

## PEDICURE



### PEDICURE

Classic pedicure	100 PLN
Classic pedicure with nail painting	110 PLN
Classic pedicure with French painting	120 PLN
Hybrid pedicure	140 PLN
French hybrid pedicure	150 PLN
Hybrid removal with classic pedicure	130 PLN
Paraffin feet treatment	70 PLN
Pedicure SPA	130 PLN
Honey and milk feet treatment	160 PLN   50 MINUTES

## WAXING



### WAXING

Moustache/beard	20 PLN
Face	50 PLN
Arms/armpits	35 PLN
Calves/thighs	60 PLN
Legs	90 PLN
Bikini	80 PLN
Back/chest	100 PLN

## HENNA AND REGULATION



### HENNA AND REGULATION

Eyebrow plucking	15 PLN
Henna treatment for eyebrows	25 PLN
Henna treatment for eyelashes	30 PLN
Henna treatment for eyebrows and eyelashes	50 PLN

## BABY SPA



### BABY SPA

Rainbow nails for a princess	30 PLN
Chocolate back massage for the cuddlesome Butterfly's touch : arms or legs massage for the little ones	80 PLN   20 MINUTES
A chocolate temptation - a bath with a sweet aroma of chocolate for parents and children	35 PLN   15 MINUTES
	125 PLN   20 MINUTES



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## MENU SPA

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# FACE TREATMENTS

## ILLUMINATING RADIANCE FACIAL TREATMENT 160 PLN | 35 MINUTES

An express beauty treatment for all skin types. The treatment is designed to moisturise, nourish, smooth, and refresh the epidermis, remove signs of fatigue and restore the skin's healthy and radiant appearance.

## RE-BALANCING TREATMENT 160 PLN | 50 MINUTES

A natural treatment designed for oily skin. Micronised sea algae, rich in vitamins and minerals, helps to stabilise the emission of sebum, enable better blood circulation, and help to eliminate accumulated toxins.

## AQUARELLE 180 PLN | 50 MINUTES

An intensely moisturising and energising treatment for grey and tired skin. It aims to improve circulation and to remove water from lymph vessels, to hydrate and remineralise the skin. Perfect for skin that requires nourishment, hydration, and improvement of microcirculation in blood and lymphatic vessels.

## BEAUTY HYDRATION 180 PLN | 50 MINUTES

A moisturising and beautifying treatment aimed at replenishing water shortages in the skin, rebuilding the lipid layer, improving skin hydration and elasticity. The active ingredients in the treatment include hyaluronic acid, the Save Blue complex saturated with minerals and microelements, and the Lumisource complex, which stimulates the natural detoxification process.

## FLASH LIFT EXPRESS 180 PLN | 30 MINUTES

Express lifting and firming treatment. Its aim is to instantly restore the youthful appearance of the skin, smooth and firm it, ensuring maximum comfort. It gives the effect of a healthy and young appearance of the skin.

## OCEAN TREATMENT FOR MEN 220 PLN | 60 MINUTES

Energising and moisturising treatment for men. The purpose of the treatment is to even out the structure of the skin. The treatment consists of a peeling composed of papaya extract, diatomite, salt crystals, and almond shells. At a later stage of the treatment, moisturising and regenerating substances are used for the skin, irritated due to everyday shaving.

## SPIRULINE BOOST SMOOTHING DETOXIFYING TREATMENT 320 PLN | 60 MINUTES

A smoothing and oxygenating treatment based on spirulina. It is a real injection of energy, which makes the skin smooth, refreshed, oxygenated and radiant, and fine facial lines are smoothed. Research confirms the effectiveness of the treatment - the skin's vitality and revitalization increase.

## SENSIBEAUTICS FOR SENSITIVE SKIN 220 PLN | 60 MINUTES

A soothing treatment for sensitive, reactive skin with vascular problems. It minimizes redness, has a soothing effect and increases the tolerance threshold of delicate skin. The treatment provides the skin with all the necessary ingredients necessary for its proper functioning, as well as refreshes, soothes, brings a feeling of comfort and relaxes the skin.

