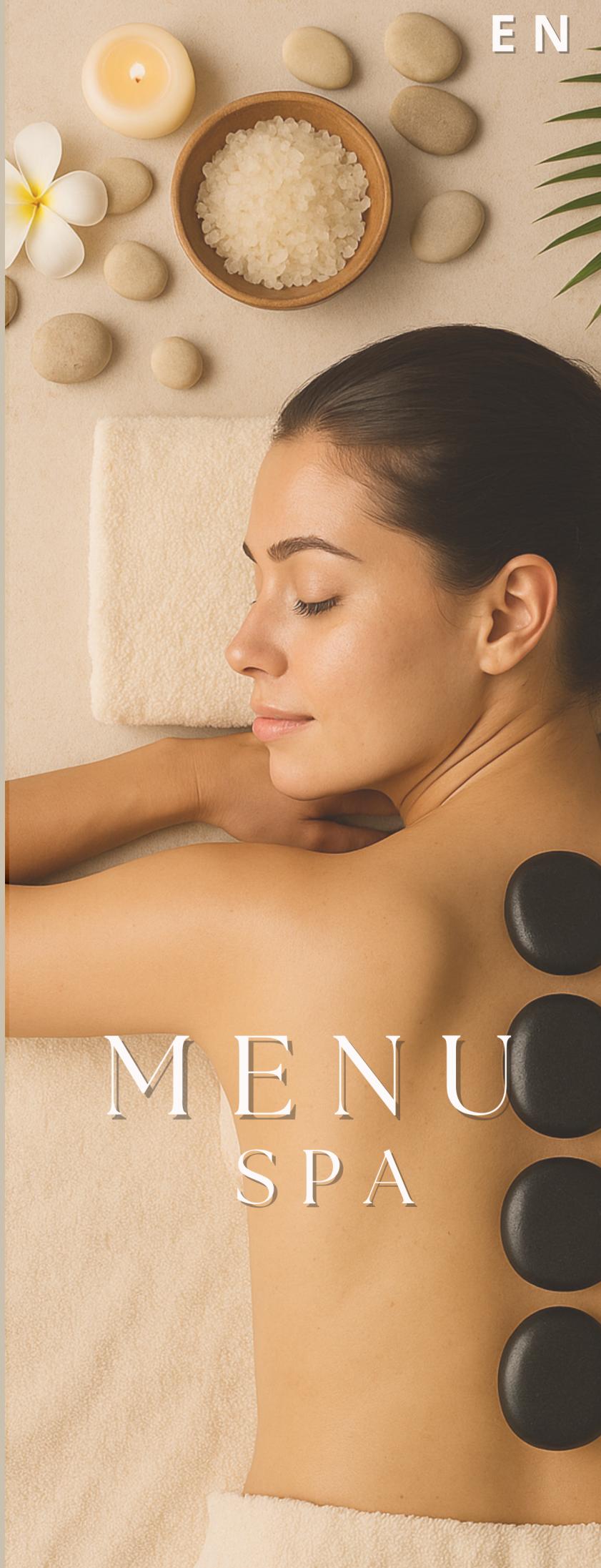


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HOTEL AURORA
FAMILY & SPA
★★★★★

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FACE TREATMENTS

EXPRESS TREATMENT FOR SENSITIVE SKIN

180 ZŁ | 30 MINUT

The treatment is intended for sensitive, reactive skin with visible vascular problems. It brings a feeling of comfort and soothes the skin.

EXPRESS MOISTURIZING TREATMENT

180 ZŁ | 30 MINUT

A unique treatment with hyaluronic acid that binds moisture in the epidermis with an immediate effect on the skin.

EXPRESS TREATMENT FOR COMBINATION SKIN

180 ZŁ | 30 MINUT

The treatment is dedicated to combination and oily skin. It thoroughly cleanses the skin and regulates the sebaceous glands.

TEEN SPA - TREATMENT FOR TEENAGERS

250 ZŁ | 50 MINUT

It's finally here! A treatment that effectively combats acne. It begins with a very gentle cleansing. Then an exclusive peeling is applied to the skin to eliminate deep blackheads and calloused epidermis. An antiseptic mask is applied to the face, created specifically to treat and soothe inflamed skin. The effect of this treatment is improved skin texture and tone. Blackheads become less visible and redness disappears.

