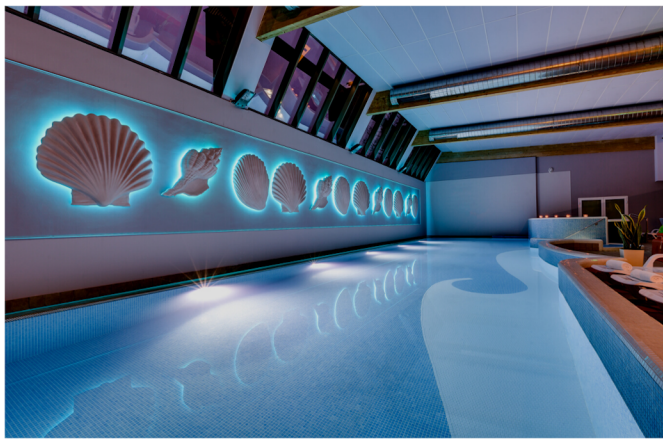


MENU SPA

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HOTEL AURORA

FAMILY & SPA



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AURORA
SPA & WELLNESS



FACE TREATMENTS

EXPRESS TREATMENT FOR SENSITIVE SKIN

180 ZŁ | 30 MIN

The treatment is intended for sensitive, reactive skin with visible vascular problems. It brings a feeling of comfort and soothes the skin.

EXPRESS MOISTURIZING TREATMENT

180 ZŁ | 30 MIN

A unique treatment with hyaluronic acid binding moisture in the epidermis with an immediate effect on the skin.

EXPRESS TREATMENT FOR MIXED SKIN

180 ZŁ | 30 MIN

The treatment is dedicated to combination and oily skin. It thoroughly cleanses the skin and regulates the work of sebaceous glands.

TEEN SPA - TREATMENT FOR TEENAGERS

250 ZŁ | 50 MIN

It's finally here! A treatment that effectively prevents acne. It starts with very gentle cleansing. Then, an exclusive peeling is applied to the skin to eliminate deep blackheads and calloused epidermis. A mask with antiseptic properties is applied to the face, created specifically to treat and soothe inflamed skin. The effect of this treatment is an improved structure and skin tone. Blackheads become less visible and redness disappears.

SENSIBEAUTICS FOR SENSITIVE SKIN

280 ZŁ | 50 MIN

A soothing treatment for sensitive, reactive skin with vascular problems. It minimizes redness, soothes and increases the tolerance threshold of delicate skin. The treatment provides the skin with all the necessary ingredients needed for its proper functioning, refreshes, soothes, soothes, brings a feeling of comfort and relaxation.

OCEAN TREATMENT FOR MEN

270 ZŁ | 50 MIN

Energizing and moisturizing treatment for men. The aim of the treatment is to even out the structure of the epidermis. The treatment consists of a peeling composed of papaya extract, diatomaceous earth, salt crystals and almond shells. At a later stage of the treatment, moisturizing and regenerating substances are used for the skin, so irritated during daily shaving.

ABSOLUTE HYDRATION RITUAL

270 ZŁ | 60 MIN

An unusual moisturizing and relaxing ritual that meets the needs of dehydrated skin. Taken from the depths of the ocean, the Save Blue complex supplies the very heart of cells with all the richness of marine ingredients: micro and macro elements and minerals. In combination with hyaluronic acid, it provides long-lasting hydration and stimulates the natural detoxification process of the skin, ensuring its fresh and radiant appearance.

POWER C+

270 ZŁ | 50 MIN

Modern care for skin tired by excessive sunlight and urban pollution. An extremely effective cocktail of active ingredients based on vitamin C and microelements, counteracts skin dryness, brightens discolorations, increases elasticity, adds radiance to the skin and increases its vitality. Recommended for dehydrated, dull skin and with signs of aging caused by UV radiation.

MANICURE

MANICURE

Classic manicure	65 ZŁ
Classic manicure with nailpolish	75 ZŁ
Classic manicure with French painting	80 ZŁ
Hybrid manicure	130 ZŁ
Hybrid manicure with French painting	150 ZŁ
Hybrid removal	50 ZŁ
Japanese manicure	90 ZŁ

PEDICURE

PEDICURE

Classic pedicure	120 ZŁ
Classic pedicure with nailpolish	140 ZŁ
Classic pedicure with French painting	150 ZŁ
Hybrid pedicure	160 ZŁ
French hybrid pedicure	170 ZŁ
Hybrid removal with a classic pedicure	130 ZŁ

HENNA AND REGULATION

HENNA AND REGULATION

Eyeblink regulation	40 ZŁ
Henna eyebrows + regulation	70 ZŁ
Henna eyebrows and eyelashes + regulation	90 ZŁ
Mustache depilation	40 ZŁ
Face depilation	60 ZŁ

BATHS

PEARL BATH

70 ZŁ | 30 MIN

Hydromassage bath.

RELAXING BATH WITH SALT

100 ZŁ | 30 MIN

A bath with the addition of salt, with a relaxing and relaxing effect.

