



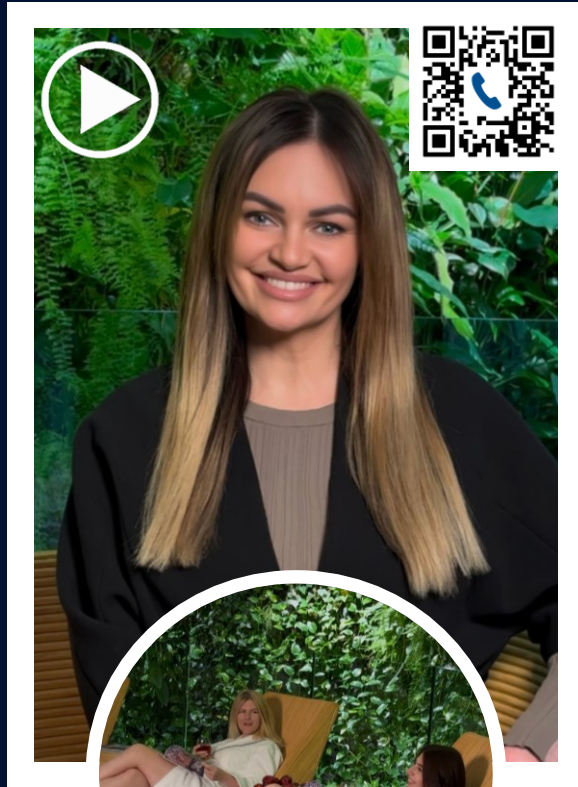
NARVIL EXPERIENCE

SPRING / SUMMER 2025





NARVIL
ADVENTURE



WELLNESS
& HEALTH

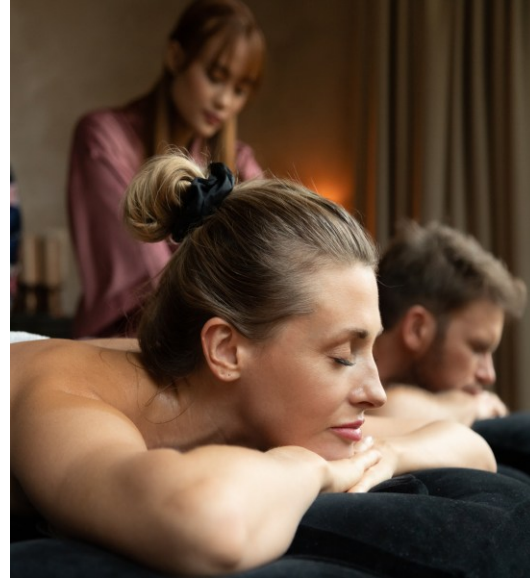


CULINARY
EXPERIENCE

NARVIL EXPERIENCE



NARVIL
ADVENTURE



NARVIL
WELLNESS



CULINARY
EXPERIENCE



GIFTS

NARVIL ADVENTURE

A COMPANY EVENT IS A PURE PLEASURE
– CHECK OUT OUR IDEAS FOR THIS SEASON!

Hotel Narvil has a wide range of attractions both inside and outside. We will help you choose the right option depending on how you want to organize your employees' time – everyone will find something for themselves here.



NARVIL ADVENTURE



TEAM BUILDING

- > STORM GAME
- > FROM DESIGN TO RESULT
- > LEONARDO DA VINCI DESIGN
- > BUILDING STRUCTURES
- > ESCAPE BOX
- > 4 ELEMENTS – FIELD GAME
- > AGENT TRAINING
- > REGATTA
- > CAR DESIGNERS
- > ADVENTURE BOX
- > MOTOR BOATS & WATER ATTRACTION
- > TERRA PROJECT



COMPETITION

- > RECREATIONAL FIELD
- > BUMPER BALL
- > SHOOTING TOURNAMENT
- > QUAD TRIP
- > 4x4 EXPEDITION
- > PAINTBALL
- > BOWLING
- > ARCHERY TAG



EXPERIENCE

- > BICYCLE TOUR
- > ZIPLINE
- > SURVIVAL TRAINING
- > LEARNING SAFE DRIVING
- > GONDOLA CRUISE
- > TURIST SHIP CRUISE
- > WARSAW SIGHTSEEING
- > VISITING THE MODLIN FORTRESS
- > CANOEING
- > ARTISTS' PERFORMANCES
- > THEATER ARTS
- > EVENT TECHNICAL SERVICE





