



NARVIL EXPERIENCE

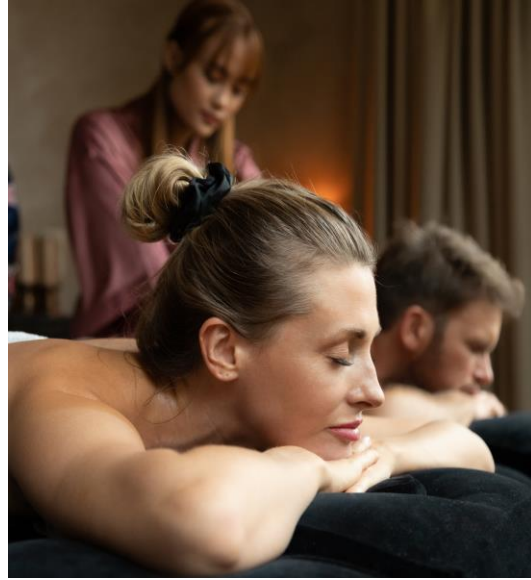
FALL / WINTER 2024



NARVIL EXPERIENCE



NARVIL
ADVENTURE



NARVIL
WELLNESS



CULINARY
EXPERIENCE



GIFTS



NARVIL ADVENTURE

A COMPANY EVENT IS A PURE PLEASURE
– CHECK OUT OUR IDEAS FOR THIS SEASON!

Hotel Narvil has a wide range of attractions both inside and outside. We will help you choose the right option depending on how you want to organize your employees' time – everyone will find something for themselves here.



NARVIL ADVENTURE



TEAM BUILDING

- > LEONARDO DA VINCI DESIGN
- > BUILDING STRUCTURES
- > ESCAPE BOX
- > AGENT TRAINING
- > CAR DESIGNERS
- > ADVENTURE BOX



COMPETITION

- > LASER TAG
- > MINI GOLF
- > SHOOTING TOURNAMENT
- > QUAD TRIP
- > 4x4 EXPEDITION
- > PAINTBALL
- > BOWLING
- > ARCHERY TAG
- > RUNMAGEDON



EXPERIENCE

- > SLEIGH RIDE
- > ICE SWIMMING WITH SAUNA
- > SURVIVAL TRAINING
- > LEARNING SAFE DRIVING
- > WARSAW SIGHTSEEING
- > VISITING THE MODLIN FORTRESS
- > THEME EVENINGS
- > VR SIMULATORS
- > ARTISTS' PERFORMANCES
- > THEATER ARTS
- > EVENT TECHNICAL SERVICE





CSR

- > HOTELS FOR INSECTS
- > SHAGGY ON ITS OWN
- > FEEDERS FOR BIRDS



LEONARDO DA VINCI DESIGN

A construction team building that will take participants to the world of the Renaissance Master. The participants of the game, divided into teams of 6, take on the role of Giacomo Caprotti - Leonardo's student.

 from 120 minutes
 up to 70 people



BUILDING STRUCTURES

If you are looking for innovative and exciting team building, where the goal is on the communication skills and creative activities of teams, you must face it with Building Structures!

 from 180 minutes
 up to 300 people

ESCAPE BOX

The participants of the game are divided into teams of 6-8 people and have to complete the task in a shorter time than 90 minutes to solve a number of arcade and logic puzzles in six suitcases placed in a chest

 from 120 minutes
 up to 200 people





NARVIL
ADVENTURE

🕒 from 180 minutes

👤 up to 100 people

AGENT TRAINING

This is an integration outdoor game. You will feel like recruits of secret special units. There are a number of training and team challenges ahead of you for fun. You will gain a lot of skills needed not only in business.



🕒 from 180 minutes

👤 up to 130 people

CAR DESIGNERS

Create vehicles, present and then race. The best driver is behind the wheel, and the rest of the team is... the engine!