CLEOPATRA'S BATH

120 ZŁ | 30 MIN

Bath in milk with the addition of sweet almond oil, moisturizes, nourishes and rejuvenates.

CHOCOLATE BATH

120 ZŁ | 30 MIN

Pleasantly relaxes, improves well-being, has a positive effect on the skin.

FLOATING CAPSULE

SESSION IN A FLOATING CAPSULE

160 ZŁ | 45 MIN

An innovative treatment that involves the body floating freely on the surface of a solution of water and Epsom salt. This salt has medicinal uses - just like in the Dead Sea. This treatment has a regenerating and relaxing effect. Perfect for people with skin problems and muscle pain.

FOOT MASSAGE WITH A BATH 120 ZŁ | 30 MIN

Great relaxation for tired and sore feet, unblocks energy flow zones throughout the body, removes fatigue.

HEAD MASSAGE 110 ZŁ | 20 MIN

A proposal for tired and stressed people, for whom a head massage is an excellent relaxation therapy. It removes the accumulated tension that often manifests as neck stiffness and headaches.

THERAPEUTIC MASSAGES

PELOID THERAPY WITH FOOT AND SPINE MASSAGE 210 ZŁ | 50 MIN

The therapy consists of mud compresses combined with a back and foot massage. It has a unique healing effect, wonderfully removes muscle tension.

MASSAGE CLASSIC 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

The most popular type of massage. Depending on its intensity, it can be relaxing, stimulating or energizing. The purpose of such a massage is, among others: eliminating the negative effects of stress and improving well-being, relaxing tense muscles, increasing their flexibility and elasticity, improving blood and lymph flow.

THERAPEUTIC MASSAGE OF THE SPINE 210 ZŁ | 40 MIN

Specialist massage recommended for people with back pain. This massage is used to relieve pain in the thoracic and lumbar region. Recommended especially for people who lead a sedentary lifestyle.

LYMPHATIC MASSAGE LOWER LIMBS 150 ZŁ | 30 MIN

It is a kind of specialized pressure massage, improving the circulation of lymph and tissue fluids in the body. Recommended in the treatment of lymphedema and lymph stasis. It improves metabolism, stimulates the lymphatic system, accelerates the body's cleansing processes.

BOA LYMPHATIC DRAINAGE 75 ZŁ | 30 MIN

BOA massage is performed using specially constructed trouser legs, filled with air under appropriate pressure. As a result, pressure waves are created, which effectively compress the body. The treatment is intended for people with heavy legs syndrome, water cellulite and problems with swelling and swelling of the legs.

SALT CAVE

SESSION IN THE CAVE 25 ZŁ/PER PERSON | 45 MIN

It has a positive effect on the respiratory, nervous and circulatory systems. After just one session, you can notice effects such as lower blood pressure or a sense of relaxation. Elements in the air also have a positive effect on the immune and digestive systems.

ANTI-AGING EYE TREATMENT 160 ZŁ | 30 MIN

An intensive treatment with a comprehensive effect on the eye area. The combination of science and nature has allowed us to create a unique treatment that will restore the radiant expression of the look and the youth and beauty of the skin around the eyes. It will reduce dark circles and puffiness under the eyes.

PURETE MARINE RITUAL 270 ZŁ | 50 MIN

Intensive cleansing and anti-acne ritual. Professional therapy, tailored to the needs of oily, seborrheic and acne skin. It combines the vital benefits of the depths of the ocean to restore healthy and clean skin. The treatment thoroughly cleanses the sebaceous glands, reduces the visibility of pores, restores the skin's full balance and dullness.

EXCLUSIVE FACIAL TREATMENTS

HYALU-PROCOLLAGENE TREATMENT 390 ZŁ | 50 MIN

The first spectacular anti-wrinkle treatment combining 3 types of hyaluronic acid and marine procollagen. It removes all signs of skin aging and precisely fills in wrinkles, even the fixed ones. The treatment is aimed at smoothing and moisturizing the skin, filling wrinkles and stimulating the synthesis of hyaluronic acid and new collagen fibers. Intended for people with dehydrated skin, with visible wrinkles, in need of hydration, filling and regeneration.

SILICIUM MARINE TREATMENT 420 ZŁ | 60 MIN

Luxurious rejuvenating and lifting treatment. Highly concentrated active ingredients such as hyaluronic acid, marine silicon, red algae provide immediate lifting and raising the oval of the face after the first treatment. The innovative Derma-Stim Massage models the oval of the face, makes the skin more flexible and tightens, reduces wrinkles and fine lines, stimulates the production of collagen and elastin.

BODY TREATMENTS

PEELING ESCAPE TO THE TROPICS 150 ZŁ | 30 MIN

It restores radiance to the skin and innovative, exfoliating sea salt crystals rich in concentrated minerals and essential oils make the skin velvety and smooth. The treatment mineralizes the skin and enhances the absorption of active substances. It is recommended before a massage or other body treatments.

