRADITIONAL THAI MASSAGE

60 min | 360 PLN

90 min | 480 PLN

SPORT THAI MASSAGE

60 min | 400 PLN

90 min | 520 PLN

THAI BACK, SHOULDER, NECK AND HEAD MASSAGE

60 min | 340 PLN

FEET REFLEXOLOGY

Thai feet and calf massage

30 min | 190 PLN

60 min | 240 PLN



ADDITIONAL SERVICES

CLASSIC MANICURE	60 min 120 PLN
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MANICURE WITH NAIL POLISH	90 min 160 PLN
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HYBRID MANICURE	90 min 180 PLN
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REMOVAL OF HYBRID MANICURE FROM THE HANDS	30 min 40 PLN
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CAVITATION PEELING	100 PLN
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facial skin cleansing with ultrasound

EYE PATCH TREATMENT	100 PLN
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lifting skin care around the eyes

SPA RULES & REGULATIONS

1. The use of Aries SPA facilities is tantamount to reading and acceptance of these rules & regulations.
2. SPA services are available to persons 16 years of age or older. Minors require consent and the presence of a legal guardian during treatments.
3. We recommend you arrive 10 minutes prior to your appointment time to enjoy the facilities and to ensure your treatment starts on time.
4. Being late more than 10 minutes may result in a reduction of your treatment experience, while the treatment price remains the same.
5. To ensure that the highest quality services are provided to you at the SPA, please fill out the Guest Card prior to the treatment. We ask you to fill it out only once on your first visit so we can familiarize ourselves with the current state of your health. Members of staff are not responsible for any consequences resulting from treatments performed despite existing contraindications, which were not disclosed.
6. Should you wish to reschedule or cancel any spa appointments, please notify the SPA by 6:00 p.m. the day prior to the scheduled appointment.
7. An appointment canceled after 6:00 p.m. the day prior to the scheduled appointment or a missed appointment is subject to a charge of PLN 50 for every 30 minutes of the reserved treatment.
8. The charge referred to in clause 7 will be added to the Guest's hotel bill.
9. Cancellation of the reservation is considered to have been made at the time of its written confirmation by an Aries SPA employee.
10. It is prohibited to be under the influence of alcohol, narcotics or psychoactive substances on the Aries SPA premises.
11. The SPA staff is not responsible for valuable items left at the SPA.
12. Aries SPA is a place to restore your energy and relax. As a courtesy towards other Guests, we ask you to keep the noise down and refrain from the use of mobile phones inside the SPA area.
13. An employee has the right to refuse to perform the treatment should there be any contraindications.
14. The SPA manager reserves the right to terminate the treatment should a member of staff encounter inappropriate behavior of the Guest (aggression, unambiguous proposal, etc.).
15. Aries SPA reserves the right to change its treatment offer and opening hours at any time without notice.



www.hotelearies.pl

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