CICA MARIN SOOTHING REPARING TREATMENT

290 ZŁ | 50 MINUT

Soothing and strengthening treatment for sensitive, vascular and erythematous skin

The first professional facial treatment with marine prebiotics and red algae extract. Rich, natural ingredients soothe and strengthen sensitive and weakened skin giving an "express dressing" effect. After treatment, the skin is soft and supple and intensely strengthened and nourished. The feeling of discomfort is reduced, redness is less visible. The treatment is indicated for sensitive, dry, irritation-prone skin in need of soothing.

OCEAN TREATMENT FOR MEN

290 ZŁ | 50 MINUT

Energizing and moisturizing treatment for men. The aim of the treatment is to even out the structure of the epidermis. The treatment consists of a peeling consisting of papaya extract, diatomaceous earth, salt crystals and almond shells. In the next stage of the treatment, moisturizing and regenerating substances are used, which are irritated by daily shaving.

ABSOLUTE HYDRATION RITUAL

290 ZŁ | 60 MINUT

An extraordinary moisturizing and relaxing ritual that satisfies the needs of dehydrated skin. The Save Blue complex, taken from the depths of the ocean, delivers the entire wealth of marine ingredients to the very heart of the cells: micro and macro elements and minerals. Combined with hyaluronic acid, it provides long-lasting hydration and stimulates the skin's natural detoxification process, ensuring its fresh and radiant appearance.

MANICURE

MANICURE

Classic manicure	75 ZŁ
Classic manicure with nailpolish	90 ZŁ
Classic manicure with French painting	110 ZŁ
Hybrid manicure	160 ZŁ
Hybrid manicure with French painting	180 ZŁ
Hybrid removal	50 ZŁ
Japanese manicure	110 ZŁ

PEDICURE

PEDICURE

Classic pedicure	140 ZŁ
Classic pedicure with nailpolish	160 ZŁ
Classic pedicure with French painting	170 ZŁ
Hybrid pedicure	210 ZŁ
French hybrid pedicure	250 ZŁ
Hybrid removal with a classic pedicure	150 ZŁ

HENNA AND REGULATION

HENNA AND REGULATION

Eyebrow regulation	40 ZŁ
Eyebrow henna + shaping	70 ZŁ
Eyebrow and eyelash henna +eyebrow shaping	90 ZŁ
Mustache depilation	50 ZŁ
Face depilation	80 ZŁ

KĄPIELE

PEARL BATH

70 ZŁ | 30 MINUT

Hydromassage bath.

CLEOPATRA'S BATH

100 ZŁ | 30 MINUT

Bath in milk with the addition of sweet almond oil, moisturizes, nourishes and rejuvenates.

CHOCOLATE BATH

100 ZŁ | 30 MINUT

Przyjemnie odpręża i relaksuje, poprawia samopoczucie, wpływa korzystnie na skórę.

SALT CAVE

SEANS W GROCIE

30 ZŁ/OS | 45 MINUT

Korzystnie wpływa na układ oddechowy, nerwowy oraz krążenia. Już po jednym seansie można zauważać efekty, takie jak niższe ciśnienie czy poczucie odprężenia. Pierwiastki znajdujące się w powietrzu korzystnie wpływają również na układ odpornościowy oraz trawienny.

MASAŻE TERAPEUTYCZNE

MUD THERAPY – DEEP RELIEF

250 zł | 50 MINUT

Mud therapy supports microcirculation, tissue relaxation, and natural regenerative processes. The treatment includes manual massage of the feet and spine, aimed at reducing tension and improving comfort of movement. The combination of mud therapy and therapeutic work helps restore muscle balance and a general feeling of lightness.

CLASSIC BODY BALANCE

170 zł | 25 MINUT
270 zł | 50 MINUT

Pozwól swojemu ciału wrócić do pełnej harmonii. Klasyczne, sprawdzone techniki regenerują mięśnie, usuwają napięcia i przywracają lekkość. Idealny masaż dla osób, które chcą poczuć natychmiastową ulgę i odświeżenie całego ciała.

SPINE RELIEF THERAPY

240 zł | 40 MINUT

Skoncentrowana terapia dla zmęczonych pleców. Precyzyjna praca terapeuty przynosi wyraźną ulgę przy bólu, sztywności i przeciążeniach dnia codziennego. Ten masaż przywraca swobodę ruchu i wspiera głęboką regenerację całego kręgosłupa — poczujesz różnicę od pierwszych minut.

