



remedy spa

WELLNESS • THERAPY

Discover a place where history meets nature. Our spa, which provides a remedy for the stresses of everyday life, was created in a historic building.

REMEDY SPA WELLNESS THERAPY is a space that soothes your body, offering luxurious body and face treatments. Our professional team of therapists takes care of every detail to relaxing ypur body in our space full of unique scents. Discover a wide range of treatments, including massages and facial care with cosmeceuticals perfectly matched to the needs of your skin. Enter the world of REMEDY SPA WELLNESS THERAPY and take advantage of our stress relief recipe prepared in harmony with nature.



FACIAL CARE

The synchronous treatments of the innovative premium brand MEDESTELLE are developed in harmony with the biological nature of the skin. Our treatments cover the skincare needs of all skin types at all ages, and trained therapists will make it easy to choose the right treatment.

What are the characteristics of Medeselle therapies and what effects do they bring?

- Regeneration at the molecular level
- The "booster" effect of the skin's biological regeneration processes and the highest level of effectiveness in reducing various skin problems
- Medesthetic action
- Rejuvenating the appearance of the skin
- Exceptional tolerance and skin-friendliness
- In combination with properly selected home care of Medestelle cosmeceuticals, it is a unique anti-aging therapy



FACIAL CARE

COSMO S- PEEL ANTI AGE VIT-C PREMIUM

A luxurious rejuvenating and brightening treatment with a lifting face massage. A year-round anti-aging treatment designed for mature skin with uneven color, tired, with discoloration. Immediately after the treatment, an excellent effect of brightening, smoothness, rejuvenation and hydration. The massage relaxes the muscles of the face and neck.

75 MIN - 470 PLN

COSMO S- PEEL ANTI AGE VIT-C SHOT

Concentrated, banquet-like brightening treatment that restores the skin's radiance. A year-round treatment recommended at any age for all types of dehydrated and energy-deprived skin. Immediately after the treatment, a spectacular brightening effect, brightening the skin tone, smoothness and full of radiance and youthful-looking skin.

60 MIN - 390 PLN

COSMO S-PEEL ANTI-ACNE

A regenerating treatment against skin imperfections. The treatment is dedicated to impuritated, oily and combination skin as an effective anti-acne therapy for skin imperfections. It has an anti-acne effect, regulates sebum secretion, exfoliates and smoothes and rejuvenates the appearance of the skin.

45 MIN - 350 PLN



FACIAL CARE

COMBO S -PIROPEEL REPAIR

A strongly regenerating treatment with an individually selected booster. The treatment is based on enhanced RSP corneotherapy. Ideal for skin with dilated pores, and at the same time reactive, sensitive, requiring intensive repair and calming action. An impressive effect of the treatment is also an even skin tone and a younger and healthier appearance of the face.

60 MIN - 440 PLN

COMBO S-PIROPEEL DEEP CLEAN

A treatment that deeply cleanses the skin and calms inflammation with a niacinamide booster. Indicated for skin with acne and seborrheic problems, with visibly contaminated sebaceous glands. It unbeatably improves the quality of the skin and soothes the symptoms of problematic skin. The effect of the treatment is spectacular smoothness, tension and visibly narrowed pores.

60 MIN - 390 PLN

COMBO S-PIROPEEL GLOW

The treatment is intended for skin that requires improved tension and brightening. It has a tightening effect, smoothes and nourishes at the same time. It has a strong antioxidant effect and leaves a youthful appearance, tightened pores and brightens the skin.

60 MIN - 390 PLN





FACIAL CARE

COSMO S-PEEL ANTI-REDNESS

Regenerating treatment for vascular skin.

A treatment dedicated to sensitive skin as an effective anti-redness therapy for the skin. It has a minimizing effect on redness, brightens and calms the complexion, has an exfoliating effect and smoothes and rejuvenates the appearance of the skin.

60 MIN - 350 PLN

COSMO S-PEEL ANTI-AGE | ANTI-SPOT

A regenerating treatment for skin prone to discoloration.

