

VALENTINE'S PROGRAM

THE HOTEL RESERVES THE RIGHT TO MODIFY THE PROGRAM.
CHILDREN'S ACTIVITIES ARE INTENDED FOR CHILDREN AGED 4 AND ABOVE.
*ADVANCE REGISTRATION IS REQUIRED.
**APPLIES TO THE HOLIDAY PACKAGE; FOR OTHER GUESTS, AVAILABLE AT AN ADDITIONAL CHARGE..

FRIDAY 13.02	SATURDAY 14.02	SUNDAY 15.02
BREAKFAST 7.00-10.30		
9.00-10.00 LIVE COOKING		
8.00-9.00 MORNING YOGA		
10.30-11.00 VISIT TO THE FARM ENCLOSURE – ANIMAL FEEDING, A WALK WITH ZOSIA THE DONKEY AND THE ALPACAS, AND A VISIT TO THE HENHOUSE		
11.00-13.00 CHILDREN’S ACTIVITIES: BUNNY ENCLOSURE AND CREATIVE WORKSHOP “HEART TO HEART”	11.00-13.00 CHILDREN’S ACTIVITIES: BUNNY ENCLOSURE BAKING AND DECORATING CHOCOLATE COOKIES	11.00-13.00 CHILDREN’S ACTIVITIES: BUNNY ENCLOSURE VALENTINE’S JEWELRY MAKING WORKSHOP
	12.00-13.00 FOREST BATHING – MINDFUL NATURE WALK	
13.00-14.00 SOUP FOR KIDS**		
15.00-16.00 BALINESE MASSAGE TECHNIQUES DEMONSTRATION	16.00-17.00 APHRODISIAC CUISINE – CULINARY WORKSHOP FOR COUPLES*	17.00-18.00 NOURISHING SAUNA RITUAL
17.00-18.00 NOURISHING SAUNA RITUAL	17.00-17.45 BONFIRE WITH SAUSAGE ROASTING	
18.00-21.00 DINNER SERVED AT THE HARMONIA SMAKÓW RESTAURANT		
18.00-19.00 EVENING YOGA FOR A HEALTHY SPINE	18.00-18.30 YOGA FOR KIDS	19.00-21.00 FAMILY BOARD GAMES EVENING
19.00-19.30 LOCAL LIQUEUR TASTING	19.00-21.00 EVENING WITH LIVE MUSIC	
20.00-21.30 CINEMA FOR KIDS	20.00-21.00 EVENING YOGA WITH GUIDED RELAXATION	20.00-20.30 AUDIO RELAXATION
21.00-22.00 COUPLES’ MASSAGE WORKSHOP*	20.00-21.30 CINEMA FOR KIDS	