DRENAZ LIMFATYCZNY – LIGHT FLOW RITUAL

210 zł | 50 MINUT

Subtelny, płynny masaż, który przywraca lekkość i świełość. Precyzyjne, rytmiczne ruchy wspierają naturalne procesy organizmu, pomagając zmniejszyć uczucie ciężkości i poprawić ogólne samopoczucie. Idealny zabieg dla osób, które pragną delikatnego odciążenia i poprawy energii w ciele.

Celem zabiegu jest usunięcie nadmiaru płynów, redukcja obrzęków, detoksykacja organizmu oraz poprawa krążenia

MASSAGE FOR MEN

250 zł | 45 MINUT

An energizing, relaxing massage of the back of the body—neck, shoulders, back, and lower limbs. The aim of the massage is to induce a deep state of relaxation and relieve the negative effects of stress. It is especially recommended for men who live in a state of constant tension and stress.

FOOT RITUAL BLISS

210 zł | 30 MINUT

Wonderful relaxation for tired and sore feet, unblocks energy flow zones throughout the body, removes fatigue.

FLOATING CAPSULE

SESSION IN A FLOATING CAPSULE

95 zł | 45 MIN

An innovative treatment that involves the body floating freely on the surface of a solution of water and Epsom salt. This salt has medicinal uses - just like in the Dead Sea. This treatment has a regenerating and relaxing effect. Perfect for people with skin problems and muscle pain.

PURETE MARINE RITUAL

290 zł | 50 MINUT

An intensive cleansing and anti-acne ritual. A professional treatment tailored to the needs of oily, seborrheic, and acne-prone skin. It combines the vital benefits of the ocean depths to restore healthy and clear skin. The treatment deeply cleanses the sebaceous glands, reduces the appearance of pores, and restores the skin's balance and matte finish.

LUXURIOUS FACIAL TREATMENTS

HYALU-PROCOLLAGENE TREATMENT

420 zł | 50 MINUT

The first spectacular anti-wrinkle treatment combining three types of hyaluronic acid and marine pro-collagen. It removes all signs of skin aging and precisely fills in wrinkles, even deep-set ones. The treatment aims to smooth and moisturize the skin, fill in wrinkles, and stimulate the synthesis of hyaluronic acid and new collagen fibers. It is intended for people with dehydrated skin, visible wrinkles, and a need for moisturizing, filling, and regeneration.

SILICIUM MARINE TREATMENT

450 zł | 60 MINUT

A luxurious rejuvenating and lifting treatment. Highly concentrated active ingredients such as hyaluronic acid, marine silicon, and red algae provide an immediate lifting effect and improve facial contours after just one treatment. The innovative Derma-Stim Massage shapes the oval of the face, makes the skin more elastic and taut, reduces wrinkles and fine lines, and stimulates the production of collagen and elastin.

BODY TREATMENTS

MINERAL SCRUB- BODY RENEWAL RITUAL

160 zł | 30 MINUT

An exclusive full-body scrub that smooths, refreshes, and restores the skin's natural glow. Carefully selected exfoliating particles improve skin texture, while nourishing ingredients support its softness and smoothness. The ritual leaves the body silky smooth, moisturized, and ready for further care.

MARINE MOISTURE RITUAL – THALGO

290 zł | 60 MINUT

A luxurious moisturizing ritual that deeply nourishes and regenerates the skin thanks to its rich marine ingredients. The scrub removes dead skin cells, the mask intensely moisturizes, and the cream completes the ritual, leaving the body silky smooth, soft, and full of freshness. It is a moment that restores comfort, elasticity, and natural radiance to the skin.

SLIM & SCULPT – THALGO

290 zł | 60 MINUT

An exclusive body contouring treatment that stimulates microcirculation and supports cellulite reduction. Precise Chinese cupping massage combined with active ingredients firms the skin, slims the body, and restores its lightness. It is a moment that not only shapes the figure, but also relaxes and energizes, leaving the body firm, smooth, and full of harmony.

INDOCEANE TREATMENT**370 ZŁ | 90 MINUT**

This treatment is an extraordinary journey to the land of beauty and relaxation, during which you will learn the philosophy of China, Egypt, India and the Mediterranean basin, and your body will reach a state of complete relaxation. It is an offer for stressed people who need rest and relaxation. The basic ingredients of the products are the Qi-Marine complex, which is an extract from brown algae and lotus, which has a unique ability to revitalize and reduce stress.

**BLACK ORCHID
RELAX FOR HER****310 ZŁ | 75 MINUT**

A specially developed ritual based on ecological products. Consisting of three elements in which oriental massage techniques are performed. Products based on Shea butter, avocado oil, grape seed oil and vitamin E perfectly moisturize, regenerate and smooth the skin, leaving it silky smooth. This ritual is distinguished by a sensual, sensual fragrance that stays on the skin for a very long time.