🕒 from 240 minutes

👤 up to 130 people

ADVENTURE BOX

Adventure Box is an innovative formula of a team building game, developed for corporate events, training events, and events whose main goal is to integrate the group, select leaders, and show the strengths and weaknesses of your team.



LASER TAG

Laser Tag is an entertainment very similar to the popular paintball. There are plenty of both tactical and tactical scenarios to play and arcade games. Due to the lack of physical ammunition, it is completely safe for participants and the surroundings.

 from 120 minutes

 up to 60 people

MINI GOLF

Minigolf is an attraction that emphasizes the prestigious style at events. It provides a sports and entertainment zone. We will adjust the number of stands to the specific needs of the event to ensure unforgettable fun with a touch of competition. The tracks are mobile, so you can play inside and outside.

 from 120 minutes

 up to 300 people

SHOOTING TOURNAMENT

Shooting training using sharp weapons, organized at a nearby shooting range, or a shooting tournament using pneumatic weapons with an instructor, organized in the green area in front of the hotel. Diplomas and statuettes for tournament participants.

 from 120 minutes

 up to 60 people





NARVIL
ADVENTURE

QUAD TOUR

🕒 from 120 minutes
👤 up to 20 people

These vehicles will certainly provide a huge dose of emotions and adrenaline. Instructors will ensure the safety of the expedition and the route will lead you through mud, sand and steep descents.



4x4 EXPEDITION

🕒 from 120 minutes
👤 up to 100 people

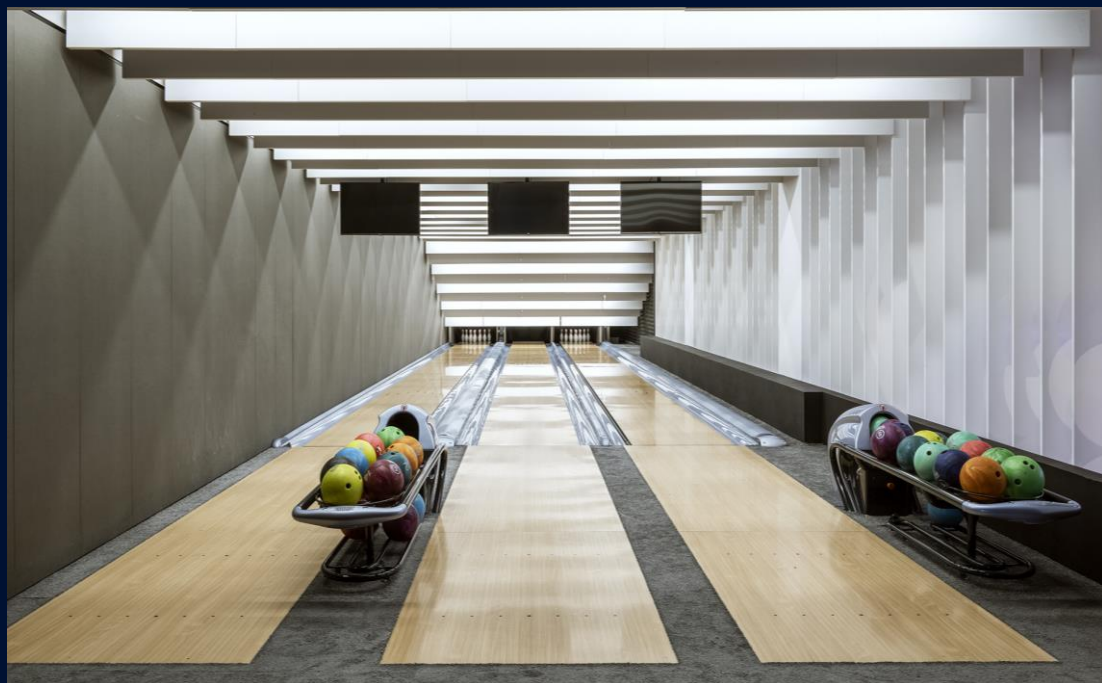
Each team will have a jeep with an instructor at their disposal to travel and complete an off-road route (route outside the hotel premises).