CSR

- > HOTELS FOR INSECTS
- > SHAGGY ON ITS OWN
- > FEEDERS FOR BIRDS





STORM GAME

We start in the forest or in a hotel. The main part of the game takes place on water. Each crew will receive a sailing yacht and a helmsman to help them.

 from 180 minutes
 up to 150 people



FROM DESIGN TO RESULT

Participants are divided into small teams of 10 people and receive the necessary materials to build rafts. Each team constructs their own rafts, which at the end will take part in a race around the buoy.

 from 180 minutes
 up to 100 people

LEONARDO DA VINCI DESIGN

A construction team building that will take participants to the world of the Renaissance Master. The participants of the game, divided into teams of 6, take on the role of Giacomo Caprotti - Leonardo's student.

 from 120 minutes
 Up to 70 people



NARVIL
ADVENTURE

BUILDING STRUCTURES



from 180 minutes



up to 300 people

If you are looking for innovative and exciting team building, where the goal is on the communication skills and creative activities of teams, you must face it with Building Structures!



ESCAPE BOX



from 120 minutes



up to 200 people

The participants of the game are divided into teams of 6-8 people and have to complete the task in a shorter time than 90 minutes to solve a number of arcade and logic puzzles in six suitcases placed in a chest.



4 ELEMENTS – FIELD GAME

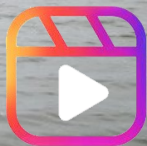


from 180 minutes



up to 200 people

The tasks are related to the 4 elements – teams must face them together. The opponents are: air, water, fire and earth.



WATCH
REEL!

AGENT TRAINING

This is an integration outdoor game. You will feel like recruits of secret special units. There are a number of training and team challenges ahead of you for fun. You will gain a lot of skills needed not only in business.

 from 180 minutes

 up to 100 people



REGATTA

Sports competition on the water. Crews under the supervision of an experienced instructor - participant of the World and Polish Championships in international regatta classes.

 from 240 minutes

 up to 180 people

CAR DESIGNERS

Create vehicles, present and then race. The best driver is behind the wheel, and the rest of the team is... the engine!

 od 180 minutes

 up to 130 people



NARVIL
ADVENTURE

 from 240 minutes

 up to 130 people

ADVENTURE BOX

Adventure Box is an innovative formula of a team building game, developed for corporate events, training events, and events whose main goal is to integrate the group, select leaders, and show the strengths and weaknesses of your team.

MOTORBOATS & WATER ATTRACTIONS

 from 60 minutes

Activities using water equipment – to choose from, among others: motorboats and pedal boats.

TERRA PROJECT

 up to 120 minutes

 up to 80 people

Build a Zero-Emission Energy Network – to gain access to unique transmission modules, teams solve complex logical and analytical tasks, participate in lotteries, and trade or collaborate with other groups. Together, they create a unique network of connections, enabling the main core to be powered.



WATCH
REEL!





RECREATIONAL FIELD

Team games are the best way to integrate a group and introduce healthy competition in accordance with the principles of fair play. Play a tournament on our newly built multi-purpose pitch. Possible disciplines on the pitch:

- Volleyball (18 x 9 m)
- Basketball (22 x 10 m)
- Football (22 x 10 m)

BUMPER BALL

A fun football match - players play the match wearing giant inflatable bubbles. A great idea to introduce a large dose of humor into a sports tournament.

 up to 120 minutes

 up to 20 people

SHOOTING TOURNAMENT

Shooting training using sharp weapons, organized at a nearby shooting range, or a shooting tournament using pneumatic weapons with an instructor, organized in the green area in front of the hotel. Diplomas and statuettes for tournament participants.

 from 120 minutes



 up to 60 people





NARVIL
ADVENTURE



QUAD TOUR

 from 120 minutes
 up to 20 people

These vehicles will certainly provide a huge dose of emotions and adrenaline. Instructors will ensure the safety of the expedition and the route will lead you through mud, sand and steep descents..





4x4 EXPEDITION

 from 120 minutes
 up to 100 people

Each team will have a jeep with an instructor at their disposal to travel and complete an off-road route (route outside the hotel premises).

PAINTBALL

 from 120 minutes
 up to 100 people

Playing paintball is a perfect choice for team building in an unusual way. The participants are divided into two groups and their main goal is to eliminate the opposing team.





