

Treatments available with the offer:

| TREATMENTS GROUP | TREATMENT | ESTIMATED DURATION |
|-------------------------|--|---------------------------|
| MASSAGE | Partial massage | 25 min |
| | Pneumatic BOA massage | 25 min |
| PHYSICOTHERAPY | Electrogalvanization | 15 min |
| | Ionophoresis | 15 min |
| | Diadynamic current | 15 min |
| | Interferential current | 15 min |
| | Kotz stimulation | 15 min |
| | Tens stimulation | 15 min |
| | Electrostimulation | 15 min |
| | Low frequency magnetic field | 25 min |
| | Sollux lamp | 15 min |
| | Local cryotherapy | up to 5 min |
| | High-energy laser | up to 15 min |
| | Ultrasounds | up to 10 min |
| BALNEOLOGY | Brine bath | 15 min |
| | Carbonic acid bath | 15 min |
| | Dry carbonic acid bath | 10 min |
| | Dry ozone bath (oxygen) | 10 min |
| | Pearl bath | 15 min |
| | Hydromassage | 15 min |
| | Whirlpool bath for lower limbs | 15 min |
| KINESIOTHERAPY | Outdoor group exercises | 55 min |
| | Circuit training with a physiotherapist | 25 min |
| | Group exercises in the gym | 30 min |
| | Group breathing exercises in a brine chamber | 25 min |
| | Group exercises in the brine pool | 30 min |

The selection of the set of treatments is made by the physiotherapist during the initial qualification visit. An integral part of the therapy is group activities in the gym, in the brine pool or outdoors.