



NARVIL EXPERIENCE

Spring / Summer

Shared emotions create authentic bonds.
Feel it in Narvill!



How do you want to spend time with your team?



SHARED CHALLENGES,
SHARED VICTORIES



Adventure

Marek Buc
Recreation Manager



Build foundations of trust and effective communication through engaging activities that forge emotions into the real efficiency of your team.

RECOVERY IS THE PILLAR
OF EFFICIENCY



Wellness

Sylwia Cichocka
Niagara SPA Manager



Invest in the new energy and creativity of your employees by offering them deep relaxation in the soothing spaces of Niagara SPA.

RELATIONSHIPS BUILT WITH
TASTE



Culinary

Przemysław Bednarz
Chef of Aruana Restaurant



Elevate the prestige of your event with exquisite culinary experiences served in the spectacular setting of Studio Aruana.

NARVIL ADVENTURE

A JOINT TRIP THAT BUILDS YOUR TEAM'S
HISTORY – DISCOVER THE ENERGY OF THE
NEW SEASON AT HOTEL NARVIL!

We believe that the best ideas are born where comfort meets nature. At Hotel Narvil, we turn ordinary meetings into authentic experiences that stay in memory for years. Whether you are looking for adrenaline-filled integration or soothing relaxation in the silence of the forest – together we will design a scenario that will delight your employees and strengthen your bonds. Let us take care of the details while you celebrate the success of your event.





ROCK YOUR BUSINESS ✓ NEW

Rock Your Business is an innovative team-building concept where participants engage in moderated vocal workshops

 40 – 90 minutes

 For groups of 10 or more

Step out of your comfort zone

A group-bonding and ice-breaking vocal warm-up led by our instructors – professional, passionate, and high-energy musicians. The goal of the warm-up is to prepare participants for learning a collaborative performance of a well-known hit

Unlock potential of the group

A team rehearsal of the selected song. Assisted by accompanists, our coaches teach each group three distinct vocal parts and choreography for the track.

Great Final



Merging the melodic lines into a single harmony for a passionate final performance of the chosen song by all participants.







GAME FOR THE STORM

We start in the heart of nature and then move on to master the element of water. The excitement of regattas and professional support from a helmsman on every deck await you.

-  From 180 minutes
-  Up to 150 people



FROM DESIGN TO RESULT

Groups of 10 people design and build structures from available materials. The task promotes teamwork through joint problem solving and identifies leaders, while the final race verifies the effectiveness and reliability of their cooperation.

-  From 180 minutes
-  Up to 100 people

LEONARDO DA VINCI DESIGN

Groups of six take on the role of Leonardo da Vinci's students, carrying out ambitious engineering projects designed by the Renaissance master. The workshop stimulates unconventional thinking and requires precise cooperation. Participants learn how to transform complex visions into working mechanisms.

-  From 120 minutes
-  Up to 70 people



STRUCTURAL TEAM BUILDING

🕒 From 180 minutes

👤 Up to 300 people

If you are looking for an insightful and passionate team-building experience based on authentic communication and creative drive, you must challenge your teams with: Building Structures. It is a true test of unity in action.



ESCAPE BOX

🕒 From 120 minutes

👤 Up to 200 people

Divided into teams of 6–8, participants face an exciting challenge: they have 90 minutes to crack the code of a series of dexterity and logic puzzles hidden in mysterious suitcases. It is a race against time that builds incredible bonds and operational efficiency.



4 ELEMENTS – FIELD GAME

🕒 From 180 minutes

👤 Up to 200 people

Tasks inspired by the 4 elements serve as a metaphor for market challenges. Facing the power of air, water, fire, and earth together strengthens the team spirit and builds mutual trust in the face of adversity.

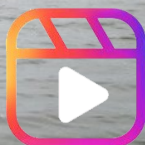


AGENT TRAINING

Feel the thrill as special forces recruits! This team-building outdoor game is not just about fun challenges; above all, it is about building self-confidence and competencies that lead to success in everyday business.

 From 180 minutes

 Up to 100 people



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SAILING REGATTA ON ZEGRZE LAKE

Feel the freedom and adrenaline of the regatta. Under the guidance of world-class experts, your crew will transform into a precision-tuned machine, where every stroke of the oar brings you closer to a collective victory.