BOWLING

Bowling tournament with an instructor, organized in the Laguna Entertainment Zone. Players have three bowling lanes for up to 24 people at their disposal. Diplomas and statuettes for tournament participants are included.


 from 120 minutes

 up to 24 people

ARCHERY TAG

Archery, which uses bows and arrows with foam tips.

 up to 120 minutes

 up to 50 people



BYCYCLE TOUR

A bicycle trip along a selected sightseeing route - combines both direct contact with the Narew nature and visiting the most interesting places in Serock.

 from 60 minutes

 up to 20 people

ZIPLINE

The zip line at the Narvil Hotel consists of 3 exciting descents on ropes suspended between trees over the Narew River at a height of 12 meters. An attraction providing unforgettable adrenaline.

 from 60 minutes

 up to 30 people



SURVIVAL TRAINING

We invite you to a condensed dose of survival knowledge that is useful not only in extreme situations, but also in everyday life. By taking part in the training, each participant will have the opportunity to spend time in the bosom of nature learning survival techniques.

 from 180 minutes

 up to 130 people

LEARNING SAFE DRIVING

 from 240 minutes

 up to 100 people

Safe driving training is dedicated to all drivers who want to improve their driving skills and reacting to emergency road situations – regardless of the number of kilometers traveled and experience behind the wheel.

GONDOLA CRUISE

 from 180 minutes

 up to 45 people

A cruise on the Narew River in the castle gondolas is an unforgettable experience. During the trip you can admire the extraordinary charms of the Narew nature. With a bit of luck, we will spot a beaver, a protected gray heron and a white-tailed eagle.

TURIST SHIP CRUISE

 120 minutes

 50 people

A cruise can be a good break in a meeting or time that can be used for discussions outside the conference room. During the cruise on Lake Zegrze, participants will be able to see and learn about the history of the reservoir, and it is also possible to individually select the route.







WATCH
REEL!



VISITING THE MODLIN FORTRESS

Visiting the Modlin Fortress with a guide is an excellent opportunity to learn the history and secrets of this extraordinary place, as well as a great place for team building!

-  from 180 minutes
-  up to 200 people

WARSAW SIGHTSEEING



This tour shows two faces of Warsaw. On the one hand, the Old Town with its rich history and beautiful tenement houses. On the other hand, a thriving capital with new skyscrapers and revitalized factories.

-  from 240 minutes
-  up to 200 people





CANOEING

A recreational adventure with a kayak, paddles and the peculiar meanders of individual rivers - the Narew, Wkra or Liwiec. Everything in harmony with nature, with a subtly arranged picnic and lots of unforgettable views. The unique atmosphere of each trip is combined with the professional care of WOPR



-  from 120 minutes
-  up to 250 people

ARTISTS' PERFORMANCES

 from 120 minutes
 up to 1000 people

Performances by artists at business events are a unique form of entertainment that adds prestige and attractiveness to the meeting. Through their musical and dancing skills, artists create unforgettable and exciting moments that engage the audience and create a positive atmosphere conducive to establishing relationships and building the brand's image.

THEATER ARTS

 from 120 minutes
 up to 500 people

Theater meetings as part of business events are a creative and interactive form of presentation that engages the audience.

EVENT TECHNICAL SERVICE

Large-format LED screens, spectacular stage lighting or comprehensive event sound – we will help you organize the setting for a concert, event or conference. We adapt the scope of equipment used to the technical rider of a given event.



WATCH
REEL!



HOTELS FOR INSECTS

CSR has recently become very popular among companies in large cities, where the disappearance of bees is painfully felt. Hotels are eagerly taken over by company employees and installed near the office.

 from 120 minutes

 up to 100 people

SHAGGY ON ITS OWN

Integration with the mission! Participants build kennels and make toys for dogs and cats. Later, the items are transferred to the nearest shelter. The company and its employees will receive official thanks from the shelter.

 from 120 minutes

 up to 100 people



FEEDERS FOR BIRDS

Take part in building birdhouses. Each participant also has an influence on the appearance of the house. The feeders are installed near the client's company or transferred to a bird sanctuary.

 from 120 minutes

 up to 100 people



NARVIL WELLNESS

DID YOU KNOW THAT BREAKS DURING A
CONFERENCE ARE THE PERFECT TIME TO RELAX?

When planning your event, take care of meeting participants' bodies and minds by choosing one of our treatments or massages. Have a moment of relaxation so you can return to your duties with a new energy and creativity.

