

Treatments available as part of the offer:

| Treatments group | Treatment | Estimated duration |
|-------------------------|--|---------------------------|
| Massage | BOA mechanical lymphatic massage | 25 min |
| | Partial lymphatic massage | 25 min |
| | Partial massage | 25 min |
| | Manual therapy | 30 min |
| Hydrotherapy | Brine bath | 15 min |
| | Ozone bath | 15 min |
| | Pearl bath | 15 min |
| | Hydromassage | 15 min |
| Dry baths | Dry carbonic acid bath | 10 min |
| | Dry ozone bath (oxygen) | 10 min |
| Thermotherapy | Local cryotherapy | do 5 min |
| Kinesitherapy | Outdoor group exercises | 55 min |
| | Group exercises in the gym | 30 min |
| | Breathing exercises in the brine chamber | 25 min |
| | Group exercises in the brine pool | 30 min |

The selection of the set of treatments is made by the physiotherapist during the initial qualification visit. An integral part of the therapy is group activities in the gym, brine pool or outdoors.