## PURETE MARINE RITUAL 230 PLN | 60 MINUTES

Intensive cleansing and anti-acne ritual. Professional therapy, tailored to the needs of oily, seborrheic and acne skin. It combines the vital benefits of the deep ocean to regain healthy and clean skin. The treatment thoroughly cleans the sebaceous glands, reduces the visibility of pores, restores the skin to its full balance and dullness.

## SHIATSU HEAD MASSAGE 80 PLN | 20 MINUTES

Shiatsu is a Japanese traditional art of healing through a massage. It is a pressure massage technique, often called acupuncture without needles, or a point massage. Recommended for headaches and migraines, as the pressure is applied at specific points on the head to stimulate the meridians responsible for energy flows in the body, and to stimulate blood and lymph circulation.

# THERAPEUTIC MESSAGES

## PELOID THERAPY WITH FOOT AND SPINE MASSAGE 170 PLN | 50 MINUTES

The therapy consists of peloid compresses combined with a back and foot massage. It has an exceptional healing effect and removes muscle tension.

## CLASSIC MASSAGE 170 PLN | 50 MINUTES 90 PLN | 25 MINUTES 200 PLN | 75 MINUTES

The most popular type of massage. Depending on its intensity, it can be relaxing, stimulating or energising. The purpose of such a massage is, among others: eliminating the negative effects of stress and improving the well-being, relaxing tense muscles, increasing their flexibility and elasticity, and improving blood and lymph flow.

## THERAPEUTIC SPINE MASSAGE 170 PLN | 40 MINUTES

A specialist classic massage recommended for people with back pain. This massage is used to relieve discomfort in the thoracic-lumbar region of the spine. Recommended especially for people who lead a sedentary lifestyle.

## LYMPHATIC MASSAGE OF THE LOWER LIMBS 120 PLN | 30 MINUTES

It is a type of specialised pressure massage that improves the circulation of lymph and tissue fluids in the body. Recommended for the treatment of lymphoedema and lymphatic stasis. It improves metabolism, stimulates the lymphatic system, and accelerates the body's cleansing processes.

## LYMPHATIC MASSAGE OF THE HANDS 80 PLN | 20 MINUTES


It is a type of specialised pressure massage that improves the circulation of lymph and tissue fluids in the body. Recommended for the treatment of lymphoedema and lymphatic stasis. It improves metabolism, stimulates the lymphatic system, and accelerates the body's cleansing processes.

# MANICURE


## MANICURE

Classic manicure	50 PLN
Classic manicure with nail painting	65 PLN
Classic manicure with French painting	70 PLN
Hybrid manicure	110 PLN
French hybrid manicure	130 PLN
Hybrid removal	30 PLN
Hybrid removal with classic manicure	70 PLN
Nail painting	20 PLN
Manicure SPA	110 PLN
Paraffin hand treatment	70 PLN
Honey and milk hand treatment	140 PLN   45 MINUTES



 **FACE, NECK, AND NECKLINE MASSAGE** 220 PLN | 60 MINUTES

Classic massage of the face, neck and neckline, which puts you in a state of deep relaxation, improves blood circulation, oxygenates and firms the skin.

 **RELAXING MASSAGE BASED ON MANGO BUTTER** 110 PLN | 25 MINUTES  
180 PLN | 50 MINUTES

An ideal choice of a full body massage for people with dry, dehydrated skin, damaged by excessive sunbathing. It has strong anti-inflammatory, regenerating, softening and moisturising properties. Mango butter makes the skin beautifully smooth and velvety to the touch.

 **RELAXING MASSAGE BASED ON SHEA BUTTER** 110 PLN | 25 MINUTES  
180 PLN | 50 MINUTES

The treatment provides relaxation for sore muscles and full skin hydration. The use of Shea butter makes the skin perfectly smooth, moisturised and nourished.