The treatment is dedicated to all skin types, including sensitive skin, it has a lightening effect on discolorations and has an exfoliating effect, smoothing and rejuvenating the appearance of the skin.

60 MIN - 350 PLN

TURBO SENSO LIFT

This is an innovative therapeutic procedure that combines the mechanisms of corneotherapy with advanced anti-aging strategies, offering a comprehensive approach to the skin aging process. Aimed at both reducing the visible signs of aging and supporting the skin's internal regenerative mechanisms, which contributes to maintaining health and minimizing the causes of aging.

PREMIUM - BIOCELLULOSE MASK

75 MIN - 450 PLN

SHOT - HYDROGEL MASK

60 MIN - 350 PLN



FACIAL CARE

BARRIER SESNO RAPAIR

An advanced treatment that integrates elements of corneotherapy with sesorial stimulation techniques, aimed at skin repair. The treatment is used to alleviate skin dysfunctions, rebuilds the protective layer and at the same time supports regenerative processes at the cellular level.

PREMIUM - BIOCELLULOSE MASK	60 MIN - 420 PLN
SHOT- HYDROGEL MASK	45 MIN- 320 PLN

REDNESS SENSO CALM

The treatment focuses on two key areas: reducing the hyperreactivity of blood vessels and strengthening the skin structure. Through the selective use of active strengthening and antioxidant ingredients, it provides a rebuilding effect and alleviates symptoms related to skin hypersensitivity.

PREMIUM - BIOCELLULOSE MASK	60 MIN - 450 PLN
SHOT- HYDROGEL MASK	45 MIN- 350 PLN

REJUVENATION SENSO GLOW

The key goal of this treatment is to rejuvenate and intensely illuminate the skin. Regeneration of skin structures and deep relaxation based on a holistic approach.

PREMIUM - BIOCELLULOSE MASK	75 MIN - 450 PLN
SHOT - HYDROGEL MASK	60 MIN - 350 PLN



FACIAL CARE

SENSO SUPER HYDRATION

Intensively moisturizing, perfect treatment for dry and dehydrated skin. Restores moisture balance and supports the integrity of the skin barrier. The combination of moisturizing and regenerating ingredients supports the overall condition of the skin and ensures its healthy appearance. Effectively relieves symptoms of dehydration, such as tightness, burning or irritation.

PREMIUM - BIOCELLULOSE MASK 75 MIN - 450 PLN
SHOT- HYDROGEL MASK 60 MIN- 350 PLN

EXPRESS BEAUTY

A quick treatment that instantly improves the condition of the skin for people who do not have time for longer procedures.

Dedicated to tired, poorly moisturized and flaccid skin. It smoothes, reduces the symptoms of irritation and improves skin tone. You can choose an ampoule for the treatment to make the treatment even more effective. You can choose from an ampoule with retinol, vitamin C or CBD for imperfections.

30 MIN - 200 PLN + EXTRA AMPOULE 50 PLN

GENEO

The Geneo™ effect is created when the Pollogen-patented Capsugen capsule and a gel rich in nutrients are combined on the skin surface. Geneo™ initiates effective cleansing and exfoliation of the skin. It then produces countless small CO₂-rich bubbles that gently burst on the skin's surface.

FACE + NECK 40 MIN from 300 PLN
FACE+ NECK+ NECKLINE 60 MIN from 350 PLN
+ AMPOULE 50 PLN OR SHEET MASK 80-120 PLN



CEREMONIES AND BODY TREATMENTS

The treatments and ceremonies we have composed focus on nourishing, moisturizing and regenerating the body. Each proposal is a completely different journey through the world of fragrances that envelop the body and senses. During blissful moments of relaxation, natural ingredients penetrate deep into the skin, nourishing and thanks to their active action, they leave the body smooth and saturated.

Ceremonies are relaxation on a higher level that provides a feeling of pampering the skin.