PAINTBALL

🕒 from 120 minutes
👤 up to 100 people

Playing paintball is a perfect choice for team building in an unusual way. The participants are divided into two groups and their main goal is to eliminate the opposing team.



BOWLING

Bowling tournament with an instructor, organized in the Laguna Entertainment Zone. Players have three bowling lanes for up to 24 people at their disposal. Diplomas and statuettes for tournament participants are included.

 from 120 minutes

 up to 24 people

ARCHERY TAG

Archery, which uses bows and arrows with foam tips.

 up to 120 minutes

 up to 50 people



RUNMAGEDDON

An unusual and extreme attraction for people who love strong experiences. The fun involves completing the Runmageddon Adventure route and competing on the Runmageddon Games track. It is the perfect combination of physical activity and an unforgettable adventure. The event is adapted to various levels of advancement and allows you to compete both with yourself and with other participants.

 from 120 minutes

 up to 300 people



SLEIGH RIDE

Sleigh rides, torches, mulled wine, roasting sausages on a bonfire will create a unique atmosphere, thanks to which you will feel the charm of a real winter.

 from 120 minutes

 up to 50 people

ICE SWIMMING WITH SAUNA

Ice swim is an increasingly popular way to tame frost and harden the body. It can also be an ideal way to overcome your own barriers and have fun together - participants will be able to try swimming in the frosty waters of the Narew under the supervision of experienced walruses.

 up to 60 minutes

 up to 20 people



SURVIVAL TRAINING

We invite you to a condensed dose of survival knowledge that is useful not only in extreme situations, but also in everyday life. By taking part in the training, each participant will have the opportunity to spend time in the bosom of nature learning survival techniques.

 from 180 minutes

 up to 130 people

LEARNING SAFE DRIVING

 from 240 minutes

 up to 100 people

Safe driving training is dedicated to all drivers who want to improve their driving skills and reacting to emergency road situations - regardless of the number of kilometers traveled and experience behind the wheel.



VISITING THE MODLIN FORTRESS

 from 180 minutes

 up to 200 people

Visiting the Modlin Fortress with a guide is an excellent opportunity to learn the history and secrets of this extraordinary place, as well as a great place for team building!



WARSAW SIGHTSEEING

 from 240 minutes



 up to 250 people

This tour shows two faces of Warsaw. On the one hand, the Old Town with its rich history and beautiful tenement houses. On the other hand, a thriving capital with new skyscrapers and revitalized factories.



THEME EVENINGS



Theme evenings are an active way of spending time, combining good fun with competitions, in a room decorated appropriately to the atmosphere, including: with palm trees or cacti and other gadgets.

-  from 120 minutes
-  up to 200 people





VR SIMULATORS

VR simulators are interactive virtual reality experiences that allow users to experience immersive and realistic experiences in a digital world. Thanks to special VR goggles or helmets, users can feel like they are in another place and time, fully engaging their senses.



-  from 60 minutes
-  up to 200 people

ARTISTS' PERFORMANCES

 from 120 minutes
 up to 1000 people

Performances by artists at business events are a unique form of entertainment that adds prestige and attractiveness to the meeting. Through their musical and dancing skills, artists create unforgettable and exciting moments that engage the audience and create a positive atmosphere conducive to establishing relationships and building the brand's image.

THEATER ARTS

 from 120 minutes
 up to 500 people

Theater meetings as part of business events are a creative and interactive form of presentation that engages the audience.

EVENT TECHNICAL SERVICE

Large-format LED screens, spectacular stage lighting or comprehensive event sound – we will help you organize the setting for a concert, event or conference. We adapt the scope of equipment used to the technical rider of a given event.