 **CANDLE MASSAGE „BALANCE OF THE FOUR SENSES“** 110 PLN | 25 MINUTES  
180 PLN | 50 MINUTES

A wonderful, relaxing massage that restores the skin's radiance. It is a combination of a pleasant scent with extremely valuable phyto oils, coconut oil and beeswax. It stimulates the senses and perfectly cares for the skin, leaving it silky smooth and wonderfully moisturised.

 **RELAXING CHOCOLATE MASSAGE** 110 PLN | 25 MINUTES 180 PLN | 50 MINUTES

Chocolate massage is just pure delight. It is perfect for stress and dry skin. The treatment nourishes and moisturises the skin, and additionally affects the senses - which together creates the perfect combination of sweet relaxation. Chocolate - a source of energy and the most popular remedy for melancholy. Chocolate massage stimulates the circulatory system, improves skin firmness and elasticity, slows down the ageing process, and gives a feeling of deep relaxation.

 **RELAXING MASSAGE WITH HOT STONES** 110 PLN | 25 MINUTES 190 PLN | 50 MINUTES


The massage is performed with the use of volcanic, basalt stones in order to relax, relieve pain and restore energy balance in muscles and joints. Hot stones laid over individual parts of the body are a source of wonderful warmth that penetrates into the deep tissues. This intensively warming massage is recommended especially for people who have problems with blood circulation.

 **MASSAGE FOR MEN** 150 PLN | 45 MINUTES

Energising, relaxing massage of the back parts of the body - neck, nape, back and lower limbs. The purpose of the massage is to put you in a deep state of relaxation, and to reduce the negative effects of stress. Especially recommended for men living in constant tension and stress.

 **ANTI-CELLULITE MASSAGE WITH CHINESE CUPPING** 140 PLN | 45 MINUTES


It is a type of negative-pressure therapy. The Chinese cupping used in the treatment causes the skin to be sucked inside, creating a slight negative pressure. This massage is mainly used in anti-cellulite treatment and body shaping. It strongly stimulates blood and lymph circulation, helps to get rid of toxins from the body, regulates metabolism, and helps to reduce body fat.

 **FOOT MASSAGE WITH A BATH** 80 PLN | 30 MINUTES


Great relaxation for tired and sore feet, unlocks energy flow zones throughout the body, removes fatigue.

 **HEAD MASSAGE** 80 PLN | 20 MINUTES

A perfect choice for tired and stressed people for whom head massage is an excellent relaxation therapy. It removes the build-up of tension that often manifests as neck stiffness and headaches.

 **ENERGY BOOSTER EXPRESS** 180 PLN | 30 MINUTES

An express smoothing and energising treatment that will quickly remove signs of fatigue, smooth the skin and give it vitality, making it glow once again.

 **ABSOLUTE HYDRATION RITUAL** 250 PLN | 60 MINUTES


A unique moisturising and relaxing ritual that accommodates the needs of dehydrated skin. Gathered from the depths of the ocean, the Save Blue complex supplies the very heart of cells with all the wealth of marine ingredients: micro and macro elements, as well as minerals. In combination with hyaluronic acid provides long-lasting hydration and stimulates the natural process of skin detoxification, ensuring its fresh and radiant appearance.

 **EYE EXPERT TREATMENT** 120 PLN | 30 MINUTES

An intensive treatment with all-encompassing effects on the eye area. The combination of science and nature has allowed us to create a unique treatment that will restore the radiant look to your eyes, reduce dark circles and puffiness under the eyes, and restore the youth and beauty of the skin around the eyes.