Take advantage of our offer and feel fully recovered.



WATCH
REEL!



NARVIL WELLNESS



WORK LIFE BALANCE

- > WORKSHOPS FOR CREATING
NATURAL COSMETICS
- > WORKSHOPS FOR CREATING
GLASS FORESTS
- > KOKEDAMA WORKSHOPS
- > BEAUTY WORKSHOPS
- > MAKEUP WORKSHOPS



RELAXED & HEALTHY

- > WELLNESS THERAPY
- > ANTI-STRESS MASSAGE
- > CEREMONY WITH THE MASTER
- > WELLNESS TREATMENTS
- > SPA PARTY
- > CONFERENCE SPA



BODY & MIND

- > YOGA
- > PILATES
- > JOGGING
- > AQUA AREOBIC
- > NORDIC WALKING
- > LAUGHING YOGA
- > STRESS STOP
- > MINDFULLNES



CREATING NATURAL COSMETICS

In our workshops, you will learn how to make the most of nature's gifts and incorporate them into your personal care routine. You will spend time surrounded by plants and natural additives, and by the end, under the guidance of an instructor, you will create personalized sets of cosmetics.

 90 minutes

 up to 20 people

CREATING FORESTS IN GLASS

During the glass forest creation workshop, we will spend some time with nature – you will choose your own plants, and we will teach you how to select the right substrate, create compositions, and care for a small forest in a jar.

 90 minutes

 up to 60 people

KOKEDAMA

Transport Yourself to Japan and Create Your Own Hanging Gardens! Kokedama is a unique plant cultivation technique where, instead of using a pot, the plant is placed in a ball of soil and moss.

 90 minutes

 up to 20 people





BEAUTY WORKSHOP

Facial care workshops offer practical and theoretical training, thanks to which participants will gain knowledge about effective care techniques adapted to different skin types. The program was designed so that participants could understand the importance of proper care using professional products and tools.

🕒 from 120 minutes 👤 up to 20 people



MAKEUP WORKSHOP

Makeup workshops will allow participants to discover the secrets of professional make-up, adapted to various occasions and types of beauty. The program has been carefully designed so that participants can acquire skills in makeup techniques using high-quality products. The workshops are held under the supervision of professional make-up artist Aleksandra Majewska.

🕒 from 120 minutes 👤 up to 20 people



WELLNESS THERAPY

A quick wellness program in a modern space including a thermal zone and a quiet space with a view of the forest on the Narew River. This place was designed in a way that allows you to draw energy directly from nature. In the basement of Niagara Spa, a thermal zone has been created with a vital pool, a steam bath, a Caldarium Finnish sauna, showers of sensations, arctic ice and heated loungers.

🕒 from 60 minutes 👤 up to 25 people



CEREMONY WITH THE MASTER

A ritual of "aromanization" with hot air conducted in a Finnish sauna by the Master of Ceremonies, who pours water with natural essential oils over stones and sets the generated steam in motion using fans or other objects. The ceremony is also a form of aromatherapy and has a beneficial effect on the body and well-being.

🕒 from 45 minutes 👤 up to 15 people



ANTI-STRESS MASAGE

An original and effective break between conferences will help each event participant relax their muscles. A deeply relaxing back massage combining classic massage with the pressure method, acupressure and stretching. This form of coffee break will allow conference guests to relax and will be remembered as a unique attraction.

🕒 from 10 minutes

👤 up to 5 people



WELLNESS TREATMENTS

We offer participants of business events at the Narvil Hotel individual anti-stress and health-improving treatments for conference groups with even a small break during the meetings. The treatments include facial treatments and massages, among others: facial massage, classic massage or wellness massage.

🕒 from 30 minutes



SPA PARTY

SPA PARTY is an unforgettable experience for groups who want to relax and unwind in a luxurious spa atmosphere. We provide a comprehensive range of spa services that will bring participants a deep feeling of relaxation and renewal. When organizing a SPA PARTY, we take care of every detail to create a unique and soothing space where our guests can enjoy moments of luxury and care for their body and mind.

🕒 from 120 minutes

👤 up to 20 people



CONFERENCE SPA

An unusual conference offer in the beautiful interiors of Niagara Spa combined with award-winning cuisine and the best service. The unique interior of Niagara Spa can accommodate up to 40 people and is perfect as a place for meetings, product presentations, workshops and creative sessions, during which the energy flowing from the spa and direct access to the park on the Narew River will allow you to achieve better work results in a good atmosphere.