HOTELS FOR INSECTS

CSR has recently become very popular among companies in large cities, where the disappearance of bees is painfully felt. Hotels are eagerly taken over by company employees and installed near the office.

 from 120 minutes

 up to 100 people

SHAGGY ON ITS OWN

Integration with the mission! Participants build kennels and make toys for dogs and cats. Later, the items are transferred to the nearest shelter. The company and its employees will receive official thanks from the shelter.

 from 120 minutes

 up to 100 people

FEEDERS FOR BIRDS

Take part in building birdhouses. Each participant also has an influence on the appearance of the house. The feeders are installed near the client's company or transferred to a bird sanctuary.

 from 120 minutes

 up to 100 people





NARVIL WELLNESS

DID YOU KNOW THAT BREAKS DURING A
CONFERENCE ARE THE PERFECT TIME TO RELAX?

When planning your event, take care of meeting participants' bodies and minds by choosing one of our treatments or massages. Have a moment of relaxation so you can return to your duties with a new energy and creativity. Take advantage of our offer and feel fully recovered.





RELAXED & HEALTHY

- > BEAUTY WORKSHOPS
- > MAKEUP WORKSHOPS
- > WELLNESS THERAPY
- > CEREMONY WITH THE MASTER
- > ANTI-STRESS MASSAGE
- > WELLNESS TREATMENTS
- > SPA PARTY
- > CONFERENCE SPA



BODY & MIND

- > JOGA
- > PILATES
- > JOGGING
- > AQUA AREOBIK
- > NORDIC WALKING
- > LAUGHING YOGA
- > STRESS STOP
- > MINDFULLNES



BEAUTY WORKSHOP

Facial care workshops offer practical and theoretical training, thanks to which participants will gain knowledge about effective care techniques adapted to different skin types. The program was designed so that participants could understand the importance of proper care using professional products and tools.

🕒 from 120 minutes 👤 up to 20 people



MAKEUP WORKSHOP

Makeup workshops will allow participants to discover the secrets of professional make-up, adapted to various occasions and types of beauty. The program has been carefully designed so that participants can acquire skills in makeup techniques using high-quality products. The workshops are held under the supervision of professional make-up artist Aleksandra Majewska.

🕒 from 120 minutes 👤 up to 20 people



WELLNESS THERAPY

A quick wellness program in a modern space including a thermal zone and a quiet space with a view of the forest on the Narew River. This place was designed in a way that allows you to draw energy directly from nature. In the basement of Niagara Spa, a thermal zone has been created with a vital pool, a steam bath, a Caldarium Finnish sauna, showers of sensations, arctic ice and heated loungers.

🕒 from 60 minutes 👤 up to 25 people



CEREMONY WITH THE MASTER

A ritual of "aromanization" with hot air conducted in a Finnish sauna by the Master of Ceremonies, who pours water with natural essential oils over stones and sets the generated steam in motion using fans or other objects. The ceremony is also a form of aromatherapy and has a beneficial effect on the body and well-being.

🕒 from 45 minutes 👤 up to 15 people



ANTI-STRESS MASAGE

An original and effective break between conferences will help each event participant relax their muscles. A deeply relaxing back massage combining classic massage with the pressure method, acupressure and stretching. This form of coffee break will allow conference guests to relax and will be remembered as a unique attraction.



from 10 minutes



up to 5 people

WELLNESS TREATMENTS

We offer participants of business events at the Narvil Hotel individual anti-stress and health-improving treatments for conference groups with even a small break during the meetings. The treatments include facial treatments and massages, among others: facial massage, classic massage or wellness massage.