CEREMONIES AND BODY TREATMENTS

HONEY AND HERB CEREMONY

A ceremony with honey and Polish herbs is a beneficial balm for dry skin, which will give it radiance and vitality. Honey soothes and accelerates wound healing. It also maintains the proper level of skin hydration, elasticity and improves firmness. The products used for the body also use extracts of chamomile, nettle and calendula. The ceremony consists of a scrub, mask and honey shea butter massage.

100 MIN - 490 PLN

AMBER DEPTHS CEREMONY

The sound of the waves bouncing on the sandy shore, the smell of the sea breeze and the wind in your hair at sunset... The amber depth ceremony will take your thoughts straight to the sea. Rich nourishment thanks to the use of algae and a luxurious delicate aroma will envelop the body, leaving it smooth and nourished. The ceremony consists of a scrub, body and face massage mask.

100 MIN - 490 PLN

DETOX MUD TREATMENT

A detoxifying treatment with anti-aging properties. It helps to cleanse the body. Stimulating peeling and wrap from a mud mask enriched with rosemary extract will refresh and relax.

60 MIN - 350 PLN



CEREMONIES AND BODY TREATMENTS

SILK ENERGY FLOW

Lux 2-in-1 peeling massage with a relaxing and mood-improving effect on hemp oil. A luxurious procedure consisting of performing a massage and body peeling at the same time. It is especially recommended for people who are stressed, tired of everyday life and have too many responsibilities, with dry and rough skin.

55 MIN - 320 PLN

SENSUAL BODY

Relaxing massage with peeling. Relaxing relaxing full body massage with hemp oil preceded by cleansing sugar scrub. We recommend it to people who want to regenerate the body, relax muscle tension and restore well-being.

80 MIN - 390 PLN

SUGAR OR SALT BODY PEELING

It instantly improves the appearance of the skin. Sugar body scrub based on hemp oil or salt body scrub with raspberry perfectly smoothes the skin, moisturizes, nourishes and leaves the skin pleasantly oiled.


30 MIN - 170 PLN

VOLCANIC PEELING

It instantly improves the appearance of the skin. Creamy, peeling based on purified perlite from volcanic ash with aromatherapeutic tangerine oil. It sensationally smoothes, softens and regenerates dry, flaky skin.

30 MIN - 170 PLN





CEREMONIES AND BODY TREATMENTS

BERRY DREAM CERMONY

The ceremony consists of three elements.

Peeling with a light gel formula that gently cleanses. The berry mask will provide a nourishing injection for the skin, and the clay, hyaulronic acid and vitamin E contained in it will perfectly cleanse the pores and restore the skin's balance. Finally, we will pamper your senses and skin with luxurious butter with a captivating forest blueberry aroma.

100 MIN - 490 PLN

RASPBERRY DELIGHT CEREMONY

A mixture of high-quality natural oils and a unique raspberry seed abrasive gently removes dead skin cells while intensively moisturizing and nourishing. The mask will envelop your body and senses, immersing you in a fruit cocktail, and the treatment will be complemented by the application of shea massage in the form of a relaxing massage.

100 MIN - 490 PLN

SENSORY BLISS CEREMONY

A luxurious treatment that stimulates all the senses, has a calming and relaxing effect. It will restore optimism, leave the skin velvety soft and wrapped in the beautiful scent of essential oils with a prolonged relaxing effect.

100 MIN - 500 PLN



CEREMONIES AND BODY TREATMENTS

SENSORY VITALITY CEREMONY

A luxurious treatment with a regulating and vitalizing effect. It will stimulate all your senses and will envelop you with the fresh scent of Japanese yuzu from the very first moments. Selected massage techniques will bring the whole body into blissful relaxation. A joyful feeling of vitality, a silky and beautifully fragrant body will remain an unforgettable memory.

100 MIN - 500 PLN

VELVET BEAUTY FRESH OR RELIEF RITUAL

A ritual with a smoothing and nourishing effect. Pampering the body, with an intense regenerating and exfoliating effect. It will transform your skin into light velvet, and specially selected massage techniques will relax you and bring you bliss.