 From 240 minutes

 Up to 180 people



CAR BUILDERS

Unleash your creativity by building your own vehicles. It's a lesson in synergy: a leader at the wheel and the rest of the team as a living engine. This activity proves that individual success depends on the strength of the group.

 From 180 minutes

 Up to 130 people



NARVIL
ADVENTURE

 From 240 minutes

 Up to 130 people

ADVENTURE BOX

Adventure Box is an innovative formula designed to awaken leaders and discover hidden talents. It provides a safe space to identify the team's strengths, which forms the foundation of effective collaboration and loyalty.

MOTORBOATS AND WATER ATTRACTIONS

Shared moments on the water—whether on motorboats or pedal boats—provide the perfect opportunity to take a breath and strengthen relationships in a relaxed, sun-filled atmosphere, far away from the office environment.

PROJECT TERRA

Build a shared vision of the future—a zero-emission energy grid. This game teaches that the greatest goals are achieved through diplomacy, trade, and cooperation, joining forces to power the collective 'core' of success.

 from 120 minutes

 Up to 80 people



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RECREATIONAL FIELD

Sports are the noblest path to integration. On our modern sports field, you will experience the joy of healthy, fair-play competition that builds team spirit and mutual respect in the following disciplines:

- Volleyball (court dimensions: 18 x 9 m) – dynamics and reflexes
- Basketball (court dimensions: 22 x 10 m) – strategy and precision
- Football (court dimensions: 22 x 10 m) – strength and cooperation

BUMPER BALL

Bumper Ball is football in a new edition—a massive dose of laughter in inflatable bubbles. It is the perfect way to release tension and integrate through pure, childlike joy that brings people together more than anything else

 from 120 minutes

 Up to 20 people

SHOOTING TOURNAMENT

Experience focus and professionalism during shooting practice. Whether using live ammunition or airguns—every target is a lesson in composure and precision, topped off with the pride of receiving trophies and certificates.

 from 120 minutes

 Up to 60 people





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ADVENTURE

QUAD EXPEDITION

🕒 from 120 minutes

👤 Up to 20 people

A Jeep Expedition is a powerful shot of adrenaline. Navigating through mud and steep descents under the guidance of instructors teaches that no obstacle is insurmountable when you have a trusted partner and the support of the group by your side.

4x4 OFF-ROAD EXPEDITION

🕒 From 120 minutes

👤 Up to 100 people

A Jeep Expedition is a powerful shot of adrenaline. Navigating through mud and steep descents under the guidance of instructors teaches that no obstacle is insurmountable when you have a trusted partner and the support of the group by your side.

PAINTBALL

🕒 From 120 minutes

👤 Up to 100 people

Paintball is a strategic adventure that lets you feel the power of a 'brotherhood in arms.' It is an excellent lesson in quick decision-making and mutual cover, which translates into better communication within the company.





BOWLING

Bowling with an instructor is a classic in an elegant edition. Three lanes in the Laguna Zone provide a space for exchanging experiences and integrating in a prestigious atmosphere, concluded with a formal trophy presentation.


 rfrom 120 minutes

 up to 24 people

ARCHERY TAG

Archery Tag combines tradition with modern fun. Soft-tipped arrows provide a safe and incredibly exciting lesson in reflexes and strategic movement planning within a dynamic group.

 up to 120 minutes

 Up to 50 people



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NARVIL
ADVENTURE



VISIT TO THE NUNA VINEYARD

✓ NEW

Nuna Vineyard is located just 10 km from the hotel. Its specific climatic conditions, along with light and permeable soils, have allowed for the production of perfectly balanced, aromatic wines.

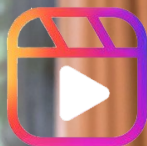
🕒 From 90 minutes

👤 Up to 100 people

We will begin with a walk among the vines, wine glass in hand. A guide will share the history of the vineyard, the secrets of cultivation, and the entire production cycle—from plant care to harvest time.

Next, we will head to the winery for a tasting of two wines, accompanied by a selection of refreshments—aromatic cured meats, specially selected cheeses, and fresh bread.

During the tasting, a guide will introduce participants to the world of wine evaluation techniques—its color, aroma, and taste—while explaining the production and aging processes.