WHISKEY RELAX FOR HIM**310 ZŁ | 75 MINUT**

A ritual dedicated to men who need quick and effective relaxation. A ritual with an elegant, oriental scent, performed on the basis of organic products by Organique, consisting of three elements in which oriental massage techniques are used. Particles of black rice, avocado oil, beeswax are some of the ingredients that will make the skin perfectly moisturized and properly nourished.

**FACE, NECK AND DECOLLETE MASSAGE****130 ZŁ | 20 MINUT**

A classic massage of the face, neck and cleavage, which introduces a state of deep relaxation and relaxation and improves blood circulation, oxygenates and firms the skin.

**LIFTING MASSAGE
FACE AND NECK****160 ZŁ | 25 MINUT**

This is a special and unique treatment, called "natural botox" that slows down the aging process of the skin. It prevents the face from falling under the influence of gravity, stimulates the production of collagen and elastin, facilitates the renewal of skin cells and improves the processes taking place in them.

KOBIDO**290 ZŁ | 60 MINUT**

Japanese massage is a ritual that lifts the face and neck, relaxing the muscles and stimulating natural skin regeneration. It improves muscle tone, smooths wrinkles, and restores a youthful glow, leaving the face firm and relaxed.

HEAD RELAX THERAPY**130 ZŁ | 20 MINUT**

A proposal for tired and stressed people, for whom a head massage is an excellent relaxation therapy. It removes the accumulated tension that often manifests as neck stiffness and headaches.

HERBAL WARM BALANCE**170 ZŁ | 25 MINUT****270 ZŁ | 50 MINUT**

Warm stamps filled with herbs create a soothing ritual that envelops the body in the pleasant aroma of nature. The gentle heat spreads gradually, allowing the muscles to relax naturally. This treatment brings a sense of comfort, calms you down, and induces a state of deep regeneration.

PURE ESSENCE RELAX**170 ZŁ | 25 MINUT****270 ZŁ | 50 MINUT**

A relaxing, rhythmic massage based on natural oil with a blend of essential oils, selected individually before the massage begins, which has relaxing and soothing properties. It stimulates blood circulation and helps regenerate sore muscles.

MASSAGE MANGO BLISS**170 ZŁ | 25 MINUT****270 ZŁ | 50 MINUT**

A tropical ritual that transports the senses to a world of exotic relaxation. Warm mango butter intensely nourishes the skin, while smooth, calm movements soothe the body and mind. The perfect choice for those who want to regenerate and feel pleasant, sunny energy.

MASSAGE SHEA HARMONY**170 ZŁ | 25 MINUT****270 ZŁ | 50 MINUT**

A soothing massage with deeply nourishing, warm Shea butter—for skin craving softness and luxury. The treatment reduces tension, restores comfort, and brings the body into a state of complete calm. An excellent choice for those who want to experience true velvety regeneration.

HOT STONE RITUAL**180 ZŁ | 30 MINUT****280 ZŁ | 60 MINUT**

Hot stones penetrate deep into the muscles, dissolving tension and restoring complete harmony to the body. The ritual combines deep heat with fluid massage techniques, supporting circulation, relaxing and regenerating the entire body. The result is a feeling of lightness, relaxation, and complete balance.

**THAI HARMONY - THAI MASSAGE****320 ZŁ | 60 MINUT**

Traditional Thai massage combines vigorous stretching with precise pressure on points on the body. It stimulates circulation, relaxes tense muscles, and restores flexibility, leaving the body relaxed and energy renewed. It is the perfect balance between relaxation and active regeneration.

**HAWAIIAN FLOW -
LOMI LOMI MASSAGE****320 ZŁ | 60 MINUT****390 ZŁ | 90 MINUT**

The exotic Lomi Lomi ritual involves smooth, flowing hand movements that relax the entire body and soothe the senses. The massage resembles gentle ocean waves, bringing a feeling of lightness, deep relaxation, and harmony. The skin becomes silky smooth, and the body regains its calm and energy.

ZEN BALANCE - SHIATSU MASSAGE**280 ZŁ | 60 MINUT**

Traditional shiatsu massage works on specific points, using finger and hand pressure along the body's energy channels. It reduces muscle tension, restores balance to the body and mind, improves well-being, and boosts energy. It is a deeply relaxing ritual that harmonizes the body from head to toe.