🕒 from 120 minutes

👤 up to 40 people



YOGA

These are excellent general development exercises. They build concentration and reduce stress using the technique of conscious inhalation and exhalation



60 minutes



up to 20 people

PILATES

An effective and holistic approach to strengthening the body, improving posture and increasing flexibility. Under the guidance of experienced instructors, participants will work on building strength, improving balance and stretching muscles.



60 minutes



up to 20 people

JOGGING

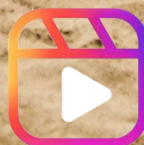
Recreational activities in the field, combining running with general development exercises. The main goal of jogging is to improve physical performance and general fitness.



60 minutes



up to 20 people



WATCH
REEL!



AQUA AEROBIC

Exercises performed in water in the form of simple choreographies resembling aerobics. All muscle groups are involved, and the exercises are very safe and effective.

 45 minutes

 up to 15 people



NORDIC WALKING

Outdoor classes with an instructor and using specialized poles. We teach and improve walking with poles. It is a sport for people of all ages and all those who want to improve their fitness.

 60 minutes

 up to 20 people



LAUGHING YOGA

Laughter yoga combines yoga techniques with elements of laughter, which leads to deep relaxation, stress reduction and improved physical and mental well-being.

 from 120 minutes

 up to 30 people

STRESS STOP

Stress affects everyone. It can effectively paralyze our mind and body. Taking classes with an instructor in the field of gelotology, i.e. healthy laughter training, will allow you to find healthy layers of positive thinking within yourself.

 from 120 minutes

 up to 30 people

MINDFULNESS

Mindfulness classes direct participants' attention to the present moment, helping to reduce stress, increase concentration and develop conscious presence. Through meditation, breathing and relaxation practices, participants gain tools to cope with everyday challenges.

 60 minutes

 up to 20 people





CULINARY EXPERIENCE

YOUR EVENT WITH TASTE...

Studio Aruana is a luxurious space for creation, tasting and relaxation. It is a place for business and private meetings, where everything is focused on guests, chefs and unique cuisine.

Get to know the details of inspiring culinary meetings and special events at the Aruana Studio for groups from 8 to 200 people.



WATCH
REEL!


NARVIL

CULINARY EXPERIENCE



CULINARY WORKSHOPS

Workshops intended for conference groups and cuisine enthusiasts. Learning how to cook together, integrating and having fun under the supervision of the Chef and the Aruana restaurant team.

 up to 200 people  from 120 minutes



BUSINESS LUNCH/DINNER

A company meeting can be held in a non-obvious interior. Organize them in a tasty way - in the Aruana Studio space. Feel the wave of inspiration! To eat lunch or dinner during work or business meetings, you no longer have to leave the conference room.

 up to 200 people  from 120 minutes



TASTING EVENING

The tasting menu is a meeting combined with live cooking, as well as the opportunity to cook together with the creators of the Aruana Restaurant. A one-of-a-kind spectacle that will present you with a feast of flavors of selected items from the restaurant menu and unique seasonal dishes.

 up to 20 people  up to 5 hours

CULINARY EXPERIENCE



LIQUEUR WORKSHOPS

Workshop participants work independently based on recipes prepared by the Sommelier present during the workshop. This is a lesson in preparing liqueurs from seasonal fruits and herbs. The workshops ended with a joint tasting of previously prepared liqueurs.



up to 200 people



up to 120 minutes



TASTING WORKSHOPS

Beer, wine, and whisky tasting workshops are the perfect idea for conference group events. Participants will have the opportunity to sample carefully selected beverages, learn about their history and production process under the guidance of experienced sommeliers. Additionally, we offer the possibility of organizing interactive contests to spark competition and engagement.



up to 180 people



up to 3 hours



GIFTS

- › QUOTA VOUCHER
- › SPA VOUCHER
- › STAY VOUCHER
- › COSMETICS SETS
- › CHAMPAGNE
- › CAKE/CHOCOLATES



MEET THE NARVIL

EXPLORE THE HOTEL SPACES UP CLOSE
THANKS TO A VIRTUAL TOUR CREATED
USING 3D SCANNING TECHNOLOGY.

TAKE A VIRTUAL TOUR





Marek Buc
MANAGER OF RECREATION

CONTACT

To learn more about the
NARVIL ADVENTURE offer
for the spring/summer 2025 season,
contact us



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