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WINE & ART PAINTING WITH THE WINE

✓ NEW

Wine & Art—painting workshops with wine are an ideal way to integrate a team in a relaxing and creative atmosphere. Creating paintings together under the guidance of an artist, while enjoying a glass of excellent wine, allows for a free exchange of thoughts and building relationships outside the office routine.

Workshop participants will sample 3 types of wine. Wine pairings will also be served, including cured meats, cheeses, and bread.

 150 – 180 min 10 – 30 people


TEATR CAPITOL



IMPROVISED PERFORMANCES

✓ NEW

The interactive spectacle 'The Wedding' is Poland's first 'show & dining' experience, produced by the artists of Warsaw's Capitol Theatre, which blurs the line between the stage and the audience. The performance is built on the idea of improvisation, allowing actors to react in real-time to the guests' behavior, making them full participants in the event. This formula offers not only high-end entertainment but, above all, serves as a tool for building extraordinary group dynamics as everyone joins in to co-create a unique script.

 180 min 100 – 400 people



BICYCLE TRIP

Discover the beauty of nature during a bike tour. Connecting with the wildlife along the Narew River and the history of Serock provides a soothing experience for the senses and a perfect opportunity for informal, inspiring conversations on the move.

 from 60 minutes

 Up to 20 people

ZIP-LINE

Break your own barriers on a zip-line! A 12-meter descent on a slope leading to the Narew River is a test of courage that gives a sense of boundless freedom and pride in overcoming fear – an experience that stays in your memory for years.

 from 60 minutes

 Up to 30 people



SURVIVAL TRAINING

Survival school is an investment in self-reliance. Learn survival techniques that build mental resilience and the ability to cope in any situation, while teaching respect for nature and your own capabilities.

 from 180 minutes

 Up to 130 people

SAFE DRIVING COURSE

 from 240 minutes

 Up to 100 people

A safe driving academy is an investment in the lives and comfort of your employees. Improving skills behind the wheel builds a sense of security and responsibility, regardless of the driver's experience.

GONDOLA CRUISE ON THE NAREW RIVER

 from 180 minutes

 Up to 45 people

A gondola cruise on the Narew is a time to celebrate beauty. The peace and harmony of the river, along with the chance to encounter local wildlife, offer a luxurious escape that allows for deep regeneration and builds gratitude for time spent together.

SIGHTSEEING BOAT CRUISE

 120 minutes

 50 people

Harness the soothing influence of the water on Zegrze Lake. A cruise is the perfect space for barrier-free discussions and creative brainstorming, where the sound of the waves opens minds to new, innovative solutions.







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MODLIN FORTRESS SIGHTSEEING

Modlin Fortress is an inspiring history lesson. Discovering the secrets of the past with colleagues is a fascinating journey that builds group identity and broadens horizons.

-  from 180 minutes
-  Up to 200 people

WARSAW SIGHTSEEING



Two faces of Warsaw – from historic townhouses to towering skyscrapers. This tour is a symbol of growth and adaptation, showing how respect for tradition can harmonize with a modern vision of the future.

-  from 240 minutes
-  Up to 200 people



KAYAKING ADVENTURE

A kayaking adventure along the meanders of the Narew River is a return to roots. A trip with professional water rescue support and a forest picnic is a recipe for total relaxation and building an authentic community in the rhythm of nature.

-  from 120 minutes
-  Up to 250 people

ARTISTIC PERFORMANCES

 from 120 minutes

 Up to 1000 people

Artistic performances are pure magic that brings glamour and prestige to your event. Emotions conveyed through dance and music open the hearts of guests, building a lasting, positive image of your brand.

MULTIMEDIA EVENT SETTING

Large-format LED screens, impressive stage lighting, or comprehensive sound systems – we help organize the setting for concerts, events, or conferences. We adjust the range of equipment used to the technical rider of each specific event.

More information about stage technology can be found in the "Narvil Event 360°" offer.



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INSECT HOTELS

CSR is an expression of a company's maturity. Building hotels for bees provides real help for the ecosystem and gives employees a sense of pride in belonging to an organization that cares about a better tomorrow.

 from 120 minutes

 Up to 100 people

SHAGGY AT HOME

Integration that changes the world! Building kennels and toys for animal shelters is the highest form of team building through empathy. Official thanks will be lasting proof of your great heart.

 from 120 minutes

 Up to 100 people



BIRD FEEDERS

Join us in creating birdhouses. Each feeder is a symbol of care and cooperation that, once installed at the office, will daily remind everyone of shared success and environmental stewardship

 from 120 minutes

 Up to 100 people



WELLNESS & HEALTH

DID YOU KNOW THAT CONFERENCE BREAKS ARE
THE PERFECT TIME FOR RELAXATION AND
UNWINDING?