 **HYALU-PROCOLLAGENE TREATMENT** 350 PLN | 60 MINUTES


The first spectacular anti-wrinkle treatment combining 3 types of hyaluronic acid and sea procollagen. It removes all signs of skin ageing and precisely fills in wrinkles, even the permanent ones. The treatment is aimed at smoothing and moisturising the skin, filling in wrinkles and stimulating the synthesis of hyaluronic acid and new collagen fibers. Intended for people with dehydrated skin, with visible wrinkles, in need of hydration, filling and regeneration.

 **SILICIUM MARINE TREATMENT** 350 PLN | 50 MINUTES

Luxurious, rejuvenating and lifting treatment. Highly concentrated active ingredients such as hyaluronic acid, marine silicon, and red algae, provide immediate lifting and raising to the oval of the face after the first treatment. The innovative Derma-Stim Massage shapes the face oval, tones and tightens the skin, reduces wrinkles and fine lines, and stimulates the production of collagen and elastin.

 **EXCEPTIONAL MARINE REDENSIFYING RITUAL** 350 PLN | 75 MINUTES

An exclusive rejuvenating and regenerating ritual with a unique massage of the facial muscles, developed in cooperation with a plastic surgeon. The skin regains its natural density and perfect appearance, it is firmer and the face oval becomes more regular. A mask made of natural biological cellulose moisturises, nourishes and regenerates the skin. This unique treatment allows you to get natural biological lifting effect.

 **PRODIGE DES OCEANS FACE** 390 PLN | 90 MINUTES


An intense rejuvenating and lifting face ritual. It combines elements of 7 facial massage techniques, including Kobido massages. Effectively improves the appearance of the skin - smoothes, moisturises, accelerates the synthesis of skin support fibers and hyaluronic acid, reduces the visibility and number of wrinkles. The skin regains its smoothness, elasticity, uniform colour and youthful appearance. The effects are visible after the first treatment. This is an offer for the most demanding customers.

## BODY TREATMENTS

 **TONING BODY WRAP** 220 PLN | 60 MINUTES


A treatment that tones, firms and detoxifies the skin. Due to the content of vitamins and minerals in the preparations, it has remineralising properties. In addition, it improves microcirculation, which facilitates the reduction of cellulite.



 **COLD CREAM MARINE BODY RITUAL  
MESSAGE WAX** **230 PLN | 60 MINUTES**


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An extremely relaxing treatment dedicated to dry skin. Wonderful moments of bliss that will wrap the skin with the Cold Cream Marine complex, relieving the feeling of tension and discomfort and restoring the appropriate level of lipids to severely irritated skin. Relaxing movements and a soothing gentle massage restore the firmness, softness and velvety to the touch of even the most irritated skin.

 **MICRONISED MARINE ALGAE  
BODY WRAP** **250 PLN | 75 MINUTES**


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A treatment based on 100% micronised sea algae, rich in minerals, vitamins and microelements. It stimulates blood microcirculation, nourishes, moisturises and detoxifies the skin. It reduces fatty deposits, eliminates excess water from the tissues, and improves the structure of the skin.

 **PERFECT BODY SCULPT TREATMENT** **270 PLN | 60 MINUTES**

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An innovative treatment that effectively fights cellulite and body imperfections. Increases skin elasticity and firmness. The treatment is an ideal proposition for a localised problem related to cellulite or excess body fat. The preparations used for the treatment use two modern technologies that accurately aim into the centre of the problem.

 **JOYAUX ATLANTIQUE RITUAL** **280 PLN | 90 MINUTES**


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An energising, refreshing and relaxing ritual inspired by the diversity of the beaches of the Atlantic Ocean. Extremely sensual notes of flowers and fruit stimulate the senses and energise. A ritual inspired by the power of 5 oceans. It provides a great sensory experience, thanks to the combination of minerals for eliminating bad energy and ensuring harmonious growth and development of the body. The feeling of relaxation is deepened by massage with the use of mountain crystals. The treatment ensures a harmonious flow of energy in the body, provides deep relaxation and relieves stress.

