

## SPA BODY TREATMENTS

### ▪ AROMATIC WHOLE BODY SCRUB

**Aromatic scrub to choose: GREEN TEA, CHOCOLATE, TRUFFLES, ORANGE, WATERMELON, COFFEE, SWEET COCO,**

Aromatic scrub gently cleanses and cultivates body. Improves mood and brightens tired skin, smooths and refreshes the body. Anti-aging and anti-cellulite works. Butter applied to the end of the treatment works deeply moisturizing and nourishing.

**Time: 40 min, Price: 200zł**

### ▪ PEELING WHOLE BODY "SHIMMER GOLD"

Aromatic, brightening body scrub with silicon particles, gently cleanses and smooths the body. It has a brightening and anti-cellulite effect. Butter applied at the end of the treatment works deeply moisturizing and nourishing.

**Time: 40 min, Price: 200zł**

### ▪ AROMATIC WHOLE BODY SCRUB WITH RELAXING MASSAGE WHOLE BODY

**Aromatic scrub and oil to choose: GREEN TEA, CHOCOLATE,, TRUFFLES, ORANGE, WATERMELON**

Relaxing body massage for nutritional aromatic massage oil. Oil softens the skin, causing it becomes silky smooth. Massage is preceded by a body scrub, which nourishes, regenerates, burns fat, while improving skin firmness and elasticity. Scrub based on natural ingredients with the participation of macadamia oil, which has firming, cellulite and stretch marks.

**Time: 1 h, Price: 250 zł**

### ▪ TREATMENT FOR BODY "CHOCOLATE WITH STRAWBERRY"

The treatment begins with a body scrub to smell of sweet strawberries with sweet almond oil. Scrub is based on natural ingredients with the participation of sweet almond oil, vitamin E and C. Excellent in the fight against cellulite, stretch marks and drying. Then, after washing scrub brush we apply to the whole body mask with hot chocolate. Chocolate-based treatment, anti-aging and anti-wrinkle functions. Chocolate is rich in vitamins A, E, F, H and minerals that improve skin tone and blood circulation. The treatment positively affects the senses, stimulates the production of endorphins that improve mood, act as a stimulant and antidepressant. Then at the end of the procedure we apply regenerating body butter with the scent of sweet strawberries.

**Time: 1 h, Price: 200zł**

### ▪ BODY MASSAGE "HOT HONEY" WITH AROMATIC BODY SCRUB AND RELAXING IN A SAUNA.

Honey massage is a real treat for body. This is a method of natural therapy using medicinal effects of honey with honey massage and aromatherapy. This massage supports the secretion of the sweat glands, the skin helps remove harmful substances. Honey over it exhibits potent anti-inflammatory, regenerating, moisturizing the skin, which becomes nourished and silky. Massage smooths the skin, improves its elasticity helps to remove cellulite, stretch marks and scars. Honey massage is preceded by a natural body scrub with honey, shea butter and oil. By enhancing the effect of honey on the end you can relax in the sauna. The ingredients of honey open skin pores and allow the skin to sweat even more. After leaving the sauna just a short shower to remove any remaining honey from the body. The result of this procedure is that the



skin becomes soft and delicate. The reason for this is the high sugar content of the honey, that binds moisture in the skin and the valuable components are saturated.

**Time: 1 h , Price: 280 zł**

- **BODY PEELING WITH RELAXING HONEY CHOCOLATE THERAPY MASSAGE**

Honey chocolate whole body peeling combined with a Relaxing Massage on shea butter with honey beeswax and oils.

**Time: 1 h , Price: 280 zł**

- **RECREATION SPA CENTER**

**(SAUNA, STEAM BATH, SCREEN SALT, COLOR THERAPY)**

Hotel guests and persons having cards BenefitSystem, the Medicover Sport, FitProfit enjoy spa center at no extra charge. BenefitSystem, the Medicover Sport , FitProfit Guests have time 1h.

Other customers-**Price-30zł/1h**

**You are welcome.**

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