




THE HIDDEN CHAMBER  
Wellness & SPA

# TREATMENTS

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Welcome to the relaxing world of SPA,  
Where every moment turns into a beautiful memory.  
The Hidden Chamber is a zone created with the needs of relaxation in mind,  
beauty, luxury, relaxation and vitality.

Rose gardens, lavender gardens, apple orchards and a clam park have indicated  
us extraordinary paths for the care of body and soul. Love for nature and its  
fruits became the seed for the creation of unique rituals that, thanks to the  
unique properties allow you to achieve deep relaxation.

We combined our ideas with world trends in the field of care  
and together with the exclusive Dibi Milano brand  
we are exploring the paths of beauty.

**HIDDEN SPA CHAMBER IS A UNIQUE PLACE  
FOR YOU AND YOUR FRIENDS**



## A PATH AROUND THE PALACE - RITUALS



Each of our rituals is a journey into the world of the senses, worthy of royal chambers. Surrounded by unusual aromas, the welcome of youth will begin with a full body scrub, which will perfectly cleanse your body, improve circulation and oxygenate the tissues.

You will feel additional pleasure thanks to warm compresses, which will maximally nourish the skin of the entire body. Into a wonderful state of deep relaxation and relaxation is introduced by a relaxing massage. In the meantime, we will make sure that a complex of active substances instantly smooth, moisturize and firm the skin of the face.

The ritual will be completed with hand and foot care.

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### CLEMENTINE IN THE ROSE GARDEN

90 min / PLN 590

Aromatic ritual filled with the scent of rose flowers,

Bringing gentle soothing and calming. It introduces a state of relaxation and indulgence.

Silky skin wrapped in a subtle note of rose oil will provide the effect of relaxation for a long time.



### BALANCE FROM NATURE

80 min / PLN 49

A ritual that makes you feel good about yourself and your body.

A mixture of sensual sensations relieves stress and has a positive effect on your mood.

### WALK AMONG THE APPLE TREES

75 min / PLN 390

A juicy and energizing ritual amidst the enticing scent of apple trees and fruit trees.

A fresh note that adds a feeling of lightness and energy for action.

Nourished and moisturized skin.





## ELIXIR OF ETERNAL YOUTH - FACIAL TREATMENTS



At the Hidden Chamber, we celebrate the luxury of being beautiful every day and help you discover beauty anew. Personalized path to beauty through the unique properties of Dibi Milano's high-end cosmetics.

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### THE SECRET OF BEAUTY

55 min / PLN 470

A strongly lifting treatment. Modeling of the oval of the face,  
Reduction of wrinkles and firming.



### ELIXIR OF YOUTH

55 min / PLN 440

Antioxidant elixir of youth, oxygenation,  
hydration and improvement of skin tone.

### GOLDEN ELIXIR

55 min / PLN 490

The ultimate in luxury, active flakes of 24 carat gold.  
Perfectly moisturized, illuminated and radiant skin

### THE SECRET OF LONGEVITY

55 min / PLN 390

Filling in wrinkles, firm and tight skin, perfect smoothing.







## SECRETS OF SILKY SKIN - BODY

Every skin needs to relax, smooth, regain energy or a beautiful appearance. A pampered, nourished skin gives you special moments of well-being and allows you to release the production of happiness hormones.

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### CHOCOLATE REGENERATION

55 min / PLN 290

Treatment with chocolate mass has a positive effect on the condition of the skin.

Regulates the nervous and immune system,  
calms and stimulates the will to live.



### MORNING BRYZE




30 min / PLN 150

A deeply moisturizing treatment based on marine components such as laminaria alga, red algae sterols and marine polysaccharides.

### BODY PEELING

30 min / PLN 150

Immediate hydration and smoothing of the body thanks to peeling salt or sugar particles, selected according to skin type and needs.






## **PALACE RECIPES - MESSAGES**

Massage is one of the greatest pleasures you can give your body and soul. Great feeling, natural stimulation of the skin together with hot oil and the soothing power of touch will bring relaxation and restore energy to life.

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### **AFTER THE PALACE FEAST - RELAXING MASSAGE WITH HOT OIL**


50 min / PLN 250



A gentle full body massage will bring relief after a tiring day and an intense evening. It will relax the whole body and improve metabolism, stimulating blood and lymph microcirculation.

### **AFTER A LONG JOURNEY - MASSAGE WITH HOT STONES**

70 min / PLN 330



Stimulating circulation and warming muscles massage with hot stones will allow pleasant relaxation and relaxation, as well as strengthen the immune system. Essential oils will soothe the mind.




### **AFTER A HORSE RIDE - MUSCLE RELAXING CLASSIC MASSAGE**

50 min / PLN 240


An intensive massage to relax tense muscles, relieves muscle pain and reduces tension and cramps.

### **PARTIAL MASSAGE FOR A SELECTED PART OF THE BODY**

30 min / PLN 150



A relaxing massage for a selected body part, reduces local pains and tense muscles, relaxes and at the same time adds energy.









## **BALINESE MASSAGES**

Balinese massages are a unique journey into the very heart of the Orient. The unquestionable advantage of Balinese massages is the fact that it is performed exclusively by massage therapists from Bali. Put yourself in the hands of our specialists and enjoy the beneficial effects of this massage technique on your body and mind.

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### **LOMI LOMI MASSAGE**

55 min / PLN 310

Relaxing, exotic ritual that through touch deeply cleanses spiritually and physically, and restores balance. It has a relaxing effect, stress relieving, slimming and analgesic.

### **BALIAN MASSAGE**

55 min / PLN 310

A pleasant and relaxing Balinese massage. The purpose of the massage is to improve flow of blood and lymph in the body. The effect of the massage is immediate relaxation, reduced fatigue and stress reduction

### **SPORTS RECOVERY**

55 min / PLN 320

Regenerating, very intensive Balinese massage. An excellent choice for tired muscles, The goal is to restore fitness, improve blood circulation and oxygenation of muscles and skin. Recommended for people leading active lifestyles.

### **FOOT REFLEXOLOGY**

30 min / PLN 190

A gentle massage that works on the reflex areas in the feet, which have a direct connection with all organs, glands and parts of the body. Reflexotherapy to the sounds of relaxing music harmonizes the circulation of energy throughout the body.





## SPA FOR HANDS

### BEAUTIFULLY CARED FOR HANDS

Hand massage  
PLN 100

Hand peeling  
PLN 60

Paraffin bath  
PLN 140

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## SPA FOR FEET

### SMOOTH AND BEAUTIFUL FEET

Foot massage  
PLN 120

Foot peeling  
PLN 80

Paraffin bath  
PLN 140





**Informations and reservations:**

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