 **INDOCEANE TREATMENT** **330 PLN | 90 MINUTES**


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This treatment is an extraordinary journey to the land of beauty and relaxation, during which you will learn the philosophy of China, Egypt, India and the Mediterranean, and your body will reach the state of full relaxation. It is an offer for stressed people who are in need of rest and relaxation. The basic ingredients of the products are the Qi-Marine complex, brown algae and lotus extract, which has the unique ability to revitalise and reduce stress.

 **PRODIGE DES OCEANS FACE & BODY  
RITUAL** **450 PLN | 120 MINUTES**

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An exclusive ritual that cares for the appearance of the skin, ensuring its smoothness and reducing wrinkles, as well as ensuring its proper hydration and regeneration. This treatment combines several massage techniques, including Kobido massage. The skin regains its smoothness, elasticity, uniform colour and youthful appearance. The power of the ocean concentrated in one product - 61 sea ingredients necessary to reactivate the youth of the skin. The effects of the ritual are visible after the first treatment.

 **BLACK ORCHID RELAX FOR HER** **250 PLN | 75 MINUTES**

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A specially designed ritual based on organic products from the Organique brand. Consisting of three elements in which oriental massage techniques are used. Products based on Shea butter, avocado oil, grape seed oil and vitamin E, perfectly moisturise, regenerate and smooth the skin, leaving it silky smooth. This ritual is distinguished by a sensual scent that stays on the skin for a very long time.

 **SALT PEELING** **120 PLN | 30 MINUTES**

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It restores the skin's radiant appearance, and the innovative exfoliating sea salt crystals rich in concentrated minerals and essential oils make the skin velvety and smooth. The treatment mineralises the skin and enhances the absorption of active substances. It is recommended before a massage or other body treatments.

 **HABIBI RELAX FOR HIM** **250 PLN | 75 MINUTES**

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A ritual dedicated to men in need of quick and effective relaxation. A treatment with an elegant, oriental scent made on the basis of organic products of the Organique brand, consisting of three elements in which oriental massage techniques are used. Black rice particles, avocado oil, beeswax are some of the ingredients that will make the skin perfectly moisturised and properly nourished.

## BATHS

 **PEARL BATH** **50 PLN | 20 MINUTES**

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A bath with hydromassage.

 **RELAXING BATH  
WITH SALT** **80 PLN | 20 MINUTES**

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A salt bath with a relaxing effect.

 **CLEOPATRA'S BATH** **100 PLN | 30 MINUTES**

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Milk bath with sweet almond oil has a moisturising, nourishing and rejuvenating effect.

 **CHOCOLATE BATH** **100 PLN | 20 MINUTES**

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It pleasantly relaxes, improves well-being, and has a positive effect on the skin.

 **ALGAE BATH** **100 PLN | 20 MINUTES**

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It detoxifies and cleanses the skin, and in addition has a positive effect on stimulating blood circulation.

## MASSAGES

 **LIFTING MASSAGE OF THE FACE  
AND NECK** **120 PLN | 25 MINUTES**

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It is a special and exceptional treatment, called „natural botox“ that slows down the ageing process of the skin. It prevents the face from falling under the influence of gravity and stimulates the production of collagen and elastin, facilitates the renewal of skin cells and improves the processes taking place in them.

 **AROMATHERAPY  
MESSAGE** **100 PLN | 25 MINUTES 190 PLN | 50 MINUTES**

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Relaxing, rhythmical massage based on natural oil with a mixture of essential oils, selected individually before starting the massage, which has relaxing properties. It stimulates blood circulation and helps regenerate sore muscles.

 **RELAXING MASSAGE  
BASED ON NATURAL OIL** **110 PLN | 25 MINUTES  
180 PLN | 50 MINUTES**

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A massage based on natural oil has a relaxing effect. It relaxes tense muscles, increases their flexibility and elasticity. It improves blood and lymph circulation.