COLD CREAM MARINE BODY RITUAL 270 ZŁ | 60 MIN

An extremely relaxing treatment dedicated to dry and dehydrated skin. Wonderful moments of bliss that will envelop the skin with the Cold Cream Marine complex, relieving the feeling of tension and discomfort and restoring the appropriate level of lipids to severely irritated skin. Relaxing movements and soothing gentle massage restore firmness, softness and velvety to the touch of even the most irritated skin.

**PERFECT BODY
SCULPT TREATMENT** 290 ZŁ | 60 MIN

An innovative treatment that effectively fights cellulite and body imperfections. Increases skin elasticity and firmness. The treatment is an ideal proposition for a localized problem related to cellulite or excess fat tissue. The preparations used for the treatment use two modern technologies that accurately hit the heart of the problem.

INDOCEANE TREATMENT 370 ZŁ | 90 MIN

This treatment is an extraordinary journey to the land of beauty and relaxation, during which you will learn the philosophy of China, Egypt, India and the Mediterranean basin, and your body will reach a state of complete relaxation. It is an offer for stressed people who need rest and relaxation. The basic ingredients of the products are the Qi-Marine complex, which is an extract from brown algae and lotus, which has a unique ability to revitalize and reduce stress.

BLACK ORCHID RELAX FOR HER 280 ZŁ | 75 MIN

A specially developed ritual based on ecological products. Consisting of three elements in which oriental massage techniques are performed. Products based on Shea butter, avocado oil, grape seed oil and vitamin E perfectly moisturize, regenerate and smooth the skin, leaving it silky smooth. This ritual is distinguished by a sensual, sensual fragrance that stays on the skin for a very long time.

WHISKEY RELAX FOR HIM 280 ZŁ | 75 MIN

A ritual dedicated to men who need quick and effective relaxation. A ritual with an elegant, oriental scent, performed on the basis of organic products by Organique, consisting of three elements in which oriental massage techniques are used. Particles of black rice, avocado oil, beeswax are some of the ingredients that will make the skin perfectly moisturized and properly nourished.

M A S S A G E S

**LIFTING MASSAGE
FACE AND NECK** 150 ZŁ | 25 MIN

This is a special and unique treatment, called "natural botox" that slows down the aging process of the skin. It prevents the face from falling under the influence of gravity, stimulates the production of collagen and elastin, facilitates the renewal of skin cells and improves the processes taking place in them.

**FACE, NECK AND DECOLLETE
MESSAGE** 110 ZŁ | 20 MIN

A classic massage of the face, neck and cleavage, which introduces a state of deep relaxation and relaxation and improves blood circulation, oxygenates and firms the skin.

FULL BODY MASSAGE 160 ZŁ | 30 MIN

Massage is especially recommended for stressed people who lead a sedentary lifestyle. The aim of the massage is to reach tense muscle groups, which will cause them to relax and restore well-being.

**MASSAGE
AROMATHERAPY** 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

Relaxing, rhythmic massage based on natural oil with a mixture of essential oils, selected individually before the start of the massage, which has relaxing and relaxing properties. It stimulates blood circulation and helps to regenerate sore muscles.

**RELAXING MASSAGE
BASED ON MANGO BUTTER** 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

An ideal proposal for a full body massage for people with dry, dehydrated skin, damaged by excessive use of sunbathing. It has strong anti-inflammatory, regenerating, softening and moisturizing properties. Mango butter makes the skin beautifully smooth and velvety to the touch.

**RELAXING MASSAGE
BASED ON SHEA BUTTER** 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

The treatment provides relaxation for sore muscles and full hydration of the skin. The use of Shea butter makes the skin perfectly smooth, moisturized and nourished.

**CANDLE MASSAGE
"BALANCE FOUR SENSES"** 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

A wonderful, relaxing massage that restores radiance to the skin. It is a combination of a pleasant fragrance with extremely valuable phyto oils, coconut oil and beeswax. It stimulates the senses and perfectly nourishes the skin, leaving it silky smooth and perfectly moisturized.

**CHOCOLATE
RELAXING MASSAGE** 130 ZŁ | 20 MIN
230 ZŁ | 50 MIN

The chocolate massage is pure delight. It is perfect for stress and dry skin. The treatment nourishes and moisturizes the skin, additionally affects the senses - which together creates a perfect combination of sweet relaxation. Chocolate - a source of energy and the most popular remedy for melancholy. Chocolate massage stimulates the circulatory system, improves skin firmness and elasticity, slows down the aging process, and gives a feeling of deep relaxation.

**HOT STONES
RELAXING MASSAGE** 140 ZŁ | 20 MIN
250 ZŁ | 50 MIN

Massage performed with the use of volcanic, basalt stones to relax, eliminate pain and restore energy balance in muscles and joints. Heated stones spread on individual parts of the body are a source of wonderful heat that penetrates deep tissues. An intensely warming massage is recommended especially for people with circulation problems.

MASSAGE FOR MEN 190 ZŁ | 45 MIN

Energizing, relaxing massage of the rear parts of the body - neck, nape, back and lower limbs. The purpose of the massage is to induce a deep state of relaxation and relaxation and to eliminate the negative effects of stress. Recommended especially to men living in constant tension and stress.