from 30 minutes

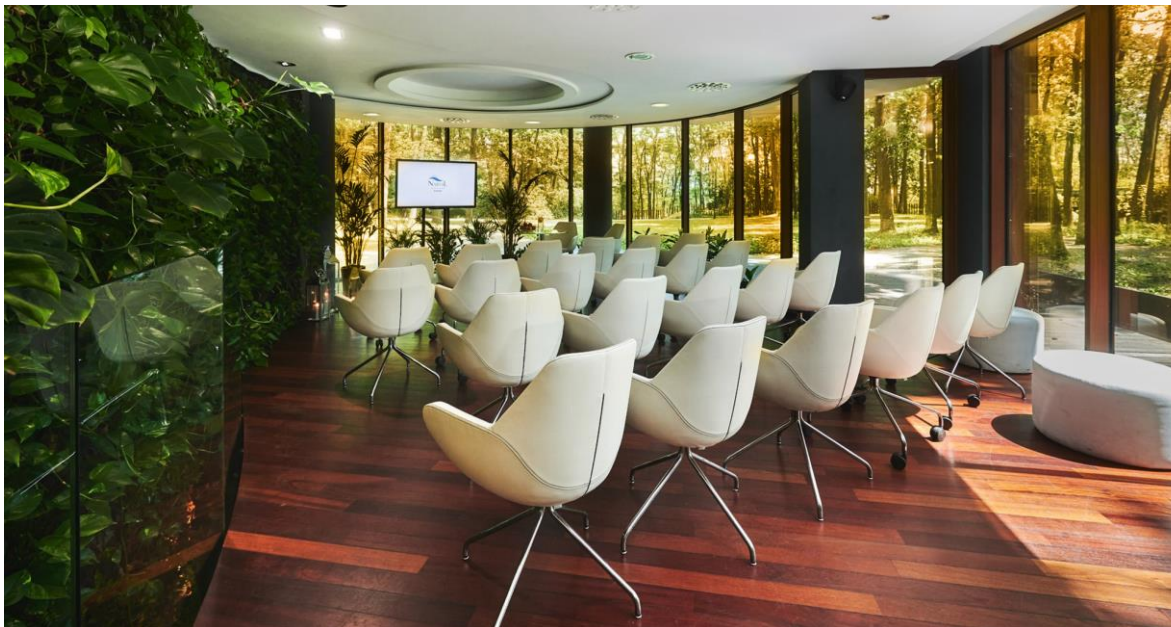


SPA PARTY

SPA PARTY is an unforgettable experience for groups who want to relax and unwind in a luxurious spa atmosphere. We provide a comprehensive range of spa services that will bring participants a deep feeling of relaxation and renewal. When organizing a SPA PARTY, we take care of every detail to create a unique and soothing space where our guests can enjoy moments of luxury and care for their body and mind.

🕒 from 120 minutes

👤 up to 20 people



CONFERENCE SPA

An unusual conference offer in the beautiful interiors of Niagara Spa combined with award-winning cuisine and the best service. The unique interior of Niagara Spa can accommodate up to 40 people and is perfect as a place for meetings, product presentations, workshops and creative sessions, during which the energy flowing from the spa and direct access to the park on the Narew River will allow you to achieve better work results in a good atmosphere.

🕒 from 120 minutes

👤 up to 40 people



YOGA

These are excellent general development exercises. They build concentration and reduce stress using the technique of conscious inhalation and exhalation

 60 minutes

 up to 20 people

PILATES

An effective and holistic approach to strengthening the body, improving posture and increasing flexibility. Under the guidance of experienced instructors, participants will work on building strength, improving balance and stretching muscles.

 60 minutes

 up to 20 people

JOGGING

Recreational activities in the field, combining running with general development exercises. The main goal of jogging is to improve physical performance and general fitness.

 60 minutes

 up to 20 people





AQUA AEROBIC

Exercises performed in water in the form of simple choreographies resembling aerobics. All muscle groups are involved, and the exercises are very safe and effective.

 45 minutes

 up to 15 people



NORDIC WALKING

Outdoor classes with an instructor and using specialized poles. We teach and improve walking with poles. It is a sport for people of all ages and all those who want to improve their fitness.