Professional treatments and massages help maintain the physical and mental well-being of event participants. This is a key planning element that provides the team with deep relaxation, allowing them to return to business challenges with renewed energy and a fresh, creative perspective.



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CREATING NATURAL COSMETICS

At our workshops, you will learn how to use the benefits of nature in your daily self-care. Spend quality time surrounded by plants and natural ingredients to create a set of personalized cosmetics under the guidance of a professional instructor.

 90 minutes

 Up to 20 people

FOREST IN A GLASS

During our "forest in a glass" workshops, we will spend some quality time with nature – you will choose your own plants, and we will teach you how to select the right substrate, create a composition, and care for your small ecosystem.

 90 minutes

 Up to 60 people

KOKEDAMA

Experience Japan by creating your own hanging gardens. Kokedama is a unique method where plants are grown in moss-covered soil balls instead of traditional pots.

 90 minutes

 Up to 20 people





BEAUTY WORKSHOPS

Facial care workshops offer practical and theoretical training, through which participants will gain knowledge about effective care techniques tailored to various skin types. The program has been designed so that participants can understand the importance of proper care, using professional products and tools.

 from 120 minutes  Up to 20 people



MAKEUP WORKSHOPS

Makeup workshops will allow participants to discover the secrets of professional makeup, tailored to various occasions and types of beauty. The program has been carefully developed so that participants can acquire skills in makeup techniques, using high-quality products. The workshops are held under the guidance of professional makeup artist Aleksandra Majewska.

 from 120 minutes  Up to 20 people



BIOLOGICAL REGENERATION

A rapid wellness program in a modern space featuring a thermal zone and a quiet area overlooking the forest along the Narew River. This space was designed to draw energy directly from nature. Located in the basement of the Niagara Spa, the thermal zone features a vitality pool, steam room, Caldarium Finnish sauna, sensory showers, Arctic ice, and heated loungers.

 from 60 minutes  Up to 25 people



SAUNA CEREMONY

Rytuał „aromanaparzania” gorącym powietrzem prowadzony w saunie fińskiej przez Mistrza Ceremonii, który polewa kamienie wodą z naturalnymi olejkami eterycznymi i wprawia w ruch wytworzoną parę za pomocą wachlarzy lub innych przedmiotów. Ceremonia jest również formą aromaterapii i posiada dobroczynny wpływ na organizm i samopoczucie.

 from 45 minutes  Up to 15 people



ANTI-STRESS ACTIVITIES

An original and effective break between conferences will help every event participant relax their muscles. A deeply relaxing back massage combining classic massage with pressure methods, acupressure, and stretching. This form of coffee break will allow conference guests to unwind and will be remembered as an unconventional attraction.

 from 10 minutes

 Up to 5 people



WELLNESS TREATMENTS

We offer participants of business events at the Narvil Hotel individual anti-stress and health-improving treatments for conference groups with even a short break during their meetings. The treatments include facial care and massages, such as facial massage, classic massage, and wellness massage.

 from 30 minutes



SPA PARTY

SPA PARTY is an unforgettable experience for groups who want to relax and unwind in a luxurious spa atmosphere. We provide a comprehensive range of spa services that will give participants a deep sense of relaxation and renewal. When organizing a SPA PARTY, we take care of every detail to create a unique and soothing space where our guests can enjoy moments of luxury and care for their body and mind.

 from 120 minutes

 Up to 20 people

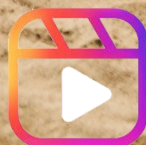


CONFERENCE SPA

An unusual conference offer in the beautiful interiors of Niagara Spa, combined with award-winning cuisine and the best service. The unique interiors of Niagara Spa can accommodate up to 40 people and are perfect for meetings, product presentations, workshops, and creative sessions, where the energy flowing from the spa and direct access to the park on the Narew River will allow you to achieve better results in a pleasant atmosphere.

 from 120 minutes

 Up to 40 people

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YOGA

These are excellent all-around development exercises. They build focus and reduce stress through conscious inhalation and exhalation techniques.