FRESH version - yuzu aromas

RELIEF version - yuzu, lavender and rosemary aromas

90 MIN - 420 PLN

RENEWAL FEET TREATMENT

Nourishing foot treatment with activated carbon and rosemary. Sugar peeling, regenerating mask and application of smoothing butter.

30 MIN - 250 PLN



FIRMING TREATMENTS

ESPRESSO CHERRY BOOST

Stimulating and firming treatment based on coffee and cherry extract. Intensive exfoliating scrub and massage with coffee shea butter with a hint of fruity sweetness. .

60 MIN - 350 PLN

ANTI-CELLULITE IRON

The secret of this device lies in the technology used, which uses as many as three active, complementary energies that affect the tissue. These are:

- LED chromotherapy - it uses a properly selected color of light, which affects cells and affects their metabolism and accelerates regeneration,
- TENS electrostimulation - it affects not only the tissue, but also the muscles, in which the natural regeneration processes are stimulated,
- Vacuum massage - during it is used pressure, which effectively massages the tissue, breaking down fat cells and cellulite deposits at the same time.

I part (legs front/ legs back + buttocks/ belly) 20 MIN - 150 PLN
II partie (legs front/ legs back + buttocks/ belly) 40 MIN - 300 PLN

III partie (legs + buttocks +belly) 50 MIN - 360 PLN

IV partie (legs + buttocks +belly+ arms) 60 MIN - 420 PLN



FACIAL MASSAGES

REMEDY KOBIDO

Kobido is a massage called a facelift without a scalpel. Its task is to model the face by working deeply on its muscles.

Such intense stimulation is conducive to improving skin elasticity and smoothing wrinkles.

BASIC 60MIN - 250 PLN

PREMIUM 90 MIN - 350 PLN

+ kinesiotaping 50 PLN

BELVISO

It is said that BelViso massage is an alternative to invasive treatments offered by aesthetic medicine offices. It helps reduce the number of wrinkles and helps keep facial skin relaxed and radiant for a long time.

90 MIN - 350 PLN

RELAXATION OR STIMULATING

Cosmetic massage of the face, neck and cleavage, nourishes and moisturizes the skin.

RELAXING: Aimed at calmness and deep relaxation.

STIMULATING: Intensive lifting massage to stimulate circulation and better nourish the skin layers.

20 MIN - 170 PLN

MASSAGES WITH GLASS BALLS

A massage that has a soothing and soothing effect and reduces swelling. Glass balls have a stimulating effect on the skin, activate the circulatory and lymphatic systems, stimulate natural immune protection, eliminate swelling and soothe irritated skin! The glass balls have an extremely smooth surface, which makes the massage gentle and pleasant, and the liquid contained in the balls acts as a cooling agent.

20 MIN - 180 PLN



BODY MASSAGES

HEAD AND NECK

For even more relaxation, a combination of neck massage and relaxing head massage. Relaxation of muscle tension caused by stress.

25 MIN - 190 PLN

RELAXATION

The warm oil has a relaxing effect and pleasantly wraps the tired body, enhancing the sense of relaxation. It leaves the skin moisturized and smooth.

25 MIN - 190 PLN - BACK
40 MIN - 260 PLN - BACK OF BODY
55 MIN - 290 PLN - BODY MASSAGE

SHEA FOR HER OR HIM

Nutrition the body with luxurious shea butter with the addition of fragrance essence individually selected from current fragrance notes

*moss with teak tree
*whisky and tobacco
*hops and hemp

*grejpfrut
*Dalmascus rose
*argan with gold

55 MIN - 290 PLN





BODY MASSAGES

AMBER REMEDY

A deeply relaxing massage using various relaxation techniques. The skin will be soothed by amber oil with a delicate velvety scent. Body, face and head massage. Amber oil enriched with sea algae extracts will nourish the skin and have a firming effect.