 60 minutes

 up to 20 people



LAUGHING YOGA

Laughter yoga combines yoga techniques with elements of laughter, which leads to deep relaxation, stress reduction and improved physical and mental well-being.

 from 120 minutes

 up to 30 people

STRESS STOP

Stress affects everyone. It can effectively paralyze our mind and body. Taking classes with an instructor in the field of gelotology, i.e. healthy laughter training, will allow you to find healthy layers of positive thinking within yourself.

 from 120 minutes

 up to 30 people

MINDFULNESS

Mindfulness classes direct participants' attention to the present moment, helping to reduce stress, increase concentration and develop conscious presence. Through meditation, breathing and relaxation practices, participants gain tools to cope with everyday challenges.

 60 minutes

 up to 20 people





CULINARY EXPERIENCE

YOUR EVENT WITH TASTE...

Studio Aruana is a luxurious space for creation, tasting and relaxation. It is a place for business and private meetings, where everything is focused on guests, chefs and unique cuisine.

Get to know the details of inspiring culinary meetings and special events at the Aruana Studio for groups from 8 to 200 people.


NARVIL

CULINARY EXPERIENCE



CULINARY WORKSHOPS

Workshops intended for conference groups and cuisine enthusiasts. Learning how to cook together, integrating and having fun under the supervision of the Chef and the Aruana restaurant team.



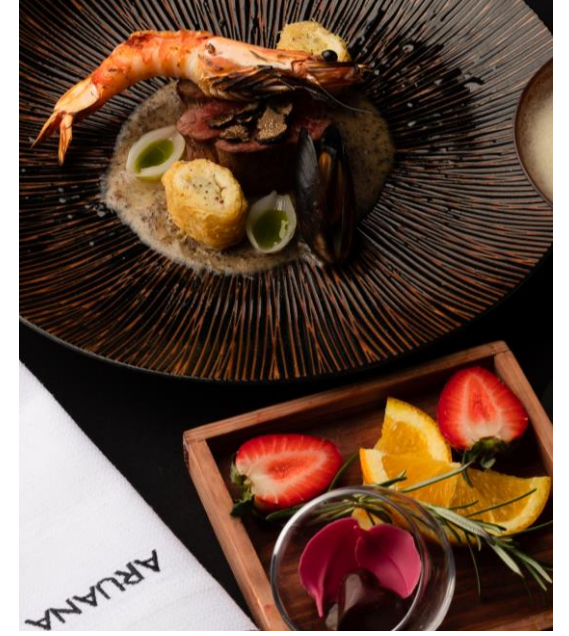
LIQUEUR WORKSHOPS

Workshop participants work independently based on recipes prepared by the Sommelier present during the workshop. This is a lesson in preparing liqueurs from seasonal fruits and herbs. The workshops ended with a joint tasting of previously prepared liqueurs.



BUSINESS LUNCH/DINNER

A company meeting can be held in a non-obvious interior. Organize them in a tasty way - in the Aruana Studio space. Feel the wave of inspiration! To eat lunch or dinner during work or business meetings, you no longer have to leave the conference room.



TASTING EVENING

The tasting menu is a meeting combined with live cooking, as well as the opportunity to cook together with the creators of the Aruana Restaurant. A one-of-a-kind spectacle that will present you with a feast of flavors of selected items from the restaurant menu and unique seasonal dishes.

 up to 200 people  from 120 minutes

 up to 200 people  from 60 minutes

 up to 200 people  from 120 minutes

 up to 20 people  up to 5 hours



GIFTS

- › QUOTA VOUCHER
- › SPA VOUCHER
- › STAY VOUCHER
- › COSMETICS SETS
- › CHAMPAGNE
- › CAKE/CHOCOLATES



Marek Buc
MANAGER OF RECREATION

CONTACT

To learn more about the
NARVIL ADVENTURE offer
for the Fall / Winter 2024 season,
contact us



519-042-416



m.buc@hotelnarvil.pl

