

STAY PROGRAM

AUGUST LONG WEEKEND 13.08-17.08

\*INCLUDED IN THE SUMMER HOLIDAYS 2025 PACKAGE; ADDITIONAL FEE FOR OTHER GUESTS.  
\*\*WORKSHOPS FOR ADULTS. PLEASE REGISTER IN ADVANCE AT RECEPTION.  
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WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		5.00 SUNRISE WALK***		
		BREAKFAST 7.00-10.30		9.00-10.30 LIVE COOKING
10.30-11.00 VISIT TO DOSŁOŃCE FARM: FEEDING ANIMALS WITH CARETAKER			10.30-17.00 WELLNESS & FARM FESTIVAL LOCAL FLAVORS, CREATIVE WORKSHOPS, LOCAL PRODUCERS	10.30-11.00 VISIT TO DOSŁOŃCE FARM
11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, FARM-THEMED MASK MAKING, AND OUTDOOR GAMES	11.00-12.00 FOREST FAMILY BATHING WITH A WELLNESS GUIDE	11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, PASTA JEWELRY		11.00-13.00 KIDS' ACTIVITIES: BUNNY FARM, BAKING ROLLS, LITTLE GARDENER – PLANTING GREENS
14.00-15.00 OPEN CONSULTATION WITH WELLNESS COACH		13.00-15.00 HEALTHY SOUP POT FOR KIDS*	11.30 EDUCATION ON FARM WITH GUIDE	
			13.00-14.00 YOGA IN NATURE	
16.30-17.00 GARDENING WORKSHOP ON THE FARM**	16.30-17.00 LOCAL PRESERVES WORKSHOP***	14.00-15.00 FOREST BATHING WITH A WELLNESS GUIDE	14.00-14.30 BREATHE IN NATURE	17.00-18.00 STEAM SAUNA CARE SESSION
17.30-18.30 BALINESE MASSAGE TECHNIQUE DEMONSTRATION			16.00 FOREST BATHING WITH A WELLNESS GUIDE	18.00-21.00 DINNER – BBQ & BONFIRE FEAST
18.00-21.00 DINNER AT THE RESTAURANT	18.00-21.00 DINNER – BBQ & BONFIRE FEAST	17.30-18.30 LECTURE: AYURVEDA IN DAILY LIFE***	18.00-21.00 DINNER AT THE RESTAURANT	
		18.00-21.00 DINNER AT THE RESTAURANT		
		19.00-19.30 TASTING OF LOCAL LIQUEURS	19.00-21.00 EVENING WITH LIVE MUSIC	20.00-20.30 AUDIO RELAXATION
20.00-20.30 AUDIO RELAXATION		20.00-21.00 YOGA PRACTICE		
		20.00-21.00 CHILDREN'S MOVIE NIGHT		