

## WELLNESS AREA

We would like to invite you for unforgettable journey through the time....

### Wellness area opening hours:

**Monday – Thursday** from 4 pm to 9 pm  
**Friday - Saturday** from 2 pm to 10 pm  
**Sunday** from 11 am to 9 pm

for use on a selected day without a time limit with:

#### \* DRY SAUNA AND STEAM BATH

Calm your mind and relax your body after all the hardships of an intense life.

#### \* JACUZZI WITH HYDROMASSAGE

Perfectly relaxes tense muscles after a hard day at work.

#### \* PATH OF WATER IMPRESSIONS

While walking on the stones, you will be pampered by rain showers with water of variable temperature combined with aromatherapy and ended with a well of ice vigor.

**Wellness area per person** 50 PLN

(on reservation) no time limitation

**Pass to the Wellness Zone (3x entry)** 135 PLN  
**(6x entry)** 250 PLN

**Exclusive wellness area per hour** 300 PLN  
(for max 10 people – price per hour)

## CARE TREATMENTS

YOU CAN USE THE WELLNESS ZONE

### ON THE FACE approx. 60 min

- \* Face massage with a mask (50 min) 120PLN
- \* Cavitation peeling + sonophoresis + algae mask 190PLN
- \* Kobido massage (60 min) 200 PLN
- \* Kobido massage + mask (90 min) 280 PLN

#### On basis of PURLES cosmetics:

- \* Deep cleaning treatment 150 PLN  
+ Cavitation peeling + 50 PLN

#### Pure rebalancing ceremony

- \* A soothing treatment  
**Sensiskin capillaries skin** 160 PLN

- \* Nourishing treatment  
**Sushi ceremony** 150 PLN

- \* Brightening treatment 170 PLN  
+ Sonoforeza + 50 PLN

#### Gold, pearls ceremony

- \* Oxygenating and strongly moisturizing treatment  
**HydraOxy Intense Therapy** 230PLN

## CARE TREATMENTS

YOU CAN USE THE WELLNESS ZONE

### ON THE BODY

**Peelings of your choice** 30min - 100PLN

#### Peeling plus

- + Body mask approx 30 min. - 140 PLN
- + Bath of your choice approx 30 min. - 210PLN
- + Relaxing massage approx 60 min. - 250PLN

#### Partial massages, 30 min.

- Back, neck and shoulders 120 PLN
- Hot stones massage (neck/shoulders) 140 PLN
- Anti- cellulite- Chinese bubble 130PLN

#### Body massages, 60 min.:

- Relaxing or classic 170PLN
- + Face massage + 20 min. + 50PLN
- Nourishing hot SHEA butter 190PLN
- Aromatherapy candles 190PLN
- Hot stones 200PLN
- Lomi Lomi 230PLN

#### Relaxing Baths 1 or 2 person 130PLN/ 200PLN

About 30 minutes. Optional:

- \* In wine
- \* In goat's milk
- \* In beer foam
- \* In mud
- \* In rose salt with natural rose petals

#### AVAILABILITY OF THERAPISTS:

Monday-Saturday 14:00-21:00

Sunday 10:00-15:00

Other dates to be agreed individually

#### HOURS ARE SET BY THERAPISTS

PLEASE CONTACT US:

+48 781-705-400

FOR INFORMATION, PLEASE

CONTACT US:

spa@zameklubliniec.com.pl

## BODY CEREMONIES

### Beauty ceremonies **280 PLN**

*About 90 min. Options:*

#### \* **Detox for the body**

*Green tea body scrub*

*Shea butter massage green tea*

*Body mask green coffee with tea*

#### \* **Magnolia flower**

*Body scrub flavored with magnolia flower*

*enveloping balm with a hint of magnolia flower*

*Facial massage with a mask*

#### \* **Aromatic stimulation**

*Full body scrub with the scent of freshly ground coffee*

*Energizing Shea butter massage*

*Chocolate body mask*

#### \* **A paradise for the senses**

*Citrus scented body scrub*

*Hot stone massage of the back, shoulders and neck*

*Face massage*

#### \* **Male regeneration**

*Body scrub with a hint of musk and amber*

*Massage of the back of the body with Shea "Magnat" butter*

*Body mask with a hint of sandalwood*

**NONE OF OUR COMPANIES  
COSMETICS NOT BE TESTED  
OF YOUR PRODUCTS IN ANIMALS**



## SPA RITUALS

### „Touch of Luxury” **2h 400PLN per person**

- \* whole body peeling with gold particles
- \* nourishing bath in goat's milk
- \* a glass of wine during the bath
- \* illuminating body lotion
- \* rejuvenating face treatment “Gold & Pearls”

### „Elixir of Youth” **about 2h 350PLN per person**

- \* whole body wine peeling
- \* relaxing bath in wine
- \* o glass of wine during the bath
- \* wine body massage with Shea butter
- \* nourishing face massage

### „Cedar SPA for him” **2h 350PLN per person**

- \* cedar body scrub
- \* beer bath
- \* a mug of beer while bathing
- \* relaxing full body massage

### „Castle Day SPA” **about 2h 500PLN per person**

- \* full body scrub
- \* bath of your choice
- \* a glass of wine while bathing
- \* nourishing massage with hot shea butter
- \* face treatment of your choice
- \* dessert in the Castle Restaurant

## TREATMENTS FOR HANDS AND FEET

- \* Paraffin hand treatment (30 min) **100PLN**  
(peeling + nourishing and regenerating mask +  
paraffin + hand massage)
- \* Pedicure - classic **1h 120PLN**
- \* Pedicure - hybrid **1,5h 150PLN**
- \* Paraffin treatment for feet **1h 160PLN**  
(peeling + mask + paraffin + massage)



## Treatment menu

**... we invite you to attend  
faboulus time travel**

**Wellness Area & SPA  
Hotel Zamek Lubliniec**

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