

STAY PROGRAM

AUGUST LONG WEEKEND 13.08-17.08

*INCLUDED IN THE SUMMER HOLIDAYS 2025 PACKAGE; ADDITIONAL FEE FOR OTHER GUESTS.
**WORKSHOPS FOR ADULTS. PLEASE REGISTER IN ADVANCE AT RECEPTION.
***INCLUDED IN THE AUGUST WEEKEND PACKAGE; ADDITIONAL FEE FOR OTHER GUESTS.

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		5.00 SUNRISE WALK***		
		BREAKFAST 7.00-10.30		9.00-10.30 LIVE COOKING
			7.00-8.00 MORNING YOGA	
10.30-11.00 VISIT TO DOSŁOŃCE FARM: FEEDING ANIMALS WITH CARETAKER, VISIT TO THE HENHOUSE				
11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, FARM-THEMED MASK MAKING, AND OUTDOOR GAMES	11.00-12.00 FOREST BATHING WITH A WELLNESS GUIDE	11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, PASTA JEWELRY, AND NATURE WALK	10.30-17.00 WELLNESS & FARM FESTIVAL LOCAL FLAVORS, CREATIVE WORKSHOPS, LOCAL PRODUCERS	11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, BAKING ROLLS, LITTLE GARDENER - PLANTING GREENS
13.00-14.00 HEALTHY SOUP POT FOR KIDS*				
16.30-17.00 GARDENING WORKSHOP**	16.30-17.00 LOCAL PRESERVES WORKSHOP***	14.00-15.00 FOREST BATHING WITH A WELLNESS GUIDE	14.00-15.00 FOREST BATHING WITH A WELLNESS GUIDE	16.00 ANIMAL FEEDING & WALK
17.30-18.30 BALINESE MASSAGE TECHNIQUE DEMONSTRATION		15.00-15.30 BALINESE MASSAGE TECHNIQUE DEMONSTRATION	16.00-17.00 YOGA IN NATURE	17.00-18.00 STEAM SAUNA CARE SESSION
18.00-21.00 DINNER AT THE RESTAURANT	18.00-21.00 DINNER - BBQ & BONFIRE FEAST	17.30-18.30 LECTURE: AYURVEDA IN DAILY LIFE***	16.00 BONFIRE	18.00-21.00 DINNER AT THE RESTAURANT
		18.00-21.00 DINNER AT THE RESTAURANT	18.00-21.00 DINNER AT THE RESTAURANT	20.00-20.30 TASTING OF LOCAL LIQUEURS
20.00-20.30 AUDIO RELAXATION		20.00-21.00 YOGA PRACTICE	19.00-21.00 EVENING WITH LIVE MUSIC	20.00-20.30 AUDIO RELAXATION
20.00-21.00 CHILDREN'S MOVIE NIGHT				