

Maison Lumière & SPA SWING

Beauty & SPA

BODY TREATMENTS

▪ **AROMATIC WHOLE BODY SCRUB WITH RELAXING MASSAGE WHOLE BODY**

Aromatic scrub and oil to choose: green tea, chocolate,, truffles, orange, watermelon

Relaxing body massage with aromatic massage oil. Massage is preceded by a body scrub, which nourishes, regenerates, while improving skin firmness and elasticity. Scrub based on natural ingredients with the participation of macadamia oil, which has firming, cellulite and stretch marks.

Time: 1 h, Price: 300zł

▪ **TREATMENT FOR BODY"CHOCOLATE WITH STRAWBERRY"**

The treatment begins with a body scrub to smell of sweet strawberries with sweet almond oil. Scrub is based on natural ingredients with the participation of sweet almond oil, vitamin E and C. Excellent in the fight against cellulite, stretch marks and drying. Then, after washing scrub brush we apply to the whole body mask with hot chocolate. Chocolate-based treatment, anti-aging and anti-wrinkle functions. Chocolate is rich in vitamins A,E, F, H and minerals that improve skin tone and blood circulation. Then at the end of the procedure we apply regenerating body butter with the scent of sweet strawberries.

Time: 1 h, Price: 250zł

▪ **BODY MASSAGE"HOT HONEY" WITH AROMATIC BODY SCRUBAND RELAXING IN A SAUNA.**

Honey massage at for body. This is method of natural therapy using medicinal effects of honey with honey massage and aromatherapy. This massage supports the secretion of the sweat glands, the skin helps remove harmful substances. Honey over it exhibits potent anti-inflammatory, regenerating, moisturizing the skin, which becomes nourished and silky. Massage smoothes the skin, improves its elasticity helps to remove cellulite, stretch marks and scars. Honey massage is preceded by a natural body scrub with honey, Shea butter and oil. A by enhance the effect of honey on the end you can relax the sauna. The ingredients of honey opens skin pores and allow the skin to sweat even more. After leaving the sauna a just a short shower tore move any remaining honey from the body. The result of this procedure is that the skin becomes soft and delicate. The reason for this is the high sugar content of the honey, that binds moisture in the skin and the valuable components are saturated.

Time: 1 h , Price: 300zł

• **BODY PEELING WITH RELAXING HONEY CHOCOLATE THERAPHY MASSAGE**

Honey chocolate whole body peeling combined with a Relaxing Massage on Shea butter with honey beeswax and oils.

Time: 1 h , Price: 300zł

▪ **RECREATION SPA CENTER**

(SAUNA, STEAM BATH, SCREENSALT, COLOR THERAPY)

Hotel guests and persons having cards Benefit System, the Medicover Sport, FitProfit enjoy Spa Center at no extra charge. The Benefit System, Medicover Sport , FitProfit Guests have time 1h.

Other customers-**Price-30zł/1h**

You are welcome.

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Maison Lumière & Spa Swing

Salon Beauty & Spa

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We invite you from Monday to Saturday from 16:00-22:00

The Beauty Salon is closed on Sunday

On Sunday is open the Spa Center from 17:00-22:00