80 MIN - 390 PLN

ANTI-STRESS CANDLE MASSAGE

The massage will provide the right level of hydration to your skin, improve its firmness and elasticity. In addition, warm wax has relaxing properties, and the pleasant scent will stimulate your senses and allow you to take a break from the current problems that are intrusively bothering your head.

80 MIN - 420 PLN

FEET MASSAGE

A relaxing foot massage with elements of reflexology - compression therapy will make your feet feel light and blissfully relaxed.

30 MIN - 190 PLN



MEN'S SPA

MEN - ACTIVE LIFT

A regenerating and rejuvenating treatment with biological regeneration of the facial skin and eye area. Particularly recommended for gray, tired skin with signs of aging. It provides a spectacular rejuvenation and renewal effect, supporting the overall condition of the skin. Reduces the visibility of dark circles under the eyes.

60 MIN - 420 PLN

MEN - ESTHETIC

Biological regeneration treatment for tired skin of the face and eye area. Especially recommended for skin exposed to long-term conditioned air and computer radiation. Reduces the appearance of dark circles under the eyes.

60 MIN - 350 PLN

MEN - HYDRA POWER

A smoothing treatment with hydration for all skin types. Deeply moisturizes and smoothes the skin surface. Soothes the symptoms of skin dehydration, such as tightness or irritation. Gives a man's face a healthy and well-groomed look.

60 MIN - 350 PLN

SHEA MASSAGE FOR HIM

Discover the fresh and mysterious scent of moss and teakwood, which will leave your skin smooth and your thoughts taking you to a forest morning walk, barefoot on soft moss.

55 MIN - 290 PLN

CEDAR TREATMENT

The treatment consists of peeling and a relaxing massage performed on cedar-scented oil. It leaves a masculine and subdued aroma on the skin.

80 MIN - 420 PLN





FOR PREGNANT WOMEN

OFFER PREPARED FOR A SPECIAL PURPOSE FOR FUTURE MOTHERS. THE USE OF SELECTED OIL MIXTURES AND COSMETICS WITH A DELICATE FORMULA ADAPTED TO THE NEEDS OF THE SKIN DURING THIS PERIOD. RELAXATION AND CALMING TREATMENTS. WE INVITE YOU TO UNDERGO THE TREATMENTS AFTER THE AGE OF 3 MONTHS UNTIL THE END OF THE 8TH MONTH OF PREGNANCY.

SHEA BUTTER MASSAGE

Body massage performed on an oil mixture with shea butter with intense nourishing and moisturizing properties, supporting skin regeneration in order to prevent stretch marks.

BASIC 45 MIN - 250 PLN

LONG 60 MIN - 290 PLN

BLISSNESS

A body massage with a mixture of oils and shea butter for perfect hydration and nourishment of the skin, enriched with a relaxing face and head massage, will allow the future mother to completely relax.

80 MIN - 350 PLN

VOLCANIC PEELING

It instantly improves the appearance of the skin. Creamy, peeling based on purified perlite from volcanic ash with aromatherapeutic tangerine oil. It sensationally smoothes, softens and regenerates dry, flaky skin.

30 MIN - 170 PLN



DOUBLE BODY MASSAGE

SHEA MASSAGE FOR HER NAD HIM

Massage with shea butter with a selected fragrance note. For her, rose fragrance accords, for him, fresh forest aromas. Together, the scents permeate and complement each other. It is a perfect treatment for relaxing together.

2X 55 MIN - 560 PLN

RELAX FOR TWO

Double relaxing aromatherapy massage with the use of warm oil of your choice.
JOY, BALANCE, HARMONY

2X 25 MIN - 360 PLN
2X55 MIN - 560 PLN

AMBER DUO

Amber Duo is a double body massage using warm amber oil with the addition of algae. Skin nourishment, hydration, smoothing and aroma.

2X 80 MIN - 750 PLN

RODZINNY DUET

A shea butter massage on the back of the body for a parent and their child is a nice combination of time well spent and taking care of your common health. Dedicated to children from 10 years of age..

2X 40 MIN - 480 PLN