60 minutes



Up to 20 people

PILATES

An effective and holistic approach to body strengthening, posture improvement, and increased flexibility. Under the guidance of experienced instructors, participants will work on building strength, improving balance, and muscle stretching.



60 minutes



Up to 20 people

JOGGING

Outdoor recreational activities combining power walking and jogging with general conditioning exercises. The main goal is to improve physical endurance and overall fitness.



60 minutes



Up to 20 people



AQUA AEROBICS

Exercises performed in water in the form of simple choreography resembling aerobics. All muscle groups are involved, and the exercises are very safe and effective.

 45 minutes

 Up to 15 people



NORDIC WALKING

Outdoor classes with an instructor using specialized poles. We offer both Nordic walking lessons for beginners and technique refinement for regulars. It's a sport for all ages and anyone looking to improve their fitness.

 60 minutes

 Up to 20 people



LAUGHTER YOGA

Laughter Yoga combines yoga techniques with elements of laughter, leading to deep relaxation, stress reduction, and improved physical and mental well-being.

 from 120 minutes

 Up to 30 people

STRESS STOP

Stress affects everyone. It can effectively paralyze our mind and body. Classes with a gelotology instructor (healthy laughter training) will help you rediscover healthy reserves of positive thinking.

 from 120 minutes

 Up to 30 people

MINDFULNESS

Mindfulness classes direct participants' attention to the present moment, helping to reduce stress, increase concentration, and develop conscious presence. Through meditation, breathing, and relaxation practices, participants gain tools to cope with everyday challenges.

 60 minutes

 Up to 20 people





CULINARY EXPERIENCE

YOUR EVENT WITH TASTE...

Studio Aruana is a luxurious space for creation, tasting, and relaxation. It is a venue for business and private meetings, where our Guests, Chefs, and exceptional cuisine are the main stars.

Discover the details of inspiring culinary meetings and special events at the Aruana Culinary Studio for groups ranging from 8 to 200 people..



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NARVIL

CULINARY EXPERIENCE



CULINARY WORKSHOPS

Workshops designed for conference groups and culinary enthusiasts. Learn to cook together, integrate, and have fun under the guidance of the Executive Chef and the Aruana restaurant team.

 Up to 200 people  from 120 minutes

BUSINESS LUNCH/DINNER

A corporate meeting can be held in an unconventional interior. Organize it with taste – in the space of Studio Aruana. Feel the wave of inspiration! To enjoy lunch or dinner during work or business meetings, you no longer have to leave the conference room.

 Up to 200 people  from 120 minutes

TASTING EVENING

A tasting menu is a meeting combined with live cooking, as well as an opportunity to cook together with the creators of the Aruana Restaurant. A one-of-a-kind spectacle that will present you with a symphony of flavors from selected items on the restaurant menu and exceptional seasonal dishes.

 Up to 20 people  Up to 5 hours

CULINARY EXPERIENCE



LIQUOR WORKSHOP

Workshop participants work independently based on recipes and formulas prepared by the Sommelier present during the session. It is a lesson in preparing tinctures using seasonal fruits and herbs. The workshops conclude with a joint tasting of previously prepared tinctures.

 Up to 200 people

 from 120 minutes



TASTING WORKSHOPS

Beer, wine, and whisky tasting workshops are an ideal idea for an event for conference groups. Participants will have the opportunity to taste carefully selected spirits, learn about their history and production process under the eye of experienced sommeliers. Additionally, we offer the possibility of organizing interactive competitions that will stimulate rivalry and engagement.

 Up to 180 people

 Up to 3 hours



GIFTS

- > CASH VOUCHER
- > SPA VOUCHER
- > STAY VOUCHER
- > COSMETIC SETS
- > CHAMPAGNE
- > CAKE/CHOCOLATES



MEET THE NARVIL

SEE THE HOTEL SPACES UP CLOSE THANKS TO A
VIRTUAL TOUR MADE USING 3D SCANNING
TECHNOLOGY

SEE VIRTUAL TOUR


NARVIL



Marek Buc
RECREATION MENAGER

CONTACT

To learn more about the
NARVIL EXPERIENCE
offer for the Spring/Summer 2026 season